

Degenerative Arthritis

Degenerative arthritis is a chronic disease damaging the tissues and cartilage in joints. It is also referred to as degenerative joint disease. Normal joints have cartilage over the ends of the bones to provide a smooth surface for joint movement. With degenerative arthritis, the cartilage has broken down which leads to:

- *Swelling
- *Pain
- *Difficulty moving the affected joints

As the disease progresses, it can cause the bones themselves to break down and develop spurs, worsening the pain and disability.

According to the Arthritis Foundation there are more than 100 types of arthritis existing. According to the CDC, almost 60 million people, or about 20% of the population are affected by arthritis. Arthritis is one of the most chronic illnesses in the United States according to the National Academy on an Aging Society. To add to those numbers, arthritis costs Americans billions of dollars in medical bills and lost wages. According to a Stanford University study titled, "The Economic Impact of Arthritis," patients with arthritis are projected to incur over \$56 billion in medical expenditures and work loss.

Degenerative arthritis is the most common type of arthritis. Annually it is estimated 30 million Americans are suffer from degenerative arthritis. Degenerative arthritis leads to disability as it progresses. Almost everyone over 60 are affected. It is also known by:

- *Osteoarthritis
- *Degenerative Joint Disease
- *Wear-and-Tear arthritis

Degenerative arthritis occurs in the joint cartilage, and underlying bone begin to deteriorate, causing:

- *Progressive pain
- *Stiffness
- *Joint malformation

It can occur in any joint, but mostly in the weight-bearing joints, such as:

- *Hips
- *Knees
- *Feet
- *Neck
- *Spine
- *Hands
- *Shoulder

History of Degenerative Arthritis

William Heberden first described symptoms of what is now known as degenerative arthritis in the 18th century. William Heberden explained that the bony swellings in hand were a result of osteoarthritis. He developed an explanation for the bumps, which are now called Heberden's nodes, stating that they occur in the fingers as the cartilage softens or wears away. In 1940, the very first joint replacement surgery was performed by Dr. Austin Moore. Dr. Moore performed a metallic hip replacement surgery on a patient with degenerative arthritis. Over time, the methods and materials have changed, hip arthroplasty remains the standard for severe hip OA.

Statistics of Degenerative Arthritis

- The risk of developing degenerative arthritis increases with age
- Over 33% of people over the age of 65 have symptoms of osteoarthritis
- According to a study published in Osteoarthritis Cartilage, degenerative arthritis is one of the top 10 causes of disability globally
- Every year, physicians perform about 700,000 total knee replacements. By 2030, this figure is expected to rise to nearly 3.5 million.
- Obesity is a leading risk factor for osteoarthritis by 5x in men and 4x for women according to John Hopkins Arthritis Center
- About 16% of normal weight people have diagnosed arthritis compared to 23% among overweight adults and 31% of obese adults according to the CDC
- According to the Arthritis Foundation, women are diagnosed with arthritis more often 26% than men 18%
- Individuals with arthritis are 5x more likely to have fallen at least twice in the previous year than people without arthritis, the CDC reports
- The CDC estimates by the year of 2040, 26% of adults aged 18 years or older will have received a diagnosis of arthritis
- 1 in 4 U.S. adults have arthritis

Recent Developments in Degenerative Arthritis

Researchers have discovered many exciting developments in the treatment and prevention of osteoarthritis in recent years. One study, published in 2012, found osteoarthritis patients who took a single zoledronic acid infusion reported improved pain scores. MRI scan even showed a reduction in the size of lesions on the patients' bone marrow.

Researchers at the University of Southern California's Keck School of Medicine have also created a molecule that may treat arthritis in the future. When injected into an arthritic joint, the molecule may render arthroplasty unneeded by triggering cartilage regeneration.

A new treatment was recently approved by the FDA to treat people with moderate to severe osteoarthritis who are not candidates for arthroplasty. This treatment, which is called radiofrequency ablation or coolief, effectively eases pain by using radio frequency to mute nerves sending pain signals to the brain

Types of Degenerative Arthritis

There are several types of degenerative arthritis, determined based on the joints affected. The following are the five most common forms of osteoarthritis:

Hip Osteoarthritis

This type of OA can make it difficult to walk without pain, and the pain may reside in more than just the hips. Some people feel it in:

- *The thighs
- *Buttocks
- *Groin

This kind of degenerative arthritis happens when the cartilage in the hip joint wears the cartilage in the hip joint wears down over time.

Knee Osteoarthritis

Degenerative arthritis of the knee can be hereditary or the result of an injury, being overweight or normal aging. Age is the most common cause of knee osteoarthritis, but weight is the second-biggest factor. Every pound of weight you gain adds three to four pounds of extra pressure on the knees, according to the Arthritis Foundation.

Spinal Osteoarthritis

Osteoarthritis of the spine happens when cartilage of the joints and the discs of the lower back and neck break down. Osteoarthritis is likely responsible for 20% of cases of back pain in 40-year old's and up to 75% of back pain in people over 60.

Foot and Ankle Osteoarthritis

There are more than 30 joints in the feet, but some are more likely to be affected by Osteoarthritis than others. Osteoarthritis usually affects the joint connecting the big toe to the foot bone, the joint where the ankle meets the shinbone and the three joints involving the outer mid-foot, inner mid-foot, and heel.

Hand Osteoarthritis

Osteoarthritis of the hand can cause:

- *Swelling
- *Pain
- *Deep aching

You can develop bony bumps in the finger joints-known as Herberden's nodes or Bouchard's nodes-which are named depending on their location. These bony spurs can cause your joints to be swollen and tender. Arthritis in the hands can impact your quality of life as your joints become deformed and you lose mobility. You may have trouble:

- *Buttoning clothes
- *Writing
- *Turning keys
- *Tying shoes
- *Gripping objects
- *Opening jars

Types of Degenerative Arthritis

There are six different types of degenerative arthritis. The following is the type, symptoms, and characteristics of each degenerative arthritis, which include:

- *Rheumatoid arthritis
- *Osteoarthritis
- *Psoriatic arthritis
- *Ankylosing Spondylitis
- *Lupus
- *Gout

Rheumatoid Arthritis

Rheumatoid arthritis (RA) is an autoimmune inflammatory type of arthritis. While it primarily affects the joints, it can cause systemic effects as well. Symptoms and characteristics of RA include:

- Morning stiffness lasting more than an hour
- Involvement of the small bones of the hands and feet
- Extreme fatigue
- Rheumatoid nodules (bumps on the joints)
- Symmetrical joint involvement (e.g., both knees are affected, not just one)

Osteoarthritis (OA)

Osteoarthritis primarily affects the joints without systemic effects. Pain in the affected joint is the most common symptom associated with osteoarthritis. The pain often worsens with use.

The affected joint can also:

- *Swell
- *Feel warm
- *Become still if you don't use it for several hours

Bone spurs and bony enlargements are also characteristic of osteoarthritis.

Psoriatic Arthritis

Psoriatic arthritis is a type of arthritis that is associated with psoriasis, a skin condition characterized by areas that are:

- *Red
- *Patchy
- *Raised
- *Scaly areas

Psoriatic Arthritis also has chronic joint symptoms. The symptoms of psoriasis and joint inflammation often develop separately. Symptoms associated with psoriatic arthritis vary in how they occur (symmetrical and asymmetrical pattern) and which joints are affected; it can involve any joint in the body.

When psoriasis causes pitting and thickened or discolored fingernails, the joints nearest the fingertips are likely to become arthritic. Enthesitis, inflammation where tendons and ligaments attach to bone, can develop, with resorption of phalangeal (finger) bones.

Psoriatic arthritis can cause serious effects 5% of cases of psoriatic arthritis are the painful and destructive arthritis mutilans, which is a severe form.

Ankylosing Spondylitis (AS)

Ankylosing spondylitis is commonly associated with inflammation that involves the spine and sacroiliac joints. The earliest symptoms are often chronic pain and stiffness in the lower back region and hips.

Typical ankylosing spondylitis pain in the back worsens following rest or inactivity of the affected joint. As symptoms of pain and stiffness progress up the spine to the neck, possibly including the rib cage area, bones may fuse. While not all too common, AS may affect the:

- *Heart
- *Lung
- *Kidney

Heart failure and heart conduction defects may occur. Lung problems can develop due to limited chest wall and spine movement or from lung fibrosis. Kidney problems such as IgA nephropathy can also occur. Some of these problems may become life-threatening.

Lupus

Lupus can affect the following:

- *The joints
- *Nervous system
- *Skin
- *Kidneys
- *Lungs
- *Heart
- *Other organs in the body

It can take months or longer to be diagnosed with lupus because it sometimes mimics other types of arthritis and rheumatic diseases. A butterfly-shaped rash appearing on the cheeks and over the bridge of the nose (malar rash) is just one of the many distinguishing characteristics of lupus. Some uncommon effects of lupus include:

- *Dizziness
- *Depression
- *Confusion
- *Seizures

Gout

Gout is considered one of the most intensely painful types of arthritis. It is characterized by sudden onset of:

- *Pain
- *Tenderness
- *Warmth
- *Redness
- *Swelling

All these symptoms stem from inflammation of the affected joint. Gout usually affects a single joint, often the big toe. Other body parts that also could be affected by gout include:

- *Knee
- *Ankle
- *Foot
- *Hand
- *Wrist
- *Elbow

The following body parts are rarely affected by gout:

- *Shoulders
- *Hips
- *Spine

Often times, an individual experiencing gout for the first time, the attack occurs at night.

Rare Symptoms

Each type of arthritis can also cause fewer common symptoms, particularly as the condition worsens over time.

Causes of Degenerative Arthritis

Degenerative arthritis is a condition in which the progressive damage to a joint occurs faster than the body's ability to repair it. Primary osteoarthritis occurs because of aging and is most common in adults over 65. Women are at a higher risk than men. This may be due to hormonal changes

Degenerative arthritis is caused by performing the same movement in the same way over and over again. For example, a man who is a pitcher for a baseball team has to keep throwing a ball with the same arm. So, the shoulder and hand on his dominant side of the body would get the condition first. However, a cross-country runner would most likely develop it in their knees from pounding the pavement for so many miles each day

Unfortunately, degenerative arthritis is a natural part of aging. As we all age, the normal amount of water in the cartilage increases while the protein in the cartilage breaks down. Repetitive but unavoidable use of the joints, called wear and tear, also damages the cartilage over time. This process also results in swelling and pain. Over time, the cartilage flakes or cracks. For some, genetics is believed to contribute to degenerative arthritis. A rare form of the disease occurs due to a defect in how the body produces collagen, which makes up joint cartilage. Osteoarthritis can also be secondary, which means another condition causes it such as:

- *Obesity
- *Repeated trauma
- *Gout
- *Rheumatoid arthritis (RA)
- *Diabetes

These can all cause OA in different ways. Obesity, for example, causes degenerative arthritis by increasing stress on the cartilage. Underlying factors for secondary arthritis include:

- *A congenital misalignment of bones
- *A joint injury
- *Any disease that causes damage to joint tissue or bone
- *Obesity due to relentless stress on a joint
- *Loss of muscle strength to support a joint
- *Neurologic disorders associated with uncoordinated movements

Exercise, including extreme sports such as, endurance running, is not associated with osteoarthritis unless a severe or recurrent injury is involved. And a side note, the old wives' tale, cracking your knuckles, does not contribute to degenerative arthritis.

Effects of Degenerative Arthritis

Osteoarthritis can lead to progressive and chronic sharp or dull pain. As osteoarthritis progresses, bone growth enlarges the joints and increase pain. This process will also reduce mobility and joint function. Many people with advanced osteoarthritis have difficulty performing basic tasks and become unable to work. In severe cases, osteoarthritis can require joint replacement, which is most common with OA of the knee or hip.

Along with physical effects of OA, the disease can also impact quality of life. People with degenerative arthritis may suffer from:

- *Depression
- *Anxiety
- *Social withdrawal
- *Participating in activities once enjoyed

Coping with Degenerative Arthritis

As the joint damage caused by osteoarthritis does not reverse, you need to take steps to slow the progression as much as you can through lifestyle and the proper management of symptoms.

Key to this is keeping joint moving. If you do the opposite and avoid exercise and regular activity, the stiffness and damage will almost invariably progress at a far faster pace. However, overuse can worsen osteoarthritis.

It is never too late to start exercising. Even if you already have a significant impairment, you can find low-impact activities like swimming or cycling that place less strain on the joints. Over time, if you persist with the activity, the muscles supporting a joint will strengthen, providing you greater stability and confidence in your gait.

As you improve, you can move onto other forms of exercises like tai chi and yoga, which are great for improving balance, or strength training to target specific muscle groups.

If your joint is still prior to exercise apply a heating pad or warm moist cloth for around 10-15 minutes. The heat will draw blood to the joint and alleviate stiffness. After you finish, apply an ice pack or cold moist cloth to the joint if there is any swelling or pain. Doing so may reduce inflammation faster than NSAID.

It is important to remember that rest is just as important as exercise when dealing with degenerative arthritis. If you ever experience extreme pain, it is advised to stop, rest the joint (elevating if possible), and apply ice for no longer than 15 minutes.

By listening to your body and treating it appropriately, you can get better control of your symptoms as well as your life.

Complications of Degenerative Arthritis

It is common for people to ignore the early signs of degenerative arthritis because they attribute the problem to being a normal part of getting older. But the longer that someone waits, the worse the condition will get. That means, the cartilage of the joints can break down completely, which will leave no protective barrier between the bones. Then whenever movement occurs the bones will rub against each other, which causes the ends of them to begin to wear away too. This bone damage puts a person at risk for fractures from the excess friction. So, they will have to undergo surgery to repair the problem.

Arthritis and what Happens in the Body

The biological mechanisms of degenerative arthritis involve more than the deterioration of cartilage and bone. Once these structures have been compromised, the body will respond with a process known as:

Ossification

A part of bone remodeling that refers to laying down of new bone; reabsorption of old bone can also occur in the remodeling process. This is the same process that occurs if a bone is broken.

With degenerative arthritis, the ongoing damage to the cartilage will exceed the body's ability to repair it. In an effort to stabilize the joint, bone tissue will be built upon bone tissue leading to the development of bone spurs (osteophytes) and the enlargement and malformation of the joint.

The cause of joint pain in degenerative arthritis, pain likely originates from the bone (just beneath the cartilage), the joint lining and capsule, and surrounding ligaments and tendons. Both mechanical forces and inflammation appear to trigger the pain.

Risk Factors of Degenerative Arthritis

Some behaviors and characteristics called risk factors, increase an adult's likelihood of getting some types of arthritis or making it worse. You can control some risk factors, and others you cannot. You can decrease your risk of getting arthritis or making arthritis worse by changing the risk factors you can control.

Risk Factors You Can Control

Modifiable risk factors are risk factors that you can control. Making lifestyle changes can decrease your risk of getting some types of arthritis or making arthritis worse.

Overweight and Obesity

People who are overweight or obese are more likely to get knee osteoarthritis than people who are not overweight. Excess weight can also make knee osteoarthritis worse. Extra weight put

more stress on joints, particularly weight-bearing joints like the hips and knees. Maintain a healthy weight. Healthy eating and physical activity can help you lose weight and stay at a healthy weight.

Infection

Many microbial agents, like bacteria and viruses, can infect joints and potentially cause the development of some types of arthritis. What you can do-See your physician right away if your joints are:

*Swollen *Warm *Red

It might be an infection.

Joint Injuries

Joint injury or overuse such as knee bending, and repetitive stress can damage a joint and contribute to the development of osteoarthritis in that joint. Protect your joints from injuries by doing special exercises for those joints.

Occupation

Occupations that involve repetitive knee bending and squatting are associated with osteoarthritis of the knee. Make sure your worksite is free of fall hazards and has the space, equipment, and tools that fit your physical ability and limitations.

Smoking

Smoking increases your risk of RA and can make the disease worse. It can also cause other medical problems. Smoking can also make it more difficult to stay physically active, which is an important part of managing RA and other types of arthritis. It is best to stop smoking cigarettes as soon as possible.

Risk Factors You Cannot Control

Age

Your risk for most types of arthritis increases as you get older.

Gender

Most types of arthritis are more common in women, including:

- *Osteoarthritis (OA)
- *Rheumatoid arthritis (RA)
- *Fibromyalgia

Gout is more common in men. Experts do not know exactly why women are at higher risk for developing most types of arthritis or why men are at higher risk for developing gout.

Genetics and Inherited Traits

People born with specific genes are more likely to develop certain types of arthritis, such as:

- *Rheumatoid arthritis (RA)

*Systemic Lupus Erythematosus (SLE)

*Ankylosing Spondylitis

These genes are called HLA (Human leukocyte antigen) class II genotypes. These genes can also make your arthritis worse. Experts do not know why people with these genes are at higher risk for developing arthritis or why it can make their arthritis worse.

Risk Factors by Type of Arthritis

Osteoarthritis (OA)

Joint Injury or Overuse

Injury or overuse, such as knee bending and repetitive stress on a joint, can damage a joint and increase the risk of OA in that joint.

Age

The risk of developing OA increases with age

Gender

Women are more likely to develop OA than men, especially after age 50

Obesity

Extra weight puts more stress on joints, particularly weight-bearing joints like the hips and knees. This stress increases the risk of OA in that joint. Obesity may also have metabolic effects that increase the risk of OA.

Genetics

Individuals who have family members with OA are more likely to develop OA. People who have hand OA are more likely to develop knee OA.

Race

Some Asian populations have lower risk of OA

Rheumatoid Arthritis

Age

RA can begin at any age, but the likelihood increases with age. The onset of RA is highest among adults in their sixties

Sex

New cases of RA are typically 2-3x higher women than men

Genetic/Inherited Traits

People born with specific genes are more likely to develop RA. These genes, called HLA (human leukocyte antigen) class II genotypes can also make your arthritis worse. The risk of RA may be highest when people with these genes are exposed to environmental factors like smoking or when a person is obese.

Fibromyalgia

Age

Fibromyalgia can affect people of all ages, including children. However, most people are diagnosed during middle age and you are more likely to have fibromyalgia as you get older.

Lupus Rheumatoid Arthritis

If you have lupus or rheumatoid arthritis (RA), you are likely to develop fibromyalgia.

Sex

Women are twice as likely to have fibromyalgia as men

Stressful or Traumatic Events

- *Car accidents
- *Post-Traumatic Stress Disorder (PTSD)

Repetitive Injuries

Injuries from repetitive stress on a joint, such as:

- *Illness (such as viral infection)
- *Family history
- *Obesity

Gout (Hyperuricemia)

- Being male
- Being obese
- Having certain health conditions, including:
 - *Congestive heart failure
 - *Hypertension (high blood pressure)
 - *Insulin resistance
 - *Metabolic syndrome
 - *Diabetes
 - *Poor kidney function
- Using certain medications, such as:
 - *Diuretics (water pills)
- Drinking alcohol-the risk of gout is greater as alcohol intake goes up
- Eating or drinking food and drinks high in fructose (a type of sugar)
- Having a diet high in purines, which the body breaks down into uric acid. Purine-rich foods include:

- *Red meat
- *Organ meat
- *Some kinds of seafood, such as:
 - *Anchovies
 - *Sardines
 - *Mussels
 - *Scallops
 - *Trout
 - *Tuna

Prevention of Degenerative Arthritis

There are several steps you can take to help delay the onset or cut the chances of developing degenerative arthritis, especially if you have one or more risk factors.

Exercise is the most cost-effective and the best non-prescription medication approach to prevent or delay degenerative arthritis. Consistent regular physical activity such as:

- *Working out at the gym
- *Take a brisk walk
- *Swimming
- *Tend to your garden
- *Yoga

Regular physical activity offers undeniable benefits.

Protect the Knee Cartilage

The meniscal and articular cartilage protect the knee joint from damage and keep it lubricated. Researchers found that physical activity significantly increases the proteoglycan content of the knee cartilage, making it stronger, more elastic, and resistant to damage. Regular exercise also protects the joint by increasing levels of lubricating proteins and the anti-inflammatory cytokine called interleukin-10.

Strengthen Supportive Muscles

Strengthen (resistance) training strengthens the muscles, support the joints, and improves overall joint function as seen in a study published in Arthritis and Rheumatology. The study found that stronger the quadriceps muscles are, the less the cartilage damage.

Lose Weight

If you are overweight, exercising may reduce your body mass index (BMI) and minimize the weight that your joints have to bear. Strength training three to five times a week by using weights or doing squats, lunges, and yoga all will assist in losing weight. The aim is to be consistent and committed. Try to work your way up slowly to thirty minutes of moderate-intensity cardio exercise five times per week (or thirty minutes of vigorous cardio three times per week). You could do:

- *Stationary biking
- *Brisk walking
- *Running
- *Jogging
- *Swimming

Shed the Pounds

Weight loss may prevent or delay the onset of DA and alleviate symptoms of you already have it, according to a study published in the Journal of the American Academy of Orthopedic Surgeons. Ryan Koonce, MD, and colleagues found that approximately half of all osteoarthritis cases may be prevented if overweight and obesity were removed as risk factors.

Losing at least 5% of your body weight may decrease mechanical stress to the joints of your knees, hips, and lower back. In the Framingham study, researchers found that losing eleven pounds or two BMI points may decrease risk for osteoarthritis by more than 50%.

Avoid Injuries

Although cartilage is not biologically inert, its metabolism is very sluggish; it receives virtually no blood flow, no nerve supply, and no lymph supply, making it very difficult to heal when injured. Fractures, dislocations, ligament strains, and cartilage tears can increase degenerative arthritis risk by 3-5x.

If you are injured, take measures to minimize damage such as wearing a brace. For minor cartilage tears, immediate treatment may minimize your risk of developing degenerative joint disease in the future.

Symptoms of Degenerative Arthritis

The most significant symptoms associated with degenerative arthritis and pain and stiffness. Pain tends to get worse with activity and lessens after rest.

Joint stiffness is common in the morning, or upon first waking up. Stiffness seems to improve the more you move. Inactivity throughout the day, such as sitting for long periods of time, contributes to stiffness and can lead to locking of joints in some individuals.

Another common symptom of degenerative arthritis is Crepitus, which mean a joint will make popping and crackling noises with movement. Crepitus most commonly affects:

- *The shoulder
- *Elbow
- *Ankle
- *Wrist
- *Fingers
- *Knee joint
- *Fingers

As the disease progresses, it can affect the individual's posture and gait, leading to instability and a decreased range of motion. A mobility is increasingly impaired, muscle loss may develop (referred to as muscle fiber atrophy).

In advanced stages, degenerative arthritis can cause the visible malformation of a joint, particularly in the fingers where hard, bony enlargements can develop on and around the joint. The abnormal accumulation of fluid, known as an effusion, is also a common occurrence in people with advanced knee arthritis.

In some individuals, degenerative arthritis may become so severe that the pain becomes relentless, making walking or even standing near impossible. Certain treatments can help ease symptoms although any joint that has sustained damage cannot be reversed without surgery.

With all these known symptoms, Holy Flower is known to treat a plethora of symptoms specific for degenerative arthritis:

- *Pain
- *Anxiety
- *Depression
- *Inflammation
- *Modulate bone growth

The Most prominent symptoms of degenerative arthritis include:

- *Stiffness
- *Pain
- *Swelling

These symptoms affect the joints. Pain is worse in the morning and after inactivity. For most people, the pain starts in one or two joints, especially weight bearing joints:

- *Feet
- *Knees
- *Hips

Symptoms can eventually spread to the:

- *Lower back
- *Neck
- *Fingers
- *Other joints

When moving joints, patients may hear clicking or cracking sounds. Patients may experience reduced range of motion. Overall, the following symptoms occurs in degenerative arthritis include:

- *Joint pain
- *Joint stiffness
- *Tenderness in and around the joint
- *Joint swelling
- *Limited range of motion on one or more affected joints
- *Fever
- *Fatigue
- *Malaise
- *Lumps and bumps

Eating a Nutritious Diet

Since there is not a specific diet that helps to prevent degenerative arthritis, it is beneficial to eat specific nutrients that may reduce your risk of developing degenerative arthritis.

Omega-3 Fatty Acids

Omega-3 fatty acids are healthy fats that produce lipids called:

- *Resolvins
- *Protectins

These lipids are very potent anti-inflammatory substances that may help prevent degenerative arthritis and many other chronic diseases. Omega-3 fats prevent cartilage damage and bone changes and relieve pain and inflammation. Rich sources of omega-3 fatty acids include:

- *Fatty fish, including:
 - *Salmon
 - *Tuna
 - *Krill
- *Nuts, including:

- *Walnuts *Macadamia *Brazil
- *Nuts *Almonds
- *Seeds, including:
- *Sunflower seeds *Flaxseeds
- *Fish oil supplements

Vitamin D

Vitamin D deficiency is associated with cartilage loss, a hallmark of degenerative arthritis on the other hand, sunlight exposure, the best vitamin D source, and high vitamin D levels increase joint surface area and protect them from cartilage loss. Food sources for vitamin D include:

- *Fatty fish *Eggs
- *Vitamin D supplements

Vitamin C

Perhaps the most important role of vitamin C in the body is in the biosynthesis of collagen. Vitamin C helps the body make healthy collagen, which strengthens:

- *Cartilage *Ligaments *Tendons

Deficiency of this vitamin makes collagen weak and quick to break. Vitamin C sources include:

- *Green pepper *Tomatoes *Citrus fruits

Other nutrients that may prevent degenerative arthritis are:

- *Astaxanthin *Curcumin

Ultimately, your best defense against any degenerative joint disease is a healthy lifestyle include:

- *Eat healthy foods *Exercise
- *Plenty of sleep *Avoid stress
- *Maintain a healthy weight Controlled blood sugar

The best diet for arthritis is one that helps fight inflammation, improve joint pain and other symptoms. A diet rich in whole foods, including:

- *Fruits*Fish
- *Beans *Vegetables
- *Nuts *Low processed foods
- *Saturated fats

Mediterranean diet benefits studies confirm that eating foods commonly part of the Mediterranean diet can do the following:

- *Lower blood pressure
- *Protect against chronic conditions, ranging from cancer to stroke
- *Help arthritis by curbing inflammation
- *Benefit your joints as well as your heart
- *Lead to weight loss, which can lessen joint pain

Below are key foods from the Mediterranean diet and why they are so good for joint health.

Fish

Health authorities like the American Heart Association and the Academy of Nutrition and Dietetics recommend three to four ounces of fish, twice a week. Arthritis experts claim more is better.

Some types of fish are good sources of inflammation-fighting omega-3 fatty acids. One study found those who had the highest consumption of omega-3s had lower levels of two inflammatory proteins:

- *C-reactive protein (CRP)
- *Interleukin-6

More recently, researchers have shown that taking fish oil supplements helps reduce joint swelling and pain, duration of morning stiffness and disease activity among people who have rheumatoid arthritis (RA). Best sources include:

- *Salmon *Tuna *Sardines *Herring
- *Anchovies *Scallops *Cold-water fish

Hate fish? Take a supplement. Studies show that taking 600 to 1,000 mg of fish oil daily eases:

- *Joint stiffness *Tenderness
- *Pain *Swelling

Nuts & Seeds

Eat 1.5 ounces of nuts daily (one ounce is about a handful). “Multiple studies confirm the role of nuts in an anti-inflammatory diet,” explains Jose M. Ordovas, PhD, director of nutrition and genomics of the Jean Mayer USDA Human Nutrition Research Center on Aging at Tufts University in Boston. One study found that over a 15-year period, men and women who consumed the most nuts had 51% lower risk of dying from an inflammatory disease (like RA) compared with those who ate the fewest nuts. Another study found that subjects with lower levels of vitamin B6-found in most nuts-had higher levels of inflammatory markers.

****More good news****

Nuts are jam-packed with inflammation-fighting monounsaturated fat. And though they are relatively high in fat and calories, studies show noshing on nuts promise weight loss because their protein, fiber, and monounsaturated fats are satiating. “just keep in mind that more is not always better.” Says Ordovas.

Best sources of nuts include:

- *Walnuts *Pine nuts
- *Pistachios *Almonds

Fruits and Veggies

Aim for 9 or more servings daily (one serving equals one cup of most veggies or fruit or two cups of raw leafy greens). Fruits and vegetables are loaded with antioxidants. These potent chemicals act as the body’s natural defense system, helping to neutralize unstable molecules called free radicals that can damage cells. Research has shown that anthocyanins found in cherries and other red and purple fruits like:

- *Strawberries *Raspberries
- *Blueberries *Blackberries

All have anti-inflammatory effects.

****More good news****

Oranges, grapefruits, and limes are rich in vitamin C. Research shows getting the right amount of that vitamin aids in preventing inflammatory arthritis and maintaining healthy joints. Other research suggests eating vitamin K-rich veggies like:

- *Broccoli *Spinach *Lettuce

*Kale

*Cabbage

Dramatically reduces inflammatory markers in the blood. Some of the best sources include colorful fruits and veggies-the darker or more brilliant the color, the more antioxidants it has.

Good ones include:

*Blueberries

*Cherries

*Spinach

*Kale

*Broccoli

Olive Oil

Two-to-three tablespoons daily. Olive oil is loaded with heart-healthy fats, as well as oleocanthal, which has properties similar to nonsteroidal anti-inflammatory drugs (NSAIDs). “Oleocanthal inhibits activity of COX enzymes, with a pharmacological action similar to ibuprofen,” says Ordovas. Inhibiting these enzymes dampens the body’s inflammatory processes and reduces pain sensitivity.

Extra virgin olive oil goes through less refining and processing, so it retains more nutrients than standard varieties. And it’s not the only oil with health benefits. Avocado and safflower oils have shown cholesterol-lowering properties, while walnut oil has 10x the omega-3s that olive oil has.

Beans

About one cup, twice a week (or more). Beans are loaded with fiber and phytonutrients, which help lower CRP, an indicator of inflammation found in the blood. At high levels, CRP could indicate anything from an infection to RA. In a study scientists analyzed the nutrient content of 10 common bean varieties and identified a host of antioxidant and anti-inflammatory compounds. Beans are also an excellent and inexpensive source of protein and have about 15 grams per cup, which is important for muscle health. The best sources of beans include:

*Small red beans

*Red kidney beans

*Pinto beans

Rank among the U.S. Department of Agriculture’s top four antioxidant-containing foods (wild blueberries take the #2 spot)

Whole Grains

Eat a total of 6 ounces of grains per day; at least three of which should come from whole grains. One ounce of whole grain would be equal to ½ cup cooked brown rice or one slice of whole-wheat bread. Whole grains contain plenty of filling fiber-which can help you maintain a healthy weight. Some studies have also shown that fiber-rich foods can lower blood levels of CRP, an inflammatory marker. Eat foods made with the entire grain kernel, like:

*Whole-wheat flour

*Bulgur

*Brown rice

*Quinoa

Some individuals may need to be careful about which whole grains they eat. Gluten-a protein found in wheat and other grains-has been linked to inflammation for people with celiac disease (CD) or gluten sensitivity.

Nightshade Vegetables

Nightshade vegetables, include:

- *Eggplant
- *Tomatoes
- *Red bell peppers
- *Potatoes

These are disease-fighting powerhouses that boast maximum nutrition for minimal calories. They also contain solanine, a chemical that has been branded the culprit in arthritis pain. There is no scientific evidence to suggest that nightshades trigger arthritis flares.

Some experts believe these vegetables contain a potent nutrient mix that helps inhibit arthritis pain. However, many individuals do report symptom relief when they avoid nightshade vegetables. So, if you notice that your arthritis pain flares after eating them, consider eliminating all nightshade vegetables from your diet for a few weeks to see if it makes a difference. Then slowly, add them back into your diet to see if symptoms worsen or stay the same.

Testing for Degenerative Arthritis

Diagnosing arthritis may be difficult. There are more than 100 different types of arthritis. Many symptoms are similar among the different conditions affecting the joints. Arthritis may be generally categorized into the following groups:

- *Degenerative arthritis
- *Inflammatory arthritis
- *Metabolic arthritis
- *Infectious arthritis
- *Osteoarthritis (also known as degenerative arthritis) the most common type

Rheumatoid arthritis and gout are two other more common types. To make an accurate diagnosis, a healthcare provider may need to:

- *Review your medical history and current symptoms
- *Through examination, paying close attention to your joints
- *Order lab tests, x-rays, and other imaging tests:
 - *Ultrasound
 - *MRI
- Perform an arthrocentesis, the procedure of removing fluid from a joint

What is Involved in Reviewing Your Medical History and your Current Symptoms

When reviewing your medical history your physician may ask the following questions:

- Have you had any illnesses or injuries that may explain the pain?
- Is there a family history of arthritis or other rheumatic diseases?
- What medications are you currently taking?
- What symptoms are you having? For example:
 - *Pain
 - *Stiffness
 - *Difficulty with movement
 - *Swelling
- Regarding your pain:
 - Where is the pain located?
 - How long have you had it?
 - When you have pain, how long does it last?
 - Describe your pain:

*Constant

*Dull

*Throbbing

*Stabbing

-How intense is it? (On a scale from 1-10, 1 being no pain and 10 the worst pain)

-What lessens or eases the pain?

-What makes it worse?

Laboratory Testing for Degenerative Arthritis

In addition to complete medical history and physical examination, the following are common laboratory tests:

Antinuclear antibody

This test measures blood levels of various antibodies, which may be present in persons with some types of arthritis.

Arthrocentesis (Also Called Joint Aspiration)

This is an exam of joint fluid. A thin needle is inserted into the joint. Synovial fluid is removed with a syringe and examined for:

*Cell counts

*Crystal analysis

*Culture

*Other tests

Complement Tests

This test measures the level of complement, a group of proteins in the blood. It is used to help diagnose and monitor systemic lupus erythematosus (SLE) and rheumatoid arthritis.

Complete Blood Count

Measures the number of white blood cells, red blood cells, and platelets present in a sample of blood. A low white blood count (leukopenia), low red blood count (anemia), or low platelet count (thrombocytopenia) are associated with some forms of arthritis or the medications to treat them.

Creatinine

A blood test to monitor for underlying kidney disease.

C-Reactive Protein

This is a protein that is elevated when there is inflammation in the body as in some types of arthritis.

Erythrocyte Sedimentation Rate (also Called ESR or SED rate)

This measures how quickly red blood cells fall to the bottom of a test tube. It is also elevated when there is inflammation in the body. This occurs in some types of arthritis.

Hematocrit (PCV, Pocket Cell Volume)

Measures the number of red blood cells present in a sample of blood. Low levels of red blood cells (anemia) are common in people with some types of arthritis.

Rheumatoid Factor

Checks for antibody that is present in most people with rheumatoid arthritis.

Urinalysis

Laboratory examination of urine to check for kidney disease that may be associated with several types of arthritis.

Uric Acid

Uric acid levels are elevated in gout.

Imaging Techniques Used to Diagnose Arthritis

Imaging techniques may give your physician a better idea of what is happening to your joint(s). Imaging techniques may include the following:

X-Ray

X-rays may show joint changes and bone damage found in some types of arthritis. Other imaging tests may also be done.

Ultrasound

Ultrasound uses sound waves (not radiation) to see the quality of synovial tissue, tendons, ligaments, and bones

Magnetic Resonance Imaging (MRI)

MRI images are more detailed than x-rays. They may show damage to joints, including:

*Muscles *Ligaments *Cartilage

Arthroscopy

This procedure uses a thin tube containing a light and camera (arthroscope) to look inside the joint. The arthroscope is inserted into the joint through a small incision. Images of the inside of the joint are projected onto a screen. It is used to evaluate any degenerative and/or arthritic changes in the joint.

*To detect bone diseases and tumors

*To determine and cause of bone pain and inflammation

*To treat certain conditions

Diagnosis of Degenerative Arthritis

Diagnosis of degenerative arthritis is typically made based on the signs and symptoms of the disease and supported by imaging tests. Diagnosis can be made with reasonable certainty based on review of your symptoms and medical history, and a physical exam. X-rays can be used to confirm the diagnosis and characterize the severity of the disease. Treatment can vary based on the severity of symptoms, with more mild cases heat or ice may help. For more severe cases, injections and surgery may be recommended.

Typical findings on x-ray include:

- A narrowing of the joint space
- The development of osteophytes
- Excessive bone growth (known as subchondrial sclerosis)
- Formation of fluid-filled nodules in the joint space (subchondral cyst)

MRI or magnetic resonance imaging and CT scans are often used for advanced imaging of OA.

Differential Diagnosis

There are many causes of joint pain. Osteoarthritis is only one of over 100 different types of arthritis, some of which are caused by infection and others of which are triggered by autoimmune disorder in which the body attacks its own cells.

Degenerative arthritis is different from all these other causes in that it is not inherently inflammation while inflammation can result from the overuse of a joint, it is neither a central nor defining feature of osteoarthritis.

Osteoarthritis can also be differentiated from autoimmune forms of arthritis in that the latter may involve specific joints and/or develop bilaterally (on the same joint on both sides of the body). Moreover, autoimmune forms are characterized by persistent inflammation even when the outward symptoms are under control.

Among some of the alternative conditions a healthcare provider may explore:

- Ankylosing spondylitis-principally involving the spine
- Gout or Pseudogout-most typically involving the big toe
- Juvenile idiopathic arthritis
- Psoriatic arthritis
- Rheumatoid arthritis
- Septic arthritis (also known as infectious arthritis)

Degenerative arthritis can be differentiated from these other conditions by evaluating fluid extracted from the joint space. Infectious or autoimmune causes will invariably demonstrate a high number of white blood cells, a hallmark of inflammation. With osteoarthritis, there should not be a high number of white blood cells. Blood tests can also be used to rule out infectious or autoimmune causes.

Treatment for Degenerative Arthritis

Currently, doctors are using more than 100 medications and drugs to treat arthritis. Patients who suffer with degenerative arthritis are opting to use Holy Flower instead which is:

- *More affordable
- *Safer and natural
- *More effective in relieving pain and inflammation
- *Has very few side effects

Research has proven Holy Flower is very effective in treating arthritis as it is potent analgesic (pain reliever). Studies have also demonstrated that Holy Flower suppresses inflammation, the core issue of arthritis.

Treatment is aimed at:

- *Managing symptoms
- *Restoring/maintaining function
- *Slowing the progression of arthritis

Treatment methods, including Holy Flower can be helpful with pain and inflammation.

Research has increased recently proving Holy Flower is effective treating:

- *Pain
- *Inflammation
- *Fatigue

In the beginning of treatment, the goal in managing degenerative arthritis includes:

- *Lifestyle changes
- *Physical therapies
- *Pain medications

The worse symptoms tend to be, more invasive interventions may be needed, including:

- *Joint injections
- *Surgery

Lifestyle Changes

Lifestyle changes are primarily focused on weight loss. This would include:

- *Low-fat diet
- * A routine fitness plan aimed at maintaining joint mobility.

A nutritionist may be needed to design an appropriate eating plan and ensure that your nutritional needs are met.

Moderate exercise should be performed three times a week and under the guidance of a healthcare provider who can sign off on an appropriate fitness plan.

Individuals with arthritis should always discuss their exercise plans with a healthcare provider. The amount and form of exercise recommended for each individual will vary depending on:

- *Which joints are involved

- *Amount of inflammation
- *How stable the joints are
- *Whether a joint replacement procedure has been done

A skilled healthcare provider who is knowledgeable about the medical and rehabilitation needs of people with arthritis, working with a physical therapist also familiar with the needs of people with arthritis, can design an exercise plan for each patient.

Degenerative Arthritis and Exercise

Studies have shown that exercise helps individuals with arthritis in many ways. Exercise reduces joint pain and stiffness and increases:

- *Flexibility
- *Muscle strength
- *Cardiac fitness
- *Endurance

It also helps with weight reduction and contributes to an improved sense of well-being.

How Exercise Fits into a Treatment Plan for Individuals with Arthritis

Exercise is one part of a comprehensive arthritis treatment plan. Treatment plans also may include:

- *Rest and relaxation
- *Proper diet
- *Medication

Treatment also may include instruction on:

- *Proper use of joints
- *Ways to conserve energy
- *Other pain relief methods

3 Types of Exercise are Best for Individuals with Arthritis

There are three types of exercises that individuals with degenerative arthritis may benefit from. These exercise types include:

Range of Motion Exercises (e.g., dance)

Helps to maintain normal joint movement and relieve stiffness. This type of exercise helps maintain or increase flexibility.

Strengthening Exercise (e.g., weight training)

This helps keep or increase muscle strength. Strong muscles help support and protect joints affected by arthritis.

Aerobic or Endurance Exercise (e.g., bicycle riding)

This type of exercise does the following:

- *Improve cardiovascular fitness
- *Help control weight
- *Improve overall function

Weight control can be important for individuals who have arthritis because extra weight puts extra pressure on many joints. Some studies show that aerobic exercise can reduce inflammation in some joints. Most health clubs and community centers offer exercise programs for people with physical limitations.

Starting an Exercise Program

Individuals with arthritis should discuss exercise options with their doctors as well as other healthcare providers. It is recommended to start an exercise routine with low-impact aerobics and range-of-motion exercise. There are a wide variety of low impact sports, which is defined as sports with minimal wear or pressure on your joints. Here is a variety of low-impact sports:

- *Swimming
- *Dance
- *Cycling
- *Tai Chi
- *Hiking
- *Cross country or Nordic skiing
- *Water aerobics
- *Rollerblading
- *Horseback riding

Physicians may suggest ways to begin or offer a referral to a physical therapist who has experience working with individuals who have arthritis. The physical therapist will design an individualized exercise program that client can do at home. The physical therapist will take time to teach about:

- *Pain-relief methods
- *Proper body mechanics (placement of the body for a given task)
- *Joint protection
- *Conserving energy

Getting Started with Your Exercise Plan

Discuss exercise plans with your physician by starting with supervision from a physical therapist or qualified athletic trainer. Heat applied to sore joints is how many people with arthritis start their exercise program. Stretching and warm up with range-of-motion exercises prior to exercising. Start strengthening exercises slowly with small weights (a 1-2-pound weight can make a big difference). When you are just starting an exercise program it is recommended to start slowly. Use cold packs after exercising (optional; many people with arthritis complete their exercise routine this way). Add aerobic exercise into your plan. Ease off if joints become inflamed and red, it is best to notify your physician to find the cause and eliminate it. Pick an exercise program you enjoy most and stick with it. Habits form in 30 days and consistent activities will make it easier to stick with.

How Often Should Individuals with Arthritis Exercise?

- Range-of-Motion Exercises: Recommended daily and at least every other day
 - Strengthening Exercises: Recommended every other day unless you are experiencing severe pain or joint swelling
 - Endurance Exercises: Recommended 20 to 30 minutes, three times a week except if you are experiencing severe pain or joint swelling.
- According to the American College of Rheumatology. 20–30-minute exercise routines can be performed in increments of 10 minutes over the course of a day.

Research of Arthritis and Exercise

Researchers continue to look and find benefits from exercise to patients with:

- *Rheumatoid arthritis
- *Spondyloarthropathies
- *Lupus
- *Fibromyalgia

Researchers are also studying the benefits of exercise in older populations.

Exercises for Specific Types of Arthritis

There are many types of arthritis. Exercises that are particularly helpful for a specific type of arthritis can be recommended by:

- *Experienced healthcare providers
- *Physical therapists
- *Occupational therapists

Healthcare providers and therapists also know specific exercises for particularly painful joints. There may be exercises that are off-limits for people with a particular type of arthritis or when joints are swollen and inflamed. Individuals with arthritis should discuss their exercise plans with a healthcare provider. Medical professionals who treat people with arthritis can include:

- *Rheumatologists
- *Orthopedic surgeons
- *General practitioners
- *Family doctors
- *Internists
- *Rehabilitation specialists

What Type of Strengthening Program is Best?

This varies depending on personal preference, the type of arthritis involved, and how active the inflammation is. Strengthening one's muscles can help take the burden off painful joints.

Strength training can be done with:

- *Small free weights
- *Exercise machines
- *Isometrics
- *Elastic bands
- *Resistive water exercises

Correct positioning is critical because if done incorrectly, strengthening exercise can cause:

- *Muscle tears

- *More pain
- *More joint swelling

How Much Exercise is too Much?

Most experts agree that if exercise causes pain that lasts for more than 1 hour, it is too strenuous. People with arthritis should work with their physical therapist or healthcare provider to adjust their exercise program when they notice any of the following signs of strenuous exercise:

- *Unusual or persistent fatigue
- *Increased weakness
- *Decreased range of motion
- *Increased joint swelling
- *Continuing pain (pain that lasts more than 1 hour after exercise)

Pain Relief Methods for Individuals with Arthritis

There are known methods to help stop the pain. Even if it is for a short period of time, this temporary relief makes it easier for individuals who have arthritis to exercise. Your healthcare provider or physical therapist can suggest a method that is best for each patient. These methods have worked for many individuals.

Moist Heat

Moist heat supplied by warm towels, hot packs, a bath, or a shower can be used at home for 15 to 20 minutes, three times a day to relieve symptoms.

Deep Heat

A health professional can deliver deep heat to noninflamed joint areas by using:

- *Short waves
- *Microwaves
- *Ultrasound

Deep heat is not recommended for patients with acutely inflamed joints. Deep heat is often used around the shoulder to relax tight tendons prior to stretching exercises.

Cold

Cold supplied by a bag of ice or frozen vegetables wrapped in a towel helps to stop pain and reduce swelling when used for 10 to 15 minutes at a time. It is often used for acutely inflamed joints. People who have Raymond's Phenomenon should not use this method.

Hydrotherapy

Hydrotherapy (water therapy) can decrease pain and stiffness. Exercising in a large pool may be easier because water takes some weight off painful joints. Many community centers have water exercise classes developed for people with arthritis. Some patients also find relief from the heat and movement provided by a whirlpool.

Mobilization

Mobilization therapies include:

- *Traction (gentle, steady pulling)
- *Massage
- *Manipulation (using the hands to restore normal movement to stiff joints)

When done by a trained professional these methods can help control pain and increase joint motion and muscle and tendon flexibility.

TENS Unit

TENS (Transcutaneous electrical nerve stimulation) may provide some pain relief. In TENS, an electrical shock is transmitted through electrodes placed on the skin's surface. Patients can wear a TENS unit during the day and turn it off and on as needed for pain control.

Biofeedback

Biofeedback may help relax muscles and control your responses to pain.

Relaxation

Relaxation therapy also helps reduce pain. Patients can learn to release the tension in their muscles to relieve pain. Therapists may be able to teach relaxation techniques.

Acupuncture/Acupressure

Acupuncture is a traditional Chinese method of pain relief. Researchers believe that the needles stimulate deep sensory nerves that tell the brain to release natural painkillers. Acupressure is like acupuncture but uses pressure instead of needles.

Physical Therapy (PT)

A physical therapist is often the best person to design a therapeutic exercise plan if you have degenerative arthritis. It may involve:

- *Strength
- *Gait
- *Balance training to address specific functional impairments
- *Massage therapy
- *Hydrotherapy
- *Thermotherapy
- *Electrotherapy

Occupational Therapy (OT)

Occupational therapy may be needed to overcome day-to-day challenges. This may include:

- *Mobility aids to prevent falls
- *Shoe inserts or knee braces to correct imbalances
- *Oversized handles to accommodate arthritic hands

Over-the-Counter (OTC) Remedies

The preferred options for the treatment of arthritis pain are:

- *Tylenol (acetaminophen)
- *Nonsteroidal anti-inflammatory drugs (NSAIDs)
- *Advil (ibuprofen)
- *Aleve (Naproxen)

While beneficial, the drugs must be used with caution over the long term. Tylenol can cause liver toxicity and damage if overused. Similarly, the long-term use of NSAIDs may increase the risk of gastrointestinal bleeding, kidney damage, and ulcers.

For severe pain, NSAIDs tend to be more effective than Tylenol. Some NSAID drugs appear to be more effective for osteoarthritis pain than others. One NSAID, Diclofenac can be applied as:

- *Gels
- *Creams
- *Ointments
- *Sprays
- *Patches

Some individuals with arthritis turn to methylated creams like Bengay, while others find relief in capsaicin-based ointments or patches derived from chili peppers. Their effectiveness in treating osteoarthritis can vary although they may be appropriate if the symptoms are mild, and you are unable to tolerate other forms of analgesic.

Prescriptions

If over-the-counter medications are unable to provide relief, your healthcare provider may prescribe a prescription-strength NSAID. In this situation, NSAIDs are often preferred over opioid pain medicines because they are more effective in the long run and not associated with dependence.

A special group of NSAIDs, known as COX-2 inhibitors is often effective in treating arthritis pain but with a far lower risk of gastrointestinal side effects compared to other NSAIDs. On the flip side, they are more expensive and, like all NSAIDs, linked to an increased risk of heart attack and stroke.

They are used with caution in people with an underlying risk of cardiovascular disease. Celebrex (Celecoxib) is the only prescription COX-2 inhibitor available in the U.S.

Your physician may prescribe a milder opioid drug like Ultram (Tramadol) for pain relief. The drug, like all prescription pain medications, are used with caution given the adverse side effects, risk of addiction and overdose.

Joint Injections

Joint injections, also known as intraarticular injections, involve either corticosteroid drug to decrease inflammation or a lubricating fluid known as hyaluronic acid. Both are commonly used to delay joint surgery.

Corticosteroids

They work by tempering the immune response and, by doing so, alleviate the swelling and inflammation that can develop in later-stage disease. While these effects generally last for around three months, prolong exposure to corticosteroids can speed the deterioration of joint cartilage in addition to other side effects.

Hyaluronic acid

A naturally occurring substance produced by the body. The type used for joint injections, referred to as hyaluronan, is either synthesized in the lab or extracted from rooster combs. Research is conflicting on how effective these injections are. Injections administered to the knee are more successful than other joints. Side effects of injection include:

*Site pain

*Swelling

Euflexxa is a popular non-avian form of hyaluronan approved for the treatment of osteoarthritis knee pain.

Some healthcare providers have endorsed the use of platelet-rich plasma (PRP), as a form of treatment, although it appears to improve joint function more than pain. As the platelets and plasma are derived from the person's own blood, the risk tend to be minimal. As with hyaluronan, injection site pain and swelling are the most common concerns.

Surgery

Surgery is only considered if conservative treatments have failed, and the pain and disability are diminishing your quality of life. Some of the procedures are performed by:

*Arthroscopically-small keyhole incisions

*Open surgery-large incisions

Among the most commonly performed procedures are:

Arthroscopic Debridement

Used to remove excess bone and tissue to restore joint movement

Arthrodesis

Performed either arthroscopically or as an open surgery; involves the fusing of bones to alleviate pain, primarily in the:

*Spine *Foot

*Ankle *Hand

Osteotomy

Performed as an arthroscopic or open procedure; involves the shortening, lengthening, or realignment of bones.

Arthroplasty

Performed as an open surgery; involves the replacement of a joint with an artificial one. As a prosthetic joint tends to last between 10-15 years, arthroplasty surgery is delayed for as long as possible to avoid the need for a second replacement later in life.

Complementary and Alternative Medicine (CAM)

There is a wide variety of:

- *Traditional
- *Nutritional
- *Herbal
- *Naturopathic
- *Homeopathic

All these medicines are used to treat Osteoarthritis. Many of these have little evidence to support their use to treat osteoarthritis. Many of these have little evidence to support their use.

According to a large study conducted by National Institutes of Health, popular supplements like:

- *Chondroitin
- *Glucosamine

Were not shown to improve outcomes.

The National Center for Complementary and Integrative Health believes may offer benefits, including:

Acupuncture

Has been shown to provide modest arthritis pain relief, particularly of the knee.

Boswellia Serrata

An herb used in Ayurvedic medicine is believed to have anti-inflammatory effects beneficial to osteoarthritis.

S-Adenosyl-L-Methionine (SAME)

A chemical naturally produced in the body that is sold as a dietary supplement. There is some evidence that SAME may be as effective as over the counter NSAIDs in treating arthritis pain.

Holy Flower and Degenerative Arthritis

What exactly is Holy Flower? To put it simply, it is an amazing plant with a plethora of medicinal benefits for over 300 health issues, including degenerative arthritis. If you are new to Holy Flower, allow me to take the opportunity to go in-depth on Holy Flower plant and its many awesome benefits in its natural form. Holy Flower has been life changing for so many individuals globally, including myself. Holy Flower goes by many names such as:

- *Marijuana
- *Ganja
- *Cannabis
- *Pot
- *Weed
- *Mary Jane

To have a better understanding of the Holy Flower plant, let's start with the anatomy of the marijuana plant.

The cannabis plant has several structures many of which we can find on any ordinary flowering plant species. Holy Flower grows on long skinny stems with its large, iconic fan leaves extending out from areas called nodes.

Holy Flower really stands out in its flowers-or buds-where unique and intricate formations occur:

*Fiery orange hairs

*Sugary crystals

*Chunky buds, enveloped by tiny leaves

Parts of the Holy Flower Plant

The following are the parts of the Holy Flower plant, including a brief description of each part:

Seeds

Seeds are produced in the female cannabis plants and carry the genetics of a male and female. Seeds need to germinate to sprout and will grow a taproot, which will become the main root that anchors the plant.

Cotyledon Leaves

These are the first leaves to grow from the seed after germination. They usually come in pairs and seeing them in a sign of successful germination and that your plant is on its way to growing healthy and strong.

Roots

The roots grow down from the main stalk of the plant into the soil. When growing from a seed, the main root is called the “taproot”. Roots are the lifelines of a cannabis plant, pulling water and oxygen into the plant so it can grow healthy and strong. Mycorrhizae, a beneficial fungus, can be added to soil to improve root system.

Stem

The main stem, or stalk, of the Holy Flower plant grows straight up from the root system and supports all lateral branches. The stem gives a plant structure and stability.

Often growers will top, or cut off, the stem after about five nodes, which forces the plant to grow laterally more, creating more bud sites.

Branches

Branches grow out of the main stem and support fan leaves and buds. Growers often train a cannabis plant by topping branches to create more bud sites.

Node

A node is a point at which a branch grows off the main stem, or one branch from another branch. Fan leaves and buds can grow on some nodes, but not necessarily all. When determining the sex of a cannabis plant, pre-flowers, or the beginnings of male and female sex organs, will appear at

the nodes. The space between nodes is called “internodal spacing” and will give you a sense of whether a plant will grow tall or short.

Fan Leaves

Fan leaves are the large, iconic leaves of the cannabis plant. They capture light for the plant and typically have little-to-no resin and usually discarded when trimming.

Sugar Leaves

Sugar leaves are the small, resin-coated leaves that buds form around. Sugar leaves are usually saved as “trim” during harvest and can be used for pre-rolls, extracts, and other cannabis products.

Flowers

Also known as “Buds”, the flowers of a cannabis plant are the fruits of your labor. They contain the cannabinoids and terpenes and that get you high or offer.

Cola

A cola, also called a “bud site” refers to a cluster of buds that grow tightly together. While smaller colas occur along the budding sites of lower branches, the main cola-sometimes opical bud-forms at the top of the plant.

Bract and Calyx

Abstract is what encapsulates the female’s reproductive parts. They appear as green tear-shaped “leaves” and are heavily covered in resin glands which produce the highest concentration of cannabinoids of all plant parts. Enclosed by these bracts and imperceptible to the naked eyes, the calyx refers to a translucent layer over the ovule at the flower’s base.

Stigma and Pistil

The pistil contains the reproductive parts of a flower, and the vibrant hair-like strands of the pistil are called stigmas. Stigmas serve to collect pollen from males. The stigmas of the pistil begin with a white coloration and progressively darken to yellow, orange, red, or brown over the course of the plant’s maturation. They play an important role in reproduction, but stigmas bring very little to the flower’s potency and taste.

Trichomes

Despite their minute size, it is hard to miss the blanket of crystal resin on a cannabis bud. This resin is secreted through translucent, mushroom-shaped glands on the leaves, stems, and calyxes.

Plants originally developed trichomes to protect against predators and the elements. These clear bulbous globes ooze aromatic oils called terpenes as well as therapeutic cannabinoids like THC

and CBD. The basis of hash production depends on the trichomes and their potent sugar-like resin.

What are Cannabinoids?

Cannabinoids are natural chemical compounds found in a viscous resin produced in glandular trichomes in the cannabis plant. They interact with your body through receptors that are part of our natural endocannabinoid system.

Cannabis Sativa contains about 600 different molecules, but out of these there are about 150 classified as cannabinoids. They are the alkaloid compounds in cannabis that can influence your body's natural endocannabinoid system. There are three main classifications of cannabinoids:

Phytocannabinoids

Found in cannabis stalks, leaves, flowers, seeds, and resin

Endocannabinoids

Cannabinoids made by the body

Synthetic Cannabinoids

Lab-created cannabinoids (like prescription medications)

What do cannabinoids do? Cannabinoids bind to natural receptors (cells that react to proteins and other molecules) in our central nervous system and peripheral nervous system. The receptors are specific cells located in our brain and nearly everywhere else throughout the body. The main cannabinoid receptors are:

*CB1

*CB2

Some cannabinoids bind to CB1 receptors which are located primarily in the brain and throughout the central nervous system. The best-known cannabinoid, THC, binds with these receptors and produces the euphoric psychoactive effects people are most familiar with from using marijuana.

The second best-known cannabinoid, CBD, interacts primarily with CB2 receptors. CBD's effects are physical not psychoactive.

The Endocannabinoid System (ECS)

What is the endocannabinoid system or ECS? The endocannabinoid system (ECS) regulates skin health. The cannabinoids in Holy Flower interact with the endocannabinoid system to improve skin health. Our bodies have a large endocannabinoid system that includes specialized receptor cells in the brain and throughout the rest of our bodies, including:

- *Digestive system
- *Organs
- *Muscle
- *Skin
- *Connective tissue
- *Glands
- *Immune cells

The endocannabinoids are literally a bridge between body and mind. It is a natural Part of the body, and our bodies make endocannabinoids naturally in addition to the cannabinoids that are present in cannabis. The ECS is active and present in our daily lives whether or not we use cannabis or cannabinoids. The ECS includes the cannabinoid receptors CBI & CB2, and they have an influence on complex body functions. Cannabinoids and endocannabinoids bind to receptors and help to regulate how our body functions. Some cannabinoids can help manage other substances from influencing the receptors and body functions. Overall, research has shown that the ECS is linked to the following processes in the body:

- *Appetite and digestion
- *Metabolism
- *Pain
- *Inflammation & immune responses
- *Reproductive system & fertility
- *Motor control
- *Memory & learning
- *Sleep
- *Cardiovascular system
- *Muscle formation
- *Bone growth and health
- *Mood
- *Stress
- *Skin & nerve function

The main function of the endocannabinoid system is to help our bodies maintain homeostasis, which is a biological or medical term that refers to stability and the ability to function healthily in your environment.

How Do Cannabinoid Receptors Work?

Our bodies have two main types of cannabinoid receptors:

- *CB1
- *CB2

It is possible there may be more types of receptors that haven't yet been discovered. Cannabinoid receptors are influenced by cannabinoids in different ways. For example, THC binds to both CB1 and CB2 receptors and affects both the brain and the body. CBD doesn't bind to CB1 or CB2 the same way THC does. It reacts with the ECS in a more complex way that is still researched. Its effects may include a variety of potential physical and mental benefits. It is currently being studied for potential uses ranging from supporting regular sleep patterns to reducing anxiety and improving concentration.

What are the Health Benefits of Cannabinoids?

The ECS influences all our body functions including, homeostasis or balance, that cannabinoids might have almost limitless health benefits. Here is a list and brief description of the more well-known cannabinoids:

CBD

Cannabidiol (CBD) is known globally and found in thousands of different products. CBD works in the body in a complex way, and it's primarily bioactive, not psychoactive. CBD in Holy Flower may be effective for Darier's disease by blocking CB2 receptors to eliminate some allergic responses in the skin that cause flare-ups.

THC

Tetrahydrocannabinol (THC) binds to both CB1 and CB2 receptors, and it has psychoactive and physical (bioactive) effects. Its best-known effect is intoxication, or the "high" effect experienced by users, as well as appetite improvement, pain, reducing anxiety and supporting comfort.

CBGA

Cannabigerolic acid (CBGA), like CBD, doesn't tend to cause a feeling of intoxication. Some researchers call CBGA "the mother cannabinoid" because it is a precursor for some other cannabinoids. Research is ongoing to discover if it can relieve anxiety and physical discomfort, and combat inflammation and infection in humans.

THCA

Δ^9 -tetrahydrocannabinolic acid, THCA, is found on the living cannabis plant. The compound slowly turns into THC as the plant ages and quickly becomes THC when it is heated (smoked or vaped). Research is just starting on THCA, but it is generally known to be non-intoxicating. Reports show it could have benefits for inflammation and neuroprotection for degenerative neurological diseases. Early studies are being conducted to determine whether THCA could potentially:

- *Reducing nausea
- *Improve appetite
- *Slow the spread of prostate cancer

CBDA

Cannabidiolic acid, CBDA, is another compound found in living cannabis plants. CBDA doesn't bind to CB1 or CB2 receptors. Instead, it inhibits enzymes that influence the ECS system.

CBCA

CBCA, Cannabichromenic acid, is a precursor to CBC, and it is also another chemical step descended from CBGA. CBC is one of the phytocannabinoids that comes from the cannabis plant. CBGA was first discovered in 1966, but research into its benefits is currently limited.

CBGVA

CBGVA, Cannabigerovaric acid, is the precursor of CBGV or cannabigerovarin. Like the other acid precursors, it is found in the living cannabis plant or raw cannabis flower and transforms when exposed to heat. It is non-psychoactive, like most cannabinoids. However, research is very limited on this cannabinoid, so its effects are not well known.

THCVA

THCVA, Tetrahydrocannabivarinic acid, is a precursor to THCv, tetrahydrocannabivarin, and is like the other cannabinoids that come from the raw flowers of the cannabis plant. THCVA can potentially reduce inflammation. THCv has been studied more than THCVA, and some research studies show that it can have benefits in reducing overeating and obesity.

CBDVA

CBDVA, Cannabidivarinic acid, is the chemical precursor to CBDV, and both are similar to CBD (cannabidiol). Like other cannabinoids, remains under study, though it is known that CBDVA is not intoxicating.

CBCVA

CBCVA, Cannabichromenvarinic acid, is considered one of the major acids found in the cannabis plant, and like other cannabinoids found in the living plant, it isn't thought as psychoactive/intoxicating.

The National Center for Complementary and Integrative Health reports that lab-created cannabinoid drugs (approved by the FDA) can be used to manage:

- *Epilepsy
- *Nausea
- *Vomiting
- *Weight loss
- *Loss of appetite

A 2017 study conducted by the National Academies of Science, Engineering and Medicine concluded that there was conclusive, substantial evidence that cannabinoids from the cannabis sativa plant could benefit:

- *Nausea and vomiting
- *Muscle spasticity

They also found moderate evidence for cannabinoids benefitting:

- *Sleep outcomes in people with obstructive sleep apnea
- *Muscle spasms
- *Potential pain relief

Further continuous research is ongoing for:

- *Increasing appetite
- *Decreasing weight
- *Improving clinician-measured MS symptoms (as opposed to patient Reports)

Using Holy Flower as an Effective Treatment for Degenerative Arthritis

Holy Flower can be an effective treatment option for those who suffer from degenerative arthritis. Cannabinoids may attenuate allergic responses, blocking CB2 receptors in the skin to lead to a decrease in inflammation of the epidermis.

Patients who have reactions similar to eczema see well-tolerated results and alleviation of the scratching and uncomfortable feeling associated with Darier's disease. There is also exceptional evidence cannabinoids may be able to inhibit malignant tumors; however synthetic cannabinoids that are more potent than THC have only proven more effective.

Both THC and CBD are anti-inflammatories that reduce inflammation when applied to the skin. Using topicals with CBD and low levels of THC will help with symptoms of inflammation in degenerative arthritis.

Holy Flower for degenerative arthritis is an excellent alternative to steroidal creams which often come with harsh side effects and leads to fragile skin that tears easily. Holy Flower is excellent for skin, inflammation, and irritation since it is extremely beneficial and therapeutic as an anti-inflammatory. A patient's CB2 receptors in their epidermis show a positive reaction to cannabinoids, leaving skin improved and feeling healthy.

Holy Flower also relieves pain effectively. Topical applications of Holy Flower in creams or lotions relieve pain and inflammation where they are applied. Holy Flower topicals are effective in reducing pain, inflammation, and swelling in arthritis and other chronic inflammatory conditions.

In addition, people with degenerative arthritis often experience:

- *Inflammation
- *Pain
- *Stiffness
- *Anxiety
- *Depression
- *Other mood disorders

Holy Flower is very effective for improving:

- *Moods
- *Anxiety
- *Depression

States with medical marijuana programs have observed an overall decrease in mental illness decrease. Patient surveys show medical marijuana patients are effectively using the medicine to relieve anxiety and depression, even though these are not the primary reason patients have obtained a medical marijuana card.

A survey of 1,429 patients in Washington reported that 50.3% were using Holy Flower to treat depression even though it was not their primary condition or the reason they obtained a medical marijuana card.

In one study of 1,746 patients from California, 37.8% said they used Holy Flower for anxiety, 16.9% for panic attacks, and 55.1% for improved relaxation. While a majority of these patients were using the medicine for some form of anxiety, only 13% of them had anxiety or depression as a certifying reason for a medical marijuana card.

A meta-analysis of data revealed that CBD and THC are

- *Anti-depressants
- *Anxiolytic (anti-anxiety)
- *Anti-psychotics

CBD is best to relieve anxiety in all doses, according to studies. THC relieves anxiety in small doses and is best to relieve depression.

When using Holy Flower for anxiety or depression, it is recommended to experiment with different forms of cannabis to discover which delivery method is best for you. Some examples of delivery methods include:

*Inhaled methods such as:

- *Smoking
- *Vaping
- *Dabbing
- *Capsule
- *Tinctures
- *Edibles

Use of these forms as well as topicals, which extremely well and in a specific area it is applied to all form will be effective. The other forms that work internally with the endocannabinoid system to relieve:

- *Pain
- *Inflammation
- *Psychological

When using Holy Flower in topical form, patients' degenerative arthritis find it most beneficial relieving:

- *Skin irritation
- *Itching
- *Inflammation

CBD may be most effective in a topical cream; however, THC is also beneficial to relieve pain and inflammation. Topical creams and applications of Holy Flower should be applied several times per day to the affected area, which has been most effective for people with skin conditions. Topical Holy Flower creams and lotions can be bought at the dispensary or made at home with your own flower.

The following are recipes for Holy Flower infused body lotion and Holy Flower infused salve. Both are easy to make, and you can add essential oils for your preference of different scents. The potency of the lotion and the salve is good for up to a year. Topical applications of Holy Flower are excellent non-intoxicating ways to use Holy Flower. The body lotion and salve can be made in less than 20 minutes. Not only do Holy Flower topicals relieve the symptoms of degenerative arthritis, but also are effective for the following health conditions:

- *Pain
- *Inflammation
- *Nerve pain
- *Sore joints
- *Spasms
- *Arthritis
- *Headaches
- *Migraines
- *Cramps

Holy Flower infused topicals are applied to the skin and do not enter the bloodstream. Therefore, topicals will not produce a "high", even when made with a high THC strain.

Holy Flower Body Lotion

- 1 cup of Holy Flower oil (Sammy-oil)
- 1 cup filtered water
- 4 tablespoons of grated beeswax
- 1 tablespoon of vitamin E oil
- Up to 12 drops of essential oil
- Mason jar
- Blender
- Clean, airtight storage jars for finished body lotion

Prepare Holy Flower Oil

After decarboxylation of Holy Flower, use 3 cups of coconut oil adding 20 grams or more of Holy Flower on low heat for 3 hours, stirring every 15 minutes. Strain using cheesecloth. I recommend using a 5-cup glass measuring cup for the oil to be strained into. Cool the infused coconut oil and store in a dark place, covered.

Heat Holy Flower Oil and Beeswax

In a mason jar, combine 1 cup Holy Flower (Sammy-oil) and 4 tablespoons of grated beeswax. Fill a saucepan halfway with water. Put open, uncovered mason jar in the saucepan. Make sure water from the saucepan does not get into the mason jar. Heat over a low heat until the beeswax has melted, stirring the mixture occasionally. Remove the mixture from the heat.

Add Vitamin E and Other Essential Oils

Add up to 12 drops of essential oil and 1 tablespoon vitamin E oil. Blend thoroughly. Add one cup of water into the blender and blend at a medium speed. Open the top while blending and slowly pour in the Sammy-oil and beeswax mixture very carefully while blending. Put the top back on the blender. Blend on medium speed for 2 minutes or until the water and oil/wax mixture are combined completely.

Store the Holy Flower Body Lotion

Put the Holy Flower body lotion into clean jars with airtight lids. Let the body lotion cool completely before closing the jars with airtight lids. This Holy Flower body lotion recipe make about 2 ½ cups or 20oz of lotion. It can be store in the refrigerator and has a shelf life of about 3 months

Using Holy Flower Body Lotion

After the Holy Flower body lotion has cooled completely, try the body lotion by applying it to the skin. There is no risk of overmedication with topicals, but it is still good advice to try small amounts and see how it affects your skin before applying to larger areas.

Put a small amount of the Holy Flower body lotion on a small area and wait a few hours to see how it affects you and to test the potency of the lotion. After testing the Holy Flower infused body lotion and its effects, apply more to larger areas as needed.

Holy Flower Infused Salve

- 1 cup of Holy Flower infused oil (Sammy-oil)
- 1 cup of Hemp oil or sunflower oil
- 4 tablespoons of grated beeswax
- 1 tablespoon of Vitamin E oil
- Up to 20 drops of essential oil
- Mason jar
- Clean airtight storage jars for finished Holy Flower salve

Prepare Holy Flower (Sammy-Oil)

After decarbing Holy Flower, use 3 cups of coconut oil adding 20 grams or more of Holy Flower on low heat for 3 hours, stirring every 15 minutes. Strain using cheesecloth. I recommend using a 5-cup glass measuring cup for the oil to be strained into. Cool the infused coconut oil and store in a dark place, covered.

Heat Oils and Beeswax

In a mason jar, combine 1 cup Holy Flower (Sammy-oil), hemp or sunflower oil and 4 tablespoons of grated beeswax. Fill a saucepan halfway with water. Put open, uncovered mason jar in the saucepan. Make sure water from the saucepan does not get into the mason jar. Heat over a low heat until the beeswax has melted, stirring the mixture occasionally. Remove the mixture from the heat.

Add Vitamin E and Essential Oil

Add vitamin E and essential oil to Holy Flower oil mix. Blend thoroughly until Holy Flower oil mixture is combined and smooth.

Store Holy Flower Salve

This recipe makes about 16oz of Holy Flower infused salve, divide between 2-8oz jars. Store at room temperature

Holy Flower for Degenerative Arthritis can Alleviate Depression

For centuries, individuals have been using Holy Flower to treat depression. Holy Flower enhances your mood and gives you energy. Holy Flower is used to treat a plethora of health conditions, including:

- *Chronic pain
- *Cancer
- *HIV/Aids
- *Gastrointestinal conditions

Individuals suffering from these and many other health issues often experience depression while undergoing treatment. Holy Flower helps them cope with their depressive feelings.

Our bodies naturally make some cannabinoids, called endocannabinoids. The endocannabinoids support various body functions like:

- *Emotions
- *Sleep pattern
- *Appetite
- *Movement

They play an important role in providing internal stability and keeping you healthy. Your body's naturally occurring chemicals expedite cell communication. Endocannabinoid problems can manifest into physical issues because of your body's imbalance.

Holy Flower Study of Degenerative Arthritis

A study conducted by Creaky Joints; an arthritis awareness organization shows that as many as 57% of all arthritis patients in the United States may have used medical marijuana for arthritis pain.

These are individuals who may have smoked Holy Flower in its raw form and those who used Holy Flower extracts in the form of CBD oil, gummies, and capsules or took it in another form such as vaping.

Out of the individuals who indicated to have used the supplement, 90% stated that it had helped them reduce the symptoms, especially the pain. The scientific jury is still out on whether medical marijuana can be the ultimate natural cure for arthritis, but there is little doubt that it helps.

How can Holy Flower Help Degenerative Arthritis

For anyone who deals with chronic pain, inflammation, and stiffness, which are all the most prominent symptoms of degenerative arthritis, Holy Flower may be the answer you are looking for. There are three primary types of pain:

- *Nociceptive
- *Neuropathic
- *Central

Nociceptive

Caused by body tissue damage. It is the only type of pain with a reliable system for alerting the brain to specific tissue problems. In response to injury, immune cells secrete a number of neurotransmitters and other signalers which are then carried by nerves up to the brain. The patient then begins to feel sharp, aching, or throbbing pain in the affected area.

Neuropathic Pain

Cause by nerve damage, sends inaccurate pain messages. For instance, in diabetic neuropathy, the origin of pain is actually in peripheral nerves, not the foot.

Likewise, centralized pain (like fibromyalgia) tells the brain pain is occurring all over; however, this sensation is actually the result of an amplification of peripheral signals due to central nervous dysfunction. (Note: Peripheral nerves are the links between your brain and spinal cord and the rest of your body.)

Holy Flower and Strain Classes

Holy Flower is available in Indica, Indica-dominant, Sativa, Sativa-dominant and hybrid. Indica and sativa strains are known for the following effects:

Indica & Indica-Dominant Strains

- *Calming
- *Sedating
- *Relaxing
- *Body high
- *Sleep aid
- *Couch lock or Body Buzz
- *Reduces anxiety
- *Relieves pain
- *Appetite stimulation
- *Best for nighttime use

Sativa & Sativa-Dominant Strains

- *Head high
- *Uplifting
- *Creativity
- *Spacey
- *Best for daytime use
- *Alertness
- *Euphoric
- *Increased energy
- *Stimulates appetite

Hybrid strains have both indica and sativa components and you will feel both indica and sativa effects. Some strains are 50% indica & 50% sativa and effects are felt equally, whereas strains that are dominant of either type you would feel more of those effects. The use of Holy Flower has very few side effects such as:

- *Dry eyes
- *Dry mouth
- *Dizziness
- *Changes in blood pressure
- *Sleepiness

With continuous use of Holy Flower, the plant offers very few side effects, but those who use it to treat the many different health issues they deal with normally are not needing additional medications to combat side effects.

I speak for myself and for the many others who deal with chronic pain on a daily basis, Holy Flower is the only way to treat health issues for a variety of reasons:

- *Holy Flower is safer and a healthier option to treat health issues
- *Holy Flower is a natural alternative
- *Compared to prescription opioid medications, it literally kills the pain

History of Holy Flower Use

Holy Flower dates to the beginning of time. Starting in the book of Genesis 1:12, starting, "and the earth brought forth grass, and herb yielding seed...God saw that it was good." Another bible verse from Genesis 9:3 states, "Every moving thing that lives shall be food for you. And as I give you the Green plants, I give you everything." God said it Himself, he put Holy Flower on our earth to use for our health and in many forms for our benefit.

Jesus was the very first advocate for the use of Holy Flower and to treat the sick and suffering with many health issues. In the Guardian a study of scriptural texts suggests that Jesus and his disciples used Holy Flower to carry out and perform miraculous healings. The anointing oil used by Jesus, who certainly was a cannabis user, and his disciples, contained an ingredient called Kaneh-bosem which has since been identified as cannabis extract, according to an article by Chris Bennett in the drug magazine High Times, entitled Was Jesus a Stoner? The incense used by Jesus in ceremonies also contained a cannabis extract, suggests Mr. Bennett, who quotes scholars to back his claims.

Carl Ruck, a professor of classical mythology at Boston University states, "There can be little doubt about a role for cannabis in Judaic religion." Referring to the existence of cannabis in anointing oils used in ceremonies. He added, "Obviously the easy availability and long-established tradition of cannabis in early Judaism would inevitably have included it in the (Christian) mixtures.

Another profound statement from Mr. Bennett suggests those anointed with the oils used by Jesus were "literally drenched in this potent mixture although most modern people choose to smoke or eat the Holy Flower, when its active ingredients are transferred into an oil-based carrier, it can also be absorbed through the skin."

Quoting the New Testament, Mr. Bennett argues that Jesus anointed his disciples with the oil and encouraged them to do the same with the other followers. This could have been responsible for healing eye and skin diseases referred to in the Gospels.

This powerful and truthful statement from Mr. Bennett concludes, "If cannabis was one of the main ingredients of the ancient anointing oil and receiving this oil is what made Jesus Christ and his followers Christians, then persecuting those who cannabis could be considered anti-Christ." I couldn't agree more with this statement.

Holy Flower has been used globally dating back for centuries throughout India, China, Africa, and Assyria. It was used for medicinal, spiritual, and recreational purposes.

Medicinal use of Holy Flower dates back at least 5,000 years, as such cannabis history is tied to many iconic time periods. Examples of this are:

- The ancient Egyptians reportedly used marijuana to treat glaucoma as well as general inflammation.
- Chinese Emperor Fu His called cannabis a popular medicine in 2900 BC, and the Chinese had identified more than 100 medical uses for Holy Flower by 100 AD.
- In 1,000 BC, the Indians created a drink called Bhang, a mixture of marijuana, milk, and other ingredients, and used it as anti-phlegmatic and anesthetic. This drink is currently used in India.

Like Jesus, ancient Indians have used Holy Flower as a cure for:

- *Leprosy
- *Dysentery
- *Cure fever
- *Insomnia
- *Improve judgement & cognition

It is also thought to prolong healthy life. Other ancient cultures also used Holy Flower. The ancient Greeks used it for:

- *Inflammation
- *Earaches
- *Swelling

In 70 AD, Roman medical texts listed it as a cure for earache and as a way to suppress sexual desire. The Romans also boiled the roots of the plant and used them as a treatment for:

- *Gout
- *Arthritis
- *Generalized pain

The Arabians used it from 800 AD to 900 AD for:

- *Migraines
- *Syphilis
- *Pain

The English also documented many medicinal uses of Holy Flower for ailments, such as:

- *Menstrual cramps
- *Convulsions
- *Rheumatism
- *Gout
- *Joint pain
- *Muscle spasms
- *Insomnia and sleep problems
- *Childbirth (to promote uterine contractions)

Spiritual History of Holy Flower

Holy Flower has a very long history spiritually. It is said the Hindu god Shiva rested under a cannabis plant and ate its leaves following a family argument. Sounds to me a great way to overcome the tension and stress of any heated situation. Shiva is referred to as the Lord of Bhang. The Vedas, a collection of ancient scriptures, refer to Holy Flower as an herb to release people from anxiety. One story in the Vedas describes a drop of heavenly nectar falling on the earth and becoming the cannabis plant.

In his Histories, Greek Historian Herodotus described cannabis being smoked for spiritual, emotional, and sometimes recreational purposes. He discussed groups coming together and smoking, stating that the people smoking marijuana would “howl with pleasure!”

Marijuana has had a long and very rocky past in the United States since this country was formed. Originally used as a textile material and later a medicinal ingredient, this awesome plant became highly controversial through the years. Below is the Holy Flower timeline in the United States:

1600s

The origins of marijuana in the United States can be related back to the earliest days of settlement when hemp was grown like any other crop. In the 17th century, the production of hemp-a variety of the cannabis plant-was highly encouraged to make:

- *Clothing
- *Rope
- *Sails

In 1619, the Virginia Assembly passed legislation requiring that all farms grow hemp. Some states even traded hemp as legal tender.

1700s

George Washington, our first United States president, was interested in farming hemp. But he also questioned the potential of marijuana in his journals in 1765.

1840

Marijuana became widely accepted in mainstream medicine and was an ingredient in many over-the-counter products.

1850

Holy Flower was added to the U.S. Pharmacopeia. It was used as a treatment for:

- *Opioid withdrawal
- *Pain
- *Appetite stimulation
- *Relief of nausea and vomiting

1862

Hashish candy was advertised in an issue of Vanity Fair as a pleasurable and harmless stimulant that could cure melancholy and nervousness.

1906

The Food and Drug Act required that any product containing cannabis be labeled appropriately.

1900-1930

For 3 decades, Holy Flower was an ingredient in a variety of medications. It was marketed as a painkiller but was also used for sedation and to treat muscle spasms. However, during this same time, Mexican immigrants introduced recreational use of marijuana. Because the drug became associated with Mexican Immigrants, people began to fear the drug, anti-drug campaigners who were clearly ignorant referring to it as the “Mexican Menace.”

1914-1925

Twenty-six states passed laws prohibiting marijuana. These laws passed readily and easily with little to no public outcry or political debate.

Even though this was a century ago, and research was not so readily at our ancestors' fingertips, in my opinion, the laws passing prohibiting Holy Flower with the American people in such a passive state of being and clearly not awakened to the fact of the plethora of benefits the glorious plant has which has been proven by many generations on a global scale. Instead of just going along with a person's belief in it being harmful or evil as some have said, take the time to educate yourself by truly weighing the pros and cons and reviewing factual evidence from the many documented sources available. Let's continue.

1930s

The Great Depression resulted from job loss for many Americans. This created more fear and stigmatization of Mexican immigrants as many Americans worried, they would take away their jobs. This led to more public concern over the dangers of marijuana. The media began to report that research showed that marijuana use was linked to “crime and violence”. At the same time, Harry Anslinger, commissioner of the Federal Bureau of Narcotics, began a campaign to criminalize marijuana, claiming that it led to insanity. That statement alone is insane. As a result of his efforts, by 1936, all states had some form of marijuana regulation laws.

1936

The film Reefer Madness was released. It depicted marijuana as a drug that could lead to:

- *Violence
- *Rape
- *Suicide
- *Psychosis

1937

The Marijuana Tax Act was passed which restricted marijuana use to only those that could pay a heavy excise tax for specific authorized industrial and medical uses.

1942

Marijuana was removed from the U.S. Pharmacopoeia and doctors began to discredit marijuana as not having any medicinal use.

1944

The New York Academy of Medicine published a report stating that marijuana was only a mild intoxicant. Harry Anslinger responded to this report with a solicited article in the American Journal of Psychiatry that attempted to attack and discredit the information they had previously published.

1952

The Boggs Act passed, creating strict mandatory punishments for offenses involving marijuana and a variety of other drugs.

1960s

Marijuana gained popularity among the counterculture who considered it a harmless high. Its use was popular among college students, free-spirited, anti-war activists, hippies, and other youth. President John F. Kennedy and Vice President Lyndon Johnson commissioned reports that found that marijuana did not induce violence or lead to use of other more dangerous drugs.

1965-1970

Marijuana arrests on the state level increased tenfold as authorities began to crack down on marijuana use and distribution.

1970

Congress passed the Controlled Substances Act, which placed marijuana as a Schedule I drug along with LSD and heroin. According to the act, marijuana had no medicinal value, and a high potential for abuse, giving it harsher criminal penalties. This law made it difficult for doctors and scientists to study marijuana and its many uses. Despite federal efforts to strengthen enforcement of strict marijuana laws, states the following all decriminalized such as:

- *Oregon
- *Maine
- *Alaska

1972

The Shafer Committee recommended that personal use of marijuana be decriminalized. But President Nixon ignored their recommendations.

1976

The parents' movement against marijuana began, as more and more parents feared the drug and sought to prevent use in teens. Their efforts were strengthened by the Drug Enforcement Administration and the National Institute on Drug Abuse.

1980s-1990s

The public opinion of marijuana shifted back to it being dangerous, as many considered it a gateway drug to harder drugs such as:

- *Cocaine
- *Heroin

1982

First Lady Nancy Reagan started the “Just Say No” campaign.

1983

The Drug Abuse Resistance Education (DARE) program was established, which brought police officers into schools to discuss the dangers of drug abuse. Funding and use of this program was later cut back as research showed that it did not lead to decreased drug use in youth.

1986

President Ronald Reagan signed The Anti-Drug Abuse Act. This law raised marijuana penalties and created mandatory sentences many of which equated marijuana with heroin.

1989

President George H.W. Bush declared a “New War on Drugs” and continued anti-marijuana campaigns.

1996

California voters approved Proposition 215, which legalized marijuana for medicinal use at the state level.

1998-1999

The Clinton Administration spent \$25 million on television campaigns that placed drug messages in primetime TV shows.

Marijuana remains illegal under federal law in the United States, although the laws on the state level are increasingly changing more than 20 states now permit the sale of Holy Flower, either medical or medical and recreational, in various forms to inhale, consume or prescription form.

There presently two FDA approved medications on the market:

- *Marinol (Dronabinol)
- *Cesamet (Nabilone)

Both are synthetic cannabinoids used to treat nausea or neuropathic pain. Other drugs in clinical testing are:

- *Epidelix-used to treat childhood seizures
- *Sativex-for cancer pain

In 2014, Colorado was the first state to legalize Holy Flower recreational use. Alaska, California, and Washington followed suit. Along with Massachusetts and Washington D.C. as well as Nevada deciding recreational being legal is the only way to go.

While Holy Flower is still unfortunately illegal on the federal level, doing the scientific research for medicinal purposes has been made rather difficult as well as dispensaries running the risk of being close down by the Drug Enforcement Administration. As time progresses and the more people in general across the country are urging lawmakers to pass legalization, the more states will become legal not only for medical patients but also for recreational use

Holy Flower Strains by Symptom Category

I have compiled researched lists of the most beneficial Holy Flower strains by the following categories to treat degenerative arthritis. Each strain has been researched and will effectively treat each symptom associated with degenerative arthritis. If you are new to the awesome world of Holy Flower and all that the amazing benefits this plant has to offer, it is best to experiment with different strains to find the ones that suit you best.

Holy Flower strains are listed in alphabetical and numerical order by low to high THC percentages. The strains include:

- *Indica and Indica-Dominant strains (I or I-D)
- *Sativa and Sativa-Dominant strains (S or S-D)
- *Hybrid (50/50 Indica/Sativa strains) (H)

Holy Flower strains can be purchased at your local dispensary, and the budtenders can assist you further with their expertise. If you have a green thumb, you may be interested in growing your own Holy Flower by purchasing Holy Flower seeds from a reputable breeder online. I have included the top ten seed banks for 2023:

1. [ILGM](#) - Best US seed bank overall (free shipping)
2. [Seedsman](#) - 4,400+ cannabis seeds
3. [Crop King Seeds](#) - 24/7 live chat and toll-free number
4. [Herbies Seeds](#) - High-THC (33%+) seeds
5. [Seed Supreme](#) - 100+ landrace and Kush strains
6. [Rocket Seeds](#) - 20+ breeders worldwide
7. [Quebec Cannabis Seeds](#) - Great seeds for short seasons
8. [Mary Jane's Garden](#) - Good high-CBD seeds
9. [Sonoma Seeds](#) - Helpful customer service
10. [Beaver Seeds](#) - High germination rate

ARTHRITIS THC % L-H

Avi-Dekel-1% (I-D)
Argyle-1% (I-D)
Athabasca-1% (I-D)
Afghani CBD-6-8% (I)
Aliens on Moonshine-7-9% (I-D)
African-10% (S)
American Dream-12-18% (I-D)
Amethyst Bud-13-20% (I-D)
Aberdeen-14-15% (S-D)
Aurora Indica-14-19% (I-D)
Alien Dawg-14-21% (I-D)
Alien Rock Candy-15-19% (I-D)
Aurora Borealis-15-22% (H)
Alien Apparition-15-20% (I-D)
Ash-15-20% (I-D)
Agent Tangie-16-18% (S-D)
Arjan's Tangie-16-18% (S-D)
Armagnac-16-20% (H)
Arctic Blue-16-21% (I-D)
Acid-17% (I-D)
Atomical Haze-18% (S-D)
Anubis-18% (I-D)
Afghan Skunk-18% (I-D)
Afternoon Delight-18-20% (S-D)
Arctic Sun-18-22% (S-D)
Astroboy-19% (S-D)
Angel OG-19% (I-D)
Atmosphere-19-20% (H)
Ace of Spades-19-25% (I-D)
Anonymous OG-20% (I-D)
Atomic Goat-20% (H)
Apple Jack-20% (H)
ACDC-20% (S-D)
Animal Gas-20-22% (I-D)
Alien Hallucination-20-24% (H)
Animal Cookies-20-27% (I-D)
Alien Abduction-20-29% (I-D)
Alien Bubba-21% (I-D)
Ayahuasca Purple-21% (I-D)
Allen Iverson OG-22% (I-D)
A-Train-22% (H)
Alien Walker-22% (I-D)
Atomic Bomb-22-26% (H)
Alien Rift-27% (I-D)
Alaska-29-30% (S-D)
Alien Reunion- (H)
Apollo 11- (I-D)
Alpine Blue- (S-D)
Aspen OG- (S-D)
Asian Fantasy- (S)
Blue Jay Way-6-8% (H)
Blueberry AK-7% (H)
Blue Blood-10% (H)
Big Bomb-10-15% (H)

Blue Dream CBD-11% (S-D)
Blue Dragon-11-15% (H)
Black Dahlia-12% (I-D)
Blueberry Lambsbread-12-16% (H)
BC Big Bud-12-16% (S-D)
Blue Widow-12-17% (H)
Black Cherry OG-12-18% (H)
Blizzard Bush-13% (H)
Bazooka Joe G-13% (I-D)
Blues-13-16% (S-D)
Booger-13-18% (H)
Blue OG-13-18% (I-D)
BB King-14-16% (I-D)
Black Tuna-14-20% (H)
Bedica-14-17% (I-D)
Black Jack-14-24% (I-D)
Berry OG-15% (H)
Blueberry Yum Yum-15% (H)
Bloos Kloos-15% (I-D)
Blurple-15-17% (H)
Brain Wreck-15-18% (H)
Blueberry Pie-15-19% (H)
Bog Bubble-15-19% (H)
Berry Bomb-15-20% (I-D)
Bubblicious-15-20% (H)
Blackberry Dream-15-20% (S-D)
Bianca-15-20% (S-D)
Bluefire-16% (I-D)
Blue OX-16% (I-D)
Blackberry Lime Haze-16-19% (S-D)
Blue Magoo-16-22% (I-D)
Blue Venom-16-23% (I-D)
Boss Hog-17% (H)
Black Magic-17% (I-D)
Big Sky OG-17% (H)
Bay II-17-21% (H)
Bordello-18% (I-D)
Blue Velvet-18-20% (H)
Blackberry Trainwreck-18-20% (H)
Black Cherry Soda-18-22% (S-D)
Blackberry x Blueberry-18-23% (I-D)
Blue Bastard-18-23% (I-D)
Batgirl-18-24% (S-D)
Black Betty-18-26% (H)
Banjo-18-28% (H)
Blackwater-19% (I-D)
Blueberry Cookies-19-20% (I-D)
Biddy Early-19-22% (H)
Berry Larry-19-22% (I-D)
Banana Bread-19-23% (H)
Blueberry Bomb-19% (I-D)
Black Mamba-20% (I-D)
Blaze-20% (S)
Black Roses-20% (I-D)
Blueberry Pancakes-20% (I-D)
Big Kush-20% (H)
Blue God-20% (I)
Butter OG-20% (I-D)
Blaze-20% (S)
Blue Alien-20-21% (I)
Blue Zombie-20-21% (I-D)
Bio-Chem-20-25% (I-D)
Blowfish-20-26% (I-D)
Blue Sherbert-20-26% (S-D)
Bootylicious-20-30% (H)
Bermuda Sour-21% (H)
Blucifer-21-22% (S-D)
Blue Frost-22% (I-D)
Beastmode 2.0-22% (I-D)
Blueberry Skunk-22% (I-D)
Blue Heron-22-25% (I-D)
Bubba Doja-22-25% (I-D)
Birds of Paradise-22-25% (S-D)
Banana Hammock R1-22-27% (I-D)
Blue Sky-23% (I-D)
Bananas-23-27% (I-D)
Banana OG-23-27% (I-D)
Bruce Banner #3-23-29% (S-D)
Blue Wreck-24% (H)
Blue Moon Rocks-24% (I-D)
Black Ice-24% (I-D)
Blue Haze-24% (I-D)
Blue Hawaiian-24% (S-D)
Biscotti-25% (I-D)
Buffalo Bill-25-28% (S-D)
Billy Kimber-25-30% (I-D)
Brand X-25-28% (I-D)
Boss OG-26% (H)
Buddha Haze-26% (S-D)
Black Triangle-26% (I)
Blueberry OG-27% (I-D)
Bubba Kush 2.0-27% (I)
Brandywine-31% (I-D)
Bio-Jesus- (H)

Buddha Tahoe- (H)
Bert's Cookie Dough- (I-D)
Bubba's Bitch- (I-D)
Berkeley- (S)
Big Sur Holy Weed- (S-D)
Canna-Tsu-1% (H)
Cherry Wine-1% (H)
C3PO-1% (I-D)
CBD Kush-1-8% (H)
Colorado Chem-2% (H)
CBD OG-7-10% (I-D)
Critical Cure-7-11% (I-D)
Cannatonic-7-15% (H)
California Hash Plant-8-12% (I-D)
Citrus Sunshine Haze-10-12% (S-D)
Commerce City Kush-10-15% (I-D)
Cherry Cream Pie-10-18% (I)
Critical Sensi Star-11-19% (I-D)
Citradelic Sunset-12-16% (H)
Cannasutra-13-17% (I-D)
California Sour-13-20% (H)
Capers-14-19% (I-D)
Cheese Candy-14-19% (S-D)
Cactus Cooler-14-23% (S-D)
Cherry Moon Pie-15-16% (I-D)
Crunch Berry Kush-15-16% (I-D)
Candy Apple-15-18% (S-D)
Critical 47-15-18% (H)
Catfish-15-19% (S)
Caramella-15-20% (S-D)
Clementine's Terpentine-15-20% (H)
Comfortably Dumb-15-20% (I-D)
Caramel Kona Coffee Cookies-15-20% (I-D)
Cold Creek Kush-15-22% (I-D)
Conspiracy Kush-15-22% (I-D)
Cactus-15-24% (S-D)
Cherry Pie Kush-16-24% (I-D)
Chocolate Fondue-17% (S-D)
Cornbread-17% (I-D)
Casper OG-17-18% (I-D)
Clementine-17-19% (H)
Crown Royale-17-21% (I-D)
Cherry Bomb-17-24% (H)
Cherry Skunk-18% (I-D)
Critical Hog-18-19% ()
Cherries Jubilee-18-20% (I-D)
Congo-18-20% (S-D)
Chemo-18-21% (I)
Cherry Garcia-18-22% (H)
Citrus Sap-18-24% (S-D)
Cadillac Purple-18-27% (H)
Caligold-19% (H)
Critical Skunk-19% (H)
Cookie Wreck-19-20% (H)
California Sour Diesel-19-21% (H)
Critical Mass-19-22% (I-D)
CBD Critical Mass-19-22% (I-D)
Carmel Cough-20% (S-D)
Cotton Purple Chem-20% (H)
Chem Sis-20% (S-D)
Chloe-20-23% (S-D)
Crockett's Haze-20-23% (I-D)
Critical Purple Kush-20-23% (I-D)
Cataract Kush-20-24% (I)
Cannalope Kush-20-24% (I)
Critical Widow-20-27% (S-D)
Champagne Diesel-21% (S-D)
Cherry Sherbet-22% (I-D)
Crosswalker-22% (I-D)
Citral Glue-22-24% (I-D)
Chem Wreck-23% (S-D)
Cherry Thunderfuck-23% (I-D)
Capleton-23% (S-D)
Cherry Punch-23-24% (H)
Cascadia Kush-23-25% (I-D)
Chemdog #4 x Alien OG Kush-23-26% (S-D)
Cookie Jar-24% (I-D)
Crouching Tiger Hidden Alien-24-25% (I-D)
Critical Kush-25% (I-D)
Cherry Limeade-25-26% (H)
Chemnesia-25-32% (S-D)
Chem Scout-26% (H)
Cherry Blossom-27% (I-D)
Chocolate Mint OG-27% (I-D)
Chocolate Hashberry-28% (H)
Chem Cookies-30% (I-D)
CBD Shark- (CBD-10%) (I-D)
CBD Mango Haze-(CBD-12%) (S-D)
Charlotte's Web-(CBD-20%) (I-D)
Confidential Cheese- (H)
Critical Bilbo- (H)
Concord Cream- (I-D)

Chocolate Thunder- (S-D)
Chunky Diesel- (S-D)
Doctor Doctor-1-2% (S-D)
Divinia Obscura-1-5% (H)
Devil Fruit-4-6% (I-D)
Digweed-6-10% (I-D)
Dance World-11% (S-D)
Dutch Queen-13-18% (S-D)
Dynamite-14-24% (H)
Double Stuffed Sorbet-15-20% (I-D)
Dizzy OG-15-22% (H)
DJ Short Blueberry-15-22% (I-D)
Doc Holiday-15-23% (I-D)
Dawg's Waltz-16-19% (I-D)
Dutch Thunderfuck-16-20% (I-D)
Doc Holliday-15-23% (I-D)
Dutch Thunderfuck-16-20% (I-D)
Dairy Queen-17-20% (H)
Delahaze-18-20% (S-D)
Dragon OG-18-20% (S-D)
Dark Shadow Haze-18-22% (S-D)
Deep Purple-18-22% (I-D)
Dutch Treat Haze-18-25% (I-D)
Dark Star-19% (I)
Doug's Varin-19% (S)
Doobiebird Daydream-20% (H)
DoubleTap-20% (I-D)
Dakini Kush-20-21% (I-D)
Double OG-20-26% (I-D)
Duct Tape-23-25% (H)
Dreamcatcher-24-26% (I-D)
Disney Blue-24-28% (H)
Dancehall-25% (S-D)
Diesel Dough-25% (S-D)
Death Bubba-25-27% (I-D)
Dolato-26% (I-D)
Durban Cookies-26% (S-D)
Dogwalker OG-27% (I-D)
Dogwalker-27% (I-D)
Do-SI-Dos-28-30% (I-D)
Darkside OG-29-34% (I-D)
Dark Side of the Moon-29-34% (I-D)
Deep Sleep-32% (I-D)
Denver Maple- (I)
Dorit- (I-D)
Dr.Funk- (I-D)
Dream Star- (S-D)

Duke Nukem- (S-D)
Elektra-1% (H)
Elphinstone-10-15% (S-D)
Euphoria Cookies-12-18% (H)
Eugene Cream-14-16% (I-D)
El Nino-15% (I-D)
Eugene Cream-14-16% (I-D)
El Nino-15% (I-D)
Extreme Cream-15-20% (I-D)
Early Skunk-15-22% (I-D)
East Coast Alien-18-20% (S-D)
Electric Kool Aid-19-20% (S-D)
Elephant-19-22% (S-D)
El Chapo OG-19-23% (I-D)
Emerald Jack-20-24% (S-D)
Elvis-22% (S-D)
El Jefe-22-25% (I-D)
Erez-23% (I-D)
Enigma-24% (I-D)
Ebola #7-24-28% (I-D)
Emperor Cookie Dough-25-29% (I-D)
Extreme OG-26-30% (I-D)
Elmer's Glue-26-28% (H)
Frida-1% (I)
Frank's Gift-1-5% (S-D)
First Light-10-20% (I-D)
Funky Monkey-12% (H)
Forbidden Zkittlez-15-20% (I-D)
Fruity Chronic Juice-15-20% (I-D)
Foul Mouth-15-23% (I-D)
Frisian Dew-16-17% (H)
Future #1-17-24% (H)
Frankenstein-18-22% (I-D)
Frosty-19-22% (I-D)
Fire Haze-20% (S-D)
Face Off Bx2-20% (S-D)
Face Off OG Bx1-20% (H)
Formula One-20-22% (H)
Fire OG-20-25% (I-D)
Frostbite-21% (S-D)
Fortune Cookies-24% (S-D)
Freezeland-24% (H)
Flaming Cookies-24-25% (I-D)
Green Love Potion-11-12% (I-D)
Grape Kush-13-18% (I-D)
Grimmdica-14-16% (I-D)
Grape Valley Kush-15-18% (I-D)

Godzilla-15-18% (I)
Godzilla Glue-15-19% (H)
Goo-15-19% (I-D)
Grimace-15-19% (S-D)
Gorilla Biscuit-15-20% (I-D)
Green Poison-15-20% (I-D)
Great White Shark-15-21% (I-D)
Ghost Bubba-15-23% (I-D)
Green Crack CBD-15-25% (S-D)
Grand Doggy Purps-16-20% (I-D)
Grape Drink-18-19% (I-D)
Gooberry-18-20% (I-D)
Green Goddess-18-20% (S-D)
Georgia Pine-18-20% (H)
Godfather Purple Kush-18-21% (H)
Ganesh Berry-18-21% (I)
Green Avenger-18-22% (H)
Grape Inferno-18-23% (I-D)
Golden Tiger-18-24% (S-D)
Ghost OG-18-24% (I-D)
Galactic Jack-18-26% (S-D)
Ghost OG Moonshine-19-29% (H)
Gelato Cake-20% (I-D)
Green Crack-20% (S-D)
Grape Cookies-20% (I-D)
Glass Slipper-20% (H)
Gelato #33-20% (I-D)
Grand Hindu-20% (H)
Ghost Cookies-20% (I-D)
Green Line OG-20-29% (H)
Ginger Ale-20% (H)
Grape OX-20-24% (I-D)
Gorilla Zkittlez-20-24% (I-D)
Guava Chem-21% (H)
Gummo-21-22% (I-D)
Glazed Cherry-21-23% (H)
Godfather OG-22-25% (I-D)
Golden Lemon-23% (I-D)
Green Dream-23-24% (H)
Grandpa's Stash-23-24% (H)
Glue Tech-23-24% (I-D)
Grape Skunk-24% (I-D)
Gilz Nilz-25% (H)
Grease Monkey-25-27% (I-D)
Gobbilygoo-25-27% (I-D)
GG1-25-28% (I-D)
G13 Window-26% (I-D)

Gandalf OG-26-28% (I-D)
GG5-28% (I-D)
Gorilla Snacks-31% (H)
GG1-25-28% (I-D)
GG4-32% (I-D)
Gigabud- (I-D)
Grandpa's Breath- (I-D)
Gumbo- (I-D)
Gucci OG- (H)
Haleigh's Hope-1% (H)
Harley Storm-1% (S-D)
Harle-Tsu-1% (I-D)
Hawaiian Dream-3-12% (H)
Harmonia-5-10% (I-D)
Harlequin-7-15% (S-D)
Hurkle-10% (I-D)
Harlequin GDP-10-11% (S-D)
Haole-12-14% (I-D)
Holy Roller-12-19% (S-D)
Harry Potter-15-17% (H)
Hammerhead-15-20% (I-D)
Honey Boo Boo-15-21% (I)
Huckleberry-15-24% (H)
Huckleberry Cough-15-24% (H)
Hibiscus Sunrise-18-19% (I-D)
Hemlock-18-21% (H)
Hawaiian Cookies-18-21% (H)
Honey Bananas-18-22% (H)
Haze Heaven-18-22% (I-D)
Humdinger OG-18-28% (I-D)
Hollyweed-19-21% (I-D)
Happy Rancher-21-25% (H)
Hellfire OG-23-29% (H)
Holy Grail Kush-24% (I-D)
Hardcore OG-24-28% (I-D)
Headbanger-25% (S-D)
Herijuana-25% (I-D)
Hindu Sour-25% (I-D)
Han Solo Burger-26-30% (S-D)
Heavenly OG-27% (I-D)
Hell's OG-33% (I-D)
Holland's Hope- (I)
Johnny's Tonic-8-10% (S-D)
Jamaican-13-21% (S)
Jah Goo-14-18% (H)
Industrial Plant-14-23% (H)
Jack's Dream-15% (S-D)

Jungle Juice-15% (S-D)
Incredible Hulk-15-19% (S-D)
Jawa Pie-15-20% (I-D)
Irish Cream-16-17% (I-D)
Jorge's Diamond-16-22% (H)
Jack's Cleaner-18% (H)
Jack Widow-18% (I-D)
Jesus-18-19% (S-D)
I-95-19-20% (H)
Jacked-Up-19-23% (S-D)
Jack Diesel-19-25% (S-D)
Julius Caesar-20% (H)
Incredible Bulk-20-24% (I-D)
Jesus OG-21-25% (S-D)
Illuminati OG-22% (I-D)
Iced Grapefruit-22-24% (S-D)
Jager-23% (I-D)
Juicy Jack-24-25% (S-D)
Iron Triangle-25% (H)
Jedi Kush-25% (I)
Jungle Cake-30-33% (H)
Jimi Hendrix- (H)
Jenny Kush- (H)
Josh D OG- (I-D)
Ingrid-31% (I-D)
Juliet- (S-D)
Katsu-11% (I)
KC33-14-16% (I-D)
King Kong-14-19% (I-D)
Killer Grape-15-20% (H)
Kandy Kush-15-21% (H)
Killer Queen-16% (H)
Kilimnjaro-18% (S-D)
Karma OG-19-28% (I-D)
Kuchi-20-22% (I-D)
Katsu Bubba Kush-20-24% (I-D)
Kush Hemp-21% (H)
Kosher Tangie-21-24% (I-D)
Key Lime Pie-22% ()
Kid-N-Kookies-22% ()
Khufu-21-27% (I-D)
Kosher Kush-24-26% (I-D)
King Louis-23% (H)
Kosher Dawg-24-25% (H)
Khalifa's Kush-24-26% (I-D)
Kurple Fantasy-(1% CBD) (H)
Kiwi Skunk- (H)
Kong- (H)
Kushage- (S-D)
Lifter-1% (H)
Lemon Larry Lavender-14-18% (I-D)
Lucy-15-18% (H)
Limon-16-19% (S-D)
LA Woman-19% (H)
Lohan-19-25% (H)
Lake of Fire-20% (S-D)
Lavender Haze-20% (I-D)
Las Vegas Purple Kush Bx-20% (I-D)
Lost Sierra Night Nurse-20-24% (H)
Lemonberry-22% (S-D)
Love Triangle-22-23% (I-D)
Lemonhead OG-22-23% (S-D)
Legalized OG-22-24% (H)
Lime Sorbet-22-25% (I-D)
Lemon Banana Sherbet-22-27% (S-D)
LA Chocolat-22-28% (I-D)
Lemon G-23% (S-D)
Legend OG-24% (I-D)
LAPD-24-26% (H)
Lime Purple Mist-24-28% (I-D)
Love Potion #9-26% (I-D)
Larry OG-26% (H)
Lost Coast-26% (I-D)
Layer Cake-32% (I-D)
Lemon Sativa- (H)
Lotus Larry- (H)
Little Devil- (I-D)
Little Dragon- (S-D)
Mandala #1-1% (H)
Moondance-4% (S-D)
Mai Tai Cookies-8-14% (S-D)
Maui Bubble Gift-9% (H)
Medi Haze-9-13% (S-D)
Malawi Gold-9-13% (S)
Marcosus Marshmellow-10-14% (H)
Mendo Afgoo-13-18% (H)
Motavation-13-18% (I-D)
Ms. Universe-14% (H)
Mountain Girl x Grape Ape-14-16% (I-D)
MAC-14-20% (H)
Moose and Lobsta-15% (S-D)
Maui Haole-15-17% (H)
Margaret Cho G-15-18% (I-D)
Moloka'I Frost-15-20% (S-D)

Melon Gum-15-23% (I-D)
Mazar x Blueberry OG-15-23% (I-D)
Mercury OG-15-24% (H)
Medibud-17% (I-D)
Maui Citrus Punch-17% (S-D)
Master Yoda-17-20% (H)
Mazar Kush-17-20% (I-D)
Middlefork x Pineapple Express-17-20% (S-D)
Maple Leaf Indica-17-21% (I)
Mango Haze-17-23% (H)
Mother's Helper-17-25% (H)
Mint Chocolate Chip-18% (H)
MK Ultra-18% (I-D)
Mangolicious-18% (I-D)
Mendo Breath-19-20% (I-D)
Mission Kush-19-20% (S-D)
Mother of Berries-19-21% (I-D)
Mazari-19-25% (I)
Mammoth-20% (H)
Mazar I Sharif-20% (I-D)
Millenium-20% (I-D)
Mandarin Zkittlez-20-22% (I-D)
Money Maker-20-23% (I-D)
MTF-21% (H)
Monster Cookies-21% (I-D)
MCI-21-22% (H)
Mango Sapphire-21-23% (I-D)
Mickey Kush-22% (S-D)
Michel Phelps OG-22% (I-D)
Mt. Cook-22-23% (I-D)
Mad Scientist-22-24% (I-D)
Marmalade-23% (H)
Magnificent Mile-23-24% (I)
Medicine Woman-23% (S-D)
Mango Tango-23-25% (I-D)
Monolith-24% (I)
Mystery Jazz-25% (S)
Mag Landrace-25-30% (I)
Mandarin Dreams-25% (H)
Miss USA-27% (I-D)
Motorbreath-28% (I-D)
Moon Walk-31% (I-D)
Memory Loss-31% (S-D)
Monkey Bread #1-32-(I-D)
Nebula 2-5-7% (S-D)
Nordle-8% (H)

Northern Skunk-14% (H)
NYPD-15-24% (S-D)
Neptune Kush-17-19% (I)
Night Nurse-21% (I-D)
Narnia-21-22% (S-D)
Nuclear Cookies-21-22% (H)
Northern Lights #5 x 5-22-26% (I-D)
Nevil's Wreck-25% (S-D)
Nuken-25% (I-D)
Nukeheads-27-30% (H)
Nana's Fix-28% (S-D)
Northern Wreck-29% (I-D)
Northern Berry- (H)
North American Indica- (I)
Nexus OG- (I-D)
OCA Gold-10-16% (I-D)
Orange Skunk-12-16% (S-D)
Orange Cookies-12-18% (I-D)
Orient Express-13-16% (S-D)
Orange Wreck-14-19% (S-D)
Obama Kush-14-21% (I-D)
Ocean View-15-16% (S-D)
Orange Creamsicle-15-17% (I-D)
OG #18-16-21% (I-D)
OG Skunk-16-26% (S-D)
Ortega-17% (I)
Orange Blossom-17% (I-D)
Orangutang-17-21% (H)
Orange Afghani-18-19% (I-D)
OG Trainwreck-18-25% (S-D)
OG Strawberry-18-28% (I-D)
OG Sour Diesel-19-20% (H)
OG Chem-20% (S-D)
OG Shark-20% (H)
Oregon Pineapple-20% (I-D)
OJ Kush-20-30% (S-D)
Omega Dawg-25% (H)
Omega-26% (H)
Orange Kush Breath-27% (I-D)
Ogre Berry-28% (I-D)
OCA's Cloud 9-30% (S-D)
Orange Sherbert- (H)
Purple Star-7-13% (I)
Pennywise-8-15% (I-D)
Pure Afghan-12% (I)
Purple Alien OG-12-17% (I-D)
Phatty Frutty-12-22% (I-D)

Purple Maui-13-15% (S-D)
Pineapple Punch-13-15% (S-D)
Purple Tears-14-16% (H)
Purple Crack-14-19% (S-D)
Pure Love-14-19% (I-D)
Peaches and Cream-14-21% (S)
Purple Passion-15% (I-D)
Pez-15% (H)
Pineberry-15-18% (I-D)
Purple Dog Poop-15-20% (I-D)
Phantom Arrow-15-20% (I-D)
Prevention-15-20% (I-D)
Peanut Butter Souffle-15-23% (H)
Puna Buddaz-16% (I)
Panama Red-16-22% (S)
Pink Champagne-16-23% (I-D)
Pineapple Chunk-16-26% (H)
Purple Chemdawg-17% (I-D)
Pineapple Purps-17% (S-D)
Purple Rhino-17-20% (I)
Pink Lemonade-17-22% (I-D)
Purple Cheddar-17-25% (I-D)
Pinecone-18% (S-D)
Pink Sunset-18% (I-D)
Pinkman Goo-18-19% (I-D)
Pink Death Star-18-26% (I)
Platinum Cookies-18-26% (H)
Purple Rain-19% (H)
Paris OG-19% (I)
Purple Monkey Balls-19% (H)
Power Kush-19% (H)
Purple Animal Cookies-19-21% (I-D)
Purple Killer-19-21% (S-D)
Puna Budder-19-22% (H)
Peppermint Cookies-19-22% (I)
Pineapple Fields-19-23% (S-D)
Pokie-19-24% (I-D)
Pre-98 Bubba Kush-20% (I-D)
Pink Kush-20% (I-D)
Pineapple Jack-20% (H)
Peyote Cookies-20% (I-D)
Puck Yeah-20-22% (I-D)
Purple Paralysis-20-22% (S-D)
Purple Thai-20-23% (S-D)
Purple Hindu Kush-20-24% (I)
Papaya-20-25% (I-D)
Pineapple OG-20-26% (I-D)
Punxsy Punch-20-30% (I-D)
Pakistani Chitral Kush-21% (I)
Professor Chaos-21-24% (S-D)
Purple Bubba-21-25% (I)
Primus-21-27% (I-D)
Paradise Waits-21-29% (I-D)
Purple Berry-22% (I)
Purple Tangie-22% (S-D)
P-51-22-23% (I-D)
Pearl Scout Cookies-22-23% (I-D)
Purple Pie-22-24% (I-D)
Project Blue Book-22-26% (H)
Purple Glee-22-28% (I-D)
Purple People Eater-23-25% (I-D)
Paris XXX-24% (I-D)
Purple Arrow-24% (I-D)
Purple Panty Dropper-24% (I-D)
Purple Jack-25% (H)
Purple Elephant-25% (H)
Papa's OG-25% (I-D)
Papaya Cake-25-30% (I-D)
Pure Vida-26-30% (I-D)
Purple Widow-(CBD 1%) (I-D)
Purple AK-47-(2% CBD) (H)
Purple Headband- (H)
Pure Hashplant- (H)
Pineapple Upside Down Cake- (I-D)
Qush-12-18% (I-D)
Quin-N-Tonic-14-18% (I-D)
Qrazy Train-16-20% (H)
Ringo's Gift-1% (S-D)
Remedy-1% (I-D)
Red Dwarf-7-15% (I)
Rubicon-9% (H)
Rare Darkness #1-12-22% (I-D)
Red Widow-14-18% (H)
Race Fuel OG-15% (H)
Rene-15-18% (S-D)
Robert Plant-15-18% (S-D)
Rocky Mountain Blueberry-15-18% (I-D)
Romulan Haze-15-20% (S-D)
Royal Chemdawg-17-25% (I-D)
Rocklock-18-20% (I-D)
Raspberry Diesel-18-21% (S-D)
Redwood Kush-19-26% (I-D)
Runtz-19-29% (H)
Rainbow Chip-20-22% (H)

Ripped Bubba-22-26% (I-D)
Russian Assassin-23% (H)
Royal Kush-23-25% (I-D)
Remo Chemo-24% (I-D)
Road Dawg-26% (I-D)
Rug Burn OG-28% (I-D)
Redding OG- (H)
Stephen Hawking Kush-5% (I-D)
Serious 6-6% (H)
Star Tonic-9% (H)
Sour Tsunami-10% (H)
Strawberry Blondie-10-12% (I-D)
Sour Grape-10-18% (H)
Santa Maria-12-14% (S-D)
Snow Dog-13-18% (H)
Strawberry Sorbet-13-18% (I-D)
Sundae Driver-14-16% (H)
Special Kush #1-14-17% (I-D)
Strawberry Frost-14-19% (I-D)
Sherbert-14-19% (I-D)
Starbud-14-20% (I-D)
Sonic Screwdriver-15% (S-D)
Sour LSD-15% (S-D)
South Indian Sativa-15% (S)
Sinmint Cookies-15-16% (I-D)
Sour Breath-15-17% (S-D)
Sour Cookies-15-17% (S-D)
Sour Lemon-15-17% (S-D)
Skunk-15-19% (I-D)
Super Chronic-15-19% (I-D)
Strawberry Milkshake-15-20% (H)
Shark Attack-16% (I-D)
Space Needle-16-20% (S)
Strawberry Lemonade-16-22% (H)
Space Dawg-16-22% (I)
Space Cake-16-23% (I-D)
Serious Happiness-17-19% (H)
Skins Skunk-17-21% (I-D)
Snow Leopard-17-21% (I-D)
Sourlope-17-22% (S)
Sunshine Daydream-17-24% (I-D)
Super Sour Widow-18% (H)
Sugar Black Rose-18% (I-D)
Sweet Skunk-18-20% (H)
Skunk Dawg-18-22% (H)
Sour Sunset-18-24% (I-D)
Sour Headband-18-25% (S-D)
Strawberry OG-18-28% (I-D)
Satellite OG-19% (H)
Sirius Black-19% (I-D)
Skunk Berry-19% (H)
Skunk Haze-19% (S-D)
Sequoia Strawberry-19-22% (S-D)
Summer Breeze-19-23% (H)
Superman OG-19-23% (I-D)
SFV OG Kush-19-25% (I-D)
Sour Haze-19-26% (S)
Somango-20% (I-D)
Super Glue-20% (I-D)
Slazerbeam-20% (S-D)
Super Glue-20% (I-D)
Snow Mountain-20% (I-D)
Sweet Nina-20% (H)
Sweet Baby Jane-20% (I-D)
Sweet Pebbles-20% (H)
Straight A's Haze-20% (S-D)
Strawberry Ice-20-21% (H)
Secret Recipe-20-22% (S-D)
Sleeskunk-20-22% (S-D)
Strawberry Amnesia-20-22% (S-D)
Super Cookie-20-22% (H)
Super Lemon OG-20-22% (I-D)
Sour Joker-20-23% (S-D)
Strawberry Snow Cone-20-25% (S-D)
Salmon River OG-20-29% (I-D)
Shining Silver Haze-21% (S-D)
Sour Tangie-21-22% (S-D)
Silverback Gorilla-21-27% (I-D)
Sour Poison-22% (S-D)
Scooby Snacks-22% (H)
Sour Amnesia-22% (S-D)
Supernatural-22% (S-D)
Sour Power OG-22-24% (I-D)
Super Sour OG-22-24% (S-D)
Sweeties-22-24% (I-D)
Scott's OG-22-26% (I-D)
Snoop Dogg OG-22-28% (I-D)
Supermax OG-23% (I-D)
Super Girl-23% (I-D)
Satori-23-28% (H)
Snow White-24% (I-D)
Sugar Pine-24% (S-D)
Space Cream-24% (I-D)
Silver Tip-24-28% (S-D)

Sunshine #4-25% (H)
Supernova-25% (I-D)
Snow Bud-25% (H)
Sour Pebbles-25% (H)
Sugar Plum-25% (S-D)
Sky Lotus-25-30% (I-D)
Snoop's Dream-26% (H)
Star Killer-26% (I-D)
SFV Dog-26-28% (H)
Snowball-26-30% (I-D)
Shiatsu Kush- (H)
Swiss Gold- (H)
Stinky Pete- (H)
South Asian Indica- (I)
Swiss Indica- (I)
Sputnik- (S-D)
The Wife-1% (H)
Thunderstruck-1-2% (S-D)
TJ's CBD-6-8% (H)
The Big Dirty-10-13% (H)
Tree of Life-14-18% (S-D)
The Blood-15% (S)
Thunderbird Rose-15% (S-D)
The Sauce-15-16% (S-D)
The One-15-17% (H)
The Cough-15-19% (S-D)
The Doctor-17-18% (S-D)
Trash-17-19% (I-D)
Tangie Ghost Train-15-20% (S-D)
Tuna Kush-16-18% (I-D)
Tora Bora-17-22% (I)
Tangerine Trainwreck Haze-17-23% (S-D)
Thai Girl-18-25% (S-D)
The Ox-19-20% (I-D)
Tina-19-22% (I-D)
Tangie Cookies-19-22% (H)
The Black-20% (I-D)
Tahoe OG-20% (I-D)
Tina Danza-20% (H)
Triangle Kush-20% (I-D)
Truffle Butter-20-21% (I-D)
THC Bomb-20-22% (H)
The Grunk-20-24% (S-D)
Thai-20-24% (S)
Tangelo-21% (S-D)
Thai Haze-21% (S-D)
Tyson-21% (I)
Tangerine-22% (H)
Tangie Biscotti-22-28% (H)
The Vision-23-24% (I-D)
Tahoe Alien-24% (I-D)
Thin Mint GSC-24% (H)
Tillamook Strawberry-25-26% (S-D)
Tahoe Hydro OG-26-30% (I-D)
Trap Star-27% (I-D)
Time Wreck-27% (S-D)
Three Blue Kings-32% (H)
Tiger's Milk- (H)
Tangie Sunrise- (S-D)
UW Purple-19-21% (I-D)
Ultra Sour-20% (S-D)
Urkle Train Haze-22-23% (H)
Valentine X-1% (H)
VCDC-1% (I-D)
Violet Delight-12% (H)
Versace-15-25% (S-D)
Velvet Purps-16% (S-D)
Velvet Bud-16% (S-D)
Venom OG-18-25% (I-D)
Vader OG-18-25% (I-D)
Violator Kush-19-23% (I-D)
Viper-20% (S-D)
Vanilla Gorilla-25% (I-D)
White Bubblegum-12-18% (I-D)
Wabanaki-13-18% (S-D)
Wedding Crasher-13-21% (S-D)
Wreckage-14-18% (H)
Wookie-15-17% (I-D)
Walker Kush-15-18% (I-D)
White Buffalo-15-20% (S-D)
White Cookies-15-20% (I-D)
Wet Dream-15-22% (S-D)
White Cherry Truffle-15-25% (I-D)
Wonder Woman-16-18% (S-D)
Wappa-18-19% (I-D)
Willy Wonka-18-24% (S-D)
White Lavender-19% (H)
White Nightmare-19-20% (S-D)
White Lotus-20% (H)
White Smurf-20% (H)
Wonka's Bubblicious-20% (S-D)
White Diesel-20-22% (I-D)
Walter White-21% (S-D)
White Dragon-22% (I)

White Coast Dawg-22% (I-D)
Wifi 43-22-28% (S-D)
Wild Thailand-23% (S)
WSU-23-24% (I)
White Dream-24% (H)
White Gorilla-25% (I-D)
White Kryptonite-25% (H)
White Slipper-25% (S-D)
White Fire Alien OG-26% (I-D)
White Knight-26% (I)
White Tahoe Cookies-29% (I-D)
White Tygh Dream-34% (I)
Whitaker Blues- (H)
Whitewalker OG- (H)
Washing Machine- (I-D)
XXX OG-12-20% (I-D)
X-Files-21% (H)

X-Wing-25-26% (I-D)
Yogi Diesel-19-25% (S-D)
Yeti OG-20% (I-D)
Yumboldt-24% (I)
Y-Griega-28% (S-D)
Zoom Pie-18-24% (i-D)
Zeus OG-20-25% (I)
Zookies-23-25% (H)
3D-6-8% (S-D)
8 Ball Kush-8% (I)
3 Bears OG-10-20% (I-D)
3 Kings-14% (S-D)
24 K Gold-18-24% (I-D)
818 OG-20% (I-D)
91 Krypt-20% (I-D)
9lb Hammer-24-29% (H)
1024-(4%-CBD) (S-D)

INFLAMMATION THC % L-H

Argyle-1% (I-D)
Athabasca-1% (I-D)
Avi-Dekel-1% (I-D)
Astral Works-5% (H)
Afghani CBD-6-8% (I)
Aliens on Moonshine-7-9% (I-D)
American Dream-12-18% (I-D)
Aurora Indica-14-19% (I-D)
Alien Dawg-14-21% (I-D)
Alien Stardawg-14-23% (S-D)
Afghan Widow-15% (H)
Alien Rock Candy-15-19% (I-D)
Alien Apparition-15-20% (I-D)
Ash-15-20% (I-D)
Afghan Haze-15-21% (I-D)
Alice In Wonderland-15-23% (S-D)
Agent Tangie-16-18% (S-D)
Arctic Blue-16-21% (I-D)
Appalachia-18% (H)
Afternoon Delight-18-20% (S-D)
American Kush-18-20% (I-D)
Animal Face-18-26% (S-D)
Angel OG-19% (I-D)
Alpha Express-19-21% (S-D)
AK OG Kush-19-24% (I-D)
ACDC-20% (S-D)
Anonymous OG-20% (I-D)

Apple Jack-20% (H)
Arjan's Ultra Haze #1-20-21% (S-D)
Alien Hallucination-20-24% (H)
Alien Abduction-20-29% (I-D)
Alien Cookies-21% (H)
Ayahuasca Purple-21% (I-D)
Alien Walker-22% (I-D)
Allen Iverson OG-22% (I-D)
A-Dub-25-28% (I-D)
Atomic-26% (I-D)
Alien Dutchess-26-28% (S-D)
Alien Rift-27% (I-D)
Alien Reunion- (H)
Aspen OG- (S-D)
Bediol-5-6% (S-D)
Blue Jay Way-6-8% (H)
Blue Blood-10% (H)
Blue Dream CBD-11% (S-D)
Black Dahlia-12% (I-D)
Bloo's Kloos-12-15% (I-D)
BC Big Bud-12-16% (S-D)
Blueberry Jack-12-16% (H)
Blue Widow-12-17% (H)
Black Cherry OG-12-18% (H)
Blizzard Bush-13% (H)
Blue OG-13-18% (I-D)
Booger-13-18% (H)

BB King-14-16% (I-D)
Bedica-14-17% (I-D)
Blackberry Bubble-14-20% (I-D)
Black Tuna-14-20% (H)
Blood Orange Kush-15% (I-D)
Blueberry Yum Yum-15% (H)
Blurple-15-17% (H)
Bertberry Cheesecake-15-18% (S-D)
Barbara Bud-15-19% (I-D)
Blueberry Pie-15-19% (H)
Bog Bubble-15-19% (H)
Blue Afghani-15-19% (I-D)
Berry Bomb-15-20% (I-D)
Blue Nina-15-20% (H)
Bubblicious-15-20% (H)
Buckeye Purple-15-20% (I-D)
Bull Rider-15-23% (S-D)
Blue Cinex-15-25% (S-D)
Bakerstreet-16-19% (I)
Blackberry Lime Haze-16-19% (S-D)
Banana Peel-16-20% (H)
Blue Magoo-16-22% (I-D)
Blueberry OG-16-24% (I-D)
Big Sky OG-17% (H)
Black Magic-17% (I-D)
Boss Hog-17% (H)
Bordello-18% (I-D)
Blue Velvet-18-20% (H)
Blue Bayou-18-22% (S)
Batgirl-18-24% (S-D)
Black Diamond-18-24% (I-D)
Black Betty-18-26% (H)
Black Lime-19% (I-D)
Black Water-19% (I-D)
Blueberry Bomb-19% (I-D)
Blueberry Cookies-19-20% (I-D)
Black Lotus-19-25% (I-D)
Bedford Glue-20% (H)
Berry Noir-20% (H)
Black Rose-20% (I-D)
Blaze-20% (S)
Blueberry Pancakes-20% (I-D)
Blue God-20% (I)
Blue Zkittlez-20% (I-D)
Bio Chem-20-25% (I-D)
Bootylicious-20-30% (H)
Balmoral-21% (H)
Blucifer-21-22% (S-D)
Black Afghan-22% (I-D)
Blueberry Silvertip-22% (H)
Blue Frost-22% (I-D)
Banana Splits-22-25% (S-D)
Birds of Paradise-22-25% (S-D)
Bubba Doja-22-25% (I-D)
Bugatti-22-25% (H)
Blackberry Fire-23% (I-D)
Blue Sky-23% (I-D)
Banana OG-23-27% (I-D)
Banana Candy-24% (I)
Birthday Cake-24% (H)
Blue Haze-24% (I-D)
Blob OG-24-28% (S-D)
Batman OG-25% (I-D)
Bell Ringer-25% (I-D)
Blackberry Cream-25% (I-D)
Blue Cookies-25-28% (I-D)
Brand X-25-28% (I-D)
Boss OG-26% (H)
Brandywine-31% (I-D)
Blissful Wizard-32-34% (H)
Brownie Scout-38% (I-D)
Bio-Jesus- (H)
Beastmode OG- (I-D)
Beastmode 2.0- (I-D)
Blue Lights- (I-D)
C3PO-1% (I-D)
Canna-Tsu-1% (H)
Cherry Wine-1% (H)
CBD Kush-1-8% (H)
Colorado Chem-2% (H)
Cashus Clay-6-7% (I-D)
CBD Blue Shark-6-8% (I-D)
CBD OG-7-10% (I-D)
Critical Cure-7-11% (I-D)
Cannatonic-7-15% (H)
California Hash Plant-8-12% (I-D)
CBD Shark-10% (I-D)
Cherry Mender-10-18% (I-D)
Clementine Kush-10-20% (S-D)
Cowboy Kush-10-20% (I-D)
Critical Sensi Star-11-19% (I-D)
Chocolate Thai-12-16% (H)
Chardonnay-12-18% (I-D)
Cannasutra-13-17% (I-D)

Capers-14-19% (I-D)
Cactus Cooler-14-23% (S-D)
Chemdog #4 x Alien OG Kush-14-23% (H)
Colombian Mojito-15% (S-D)
Crunch Berry Kush-15-16% (I-D)
Critical 47-15-18% (H)
Candy Cane-15-20% (I-D)
Cluster Bomb-15-20% (H)
Cronuts-15-20% (I-D)
Cold Creek Kush-15-22% (I-D)
Conspiracy Kush-15-22% (I-D)
Cactus-15-24% (S-D)
Cookies and Dream-15-24% (S-D)
Cornbread-17% (I-D)
Casper OG-17-18% (I-D)
Cookie Monster-17-21% (I)
Crown Royale-17-21% (I-D)
Corleone Kush The Don Cut-18% (H)
Cherry Skunk-18% (I-D)
Cuvee-18-19% (I-D)
Chronic Thunder-18-20% (I-D)
Chemo-18-21% (I)
Cherry Garcia-18-22% (H)
Citrus Sap-18-24% (S-D)
Cadillac Purple-18-27% (H)
Cali Gold-19% (H)
Critical Cheese-19% (H)
California Sour Diesel-19-21% (H)
CBD Critical Mass-19-22% (I-D)
Cherry Cola-19-22% (H)
Critical Mass-19-22% (I-D)
Cali Dragon-19-29% (I-D)
Cotton Purple Chem-20% (H)
Chloe-20-23% (S-D)
Critical Purple Kush-20-23% (I-D)
Cataract Kush-20-24% (I)
Critical Widow-20-27% (S-D)
Champagne Diesel-21% (S-D)
Crazy Miss Hyde-21% (I-D)
Cannalope Kush-21-25% (S-D)
Cital Glue-22-24% (I-D)
Chem Valley Kush-23% (S-D)
Chemwreck-23% (S-D)
Crown OG-23-25% (I)
Captain America OG-24% (H)
Crouching Tiger Hidden Alien-24-25% (I-D)
Critical Kush-25% (I-D)
Cherry Limeade-25-26% (H)
Chocolate Diesel-25-30% (S-D)
Chemnesia-25-32% (S-D)
Chem Scout-26% (H)
Cirrus-26% (S-D)
Carpet Tape-27% (H)
Chem Jack-27% (S-D)
Chocolate Hashberry-28% (H)
Chocolate Lava-28-30% (H)
Chem Cookies-30% (I-D)
Critical Bilbo- (H)
Crypt- (H)
Citrus Kush- (I-D)
Chocolate Thunder- (S-D)
Chunky Diesel- (S-D)
CBD Mango Haze-(CBD-12%) (S-D)
Charlotte's Web-(CBD-20%) (I-D)
Dancehall-1% (S-D)
Deadlights-1-2% (S-D)
Doctor Doctor-1-2% (S-D)
Divinia Obscura-1-5% (H)
Digweed-6-10% (I-D)
Dance World-11% (S-D)
Double Purple Doja-12-17% (H)
Diesel Tonic-12-21% (S-D)
Donna OG-13-18% (H)
Dream Police-14-18% (H)
Dynamite-14-24% (H)
Dark Blue Dream-15% (H)
Dream Lotus-15-19% (H)
DJ Short Blueberry-15-22% (I-D)
Dank Commander-15-24% (I-D)
Dawg's Waltz-16-19% (I-D)
Dream Berry-16-20% (I-D)
Durga Mata-16-20% (I)
Dutch Thunder Fuck-16-20% (I-D)
Damn Sour-17-22% (S-D)
Devil's Tit-18% (S-D)
Double Dutch-18% (I-D)
Drizella-18-20% (S-D)
Deep Purple-18-22% (I-D)
Doug's Varin-19% (S)
Double Stuffed Sorbet-19-20% (I-D)
Dark Side of the Moon-19-23% (I-D)
Dutch Treat Haze-19-27% (I-D)
Doobiebird Daydream-20% (H)

Double Barrel OG-20% (H)
Double Tap-20% (I-D)
Dakini Kush-20-21% (I-D)
Doox-20-21% (S-D)
Dr. Who-23% (I-D)
Dank Schrader-23-25% (I-D)
Duct Tape-23-25% (H)
Dreamcatcher-24-26% (I-D)
Don Carlos-24-28% (I-D)
Deadhead OG-25% (S-D)
Diesel Dough-25% (S-D)
Dragon Fruit-25% (H)
Dutch Kush-25% (I-D)
Death Bubba-25-27% (I-D)
Dragon Punch-25-30% (H)
Dolato-26% (I-D)
Durban Cookies-26% (S-D)
Donkey Butter-27% (I-D)
Do-Si-Dos-28-30% (I-D)
Deep Sleep-32% (I-D)
Denver Maple- (I)
Diamond Valley Kush- (I-D)
Dorit- (I-D)
Dr. Funk- (I-D)
Elektra-1% (H)
El-Na-8% (I-D)
Euphoria Cookies-12-18% (H)
Eugene Cream-14-16% (I-D)
Electric Lemonade-15-16% (S-D)
Easy Peezy-15-18% (H)
Ecto Cooler-15-20% (S-D)
Extreme Cream-15-20% (I-D)
East Coast Alien-18-20% (S-D)
El Chapo OG-19-23% (I-D)
Elvis-22% (S-D)
Eran Almog-22-26% (I-D)
Erez-23% (I-D)
Enigma-24% (I-D)
Eleven Roses-24-25% (I-D)
Emperor Cookie Dough-25-29% (I-D)
Elmer's Glue-26-28% (H)
Frida-1% (I)
Frank's Gift-1-5% (S-D)
Fast Eddy-10-15% (S-D)
Flo Walker-11-15% (H)
Funky Monkey-12% (H)
Faygo Red Pop-13-17% (H)
Fucking Incredible-13-20% (I)
Forbidden Zkittlez-15-20% (I-D)
Foul Mouth-15-23% (I-D)
Full Moon-15-24% (S)
Frisian Dew-16-17% (H)
Future-17-24% (H)
Fire Alien Kush-19-20% (S-D)
Face Off OG-20% (H)
Four Cups-20% (I-D)
Flo Limone-20-23% (S-D)
Frost Bite-21% (S-D)
Funfetti-22-27% (I-D)
Fortune Cookies-24% (S-D)
Flaming Cookies-24-25% (I-D)
FLO OG-25-30% (I-D)
First 48-29% (S-D)
False Teeth- (I-D)
Green Love Potion-11-12% (I-D)
G.O.A.T.-12-15% (S-D)
Ghost Rider OG-12-22% (H)
Green Cheese-13-15% (H)
Guava Gelato-13-18% (H)
Gobbstopper-14-16% (H)
God Bud-14-22% (H)
Good Medicine-15% (S-D)
Godzilla-15-18% (I)
Grape Valley Kush-15-18% (I-D)
Goo-15-19% (I-D)
Golden Panda-15-20% (S-D)
Gorilla Biscuit-15-20% (I-D)
Grandma Anderson Cookies-15-20% (I-D)
Green Poison-15-20% (I-D)
Ghost Bubba-15-23% (I-D)
Green Crack CBD-15-25% (S-D)
Glad Max-16% (H)
Grand Doggy Purps-16-20% (I-D)
God's Bubba-16-25% (I-D)
Grandpa Larry OG-18-19% (I-D)
Gooberry-18-20% (I-D)
Georgia Pine-18-20% (H)
Green Goddess-18-20% (S-D)
Ganesh Berry-18-21% (I)
Godfather Purple Kush-18-21% (H)
God's Treat-18-22% (H)
Green Avenger-18-22% (H)
Grape Inferno-18-23% (I-D)
Golden Nugget-18-24% (I-D)

Ghost OG Moonshine-19-29% (H)
Gas Mask-20% (I-D)
Gelato #33-20% (I-D)
Ghost Cookies-20% (I-D)
Ginger Ale-20% (H)
Glass Slipper-20% (H)
Grand Hindu-20% (H)
Grape Cookies-20% (I-D)
Goji Diesel-20-24% (H)
GMO Cookies-20-24% (I-D)
Grape Ox-20-24% (I-D)
Gary Peyton-20-25% (H)
Green Line OG-20-29% (H)
Gorilla Cookies-21% (S-D)
Guava Chem-21% (H)
Gummo-21-22% (I-D)
God's Green Crack-22-25% (I-D)
Grndpa's Stash-23-24% (H)
Go Time-24-25% (S-D)
Gilz Nilz-25% (H)
Glueball-25-26% (I-D)
Gobbilygoo-25-27% (I-D)
Gorilla Breath-25-27% (I-D)
Grease Monkey-25-27% (I-D)
G13 Widow-26% (I-D)
Gandalf OG-26-28% (I-D)
Ghost Train Haze-27% (S-D)
Golden Tangie-27% (S-D)
Garanimals-27-29% (I-D)
Granola Funk-27% (H)
GG5-28% (I-D)
Gorilla Grapes-28% (I-D)
Gorilla Snacks-31% (H)
GG4-32% (I-D)
Gog & Magog- (H)
Gigabud- (I-D)
Grandpa's Breath- (I-D)
Gumbo- (I-D)
Haleigh's Hope-1% (H)
Harle-Tsu-1% (I-D)
Harley Storm-1% (S-D)
Haoma-3-6% (I-D)
Hawaiian Dream-3-12% (H)
Harmonia-5-10% (I-D)
Harlequin-7-15% (S-D)
Haoma Mist-10% (H)
Hurkle-10% (I-D)
Harlequin GDP-10-11% (S-D)
Haole-12-14% (I-D)
Holy Roller-12-19% (S-D)
Hurricane-12-19% (S-D)
Hulkamania-15-16% (I-D)
Harry Potter-15-17% (H)
Hammerhead-15-20% (I-D)
Honey Rock-15-20% (I-D)
Honey Boo Boo-15-21% (I)
High School Sweetheart-15-23% (H)
Harmony-16% (H)
High Noon Irish Cream-16-17% (I-D)
Hibiscus Sunrise-18-19% (I-D)
Hemlock-18-21% (H)
Hercules-18-21% (S-D)
Haze Heaven-18-22% (I-D)
Honey Bananas-18-22% (H)
Humdinger OG-18-28% (I-D)
Hustler Kush-19% (I-D)
Highwayman-19-21% (H)
Huckleberry Diesel-19-25% (I-D)
Head Cheese-19-28% (S-D)
Haze Berry-20% (S-D)
Happy Rancher-21-25% (H)
Hellfire OG-23-29% (H)
Holy Grail Kush-24% (I-D)
Headbanger-25% (S-D)
Herijuanas-25% (I-D)
Hell's OG-33% (I-D)
Hashberry- (H)
Hawaiian Mayan Gold- (S-D)
In The Pines-6-7% (S-D)
Ice Cream Man-16% (I-D)
Irish Cream-16-17% (I-D)
Iced Widow-18-20% (I-D)
Inzane In The Membrane-18-28% (S-D)
Incredible Bulk-20-24% (I-D)
IG Kush-20-25% (H)
Illuminati OG-22% (I-D)
Ingrid-31% (I-D)
Johnny's Tonic-8-10% (S-D)
Jamaican Lion-9-18% (H)
Jack Burton-10-14% (I-D)
Jesse's Girl-12-17% (I-D)
Jasmine-14-16% (I-D)
Jah Goo-14-18% (H)
Jack's Dream-15% (S-D)

Jawa Pie-15-20% (I-D)
Jorge's Diamond-16-22% (H)
Jet Fuel-17-19% (S-D)
Jack's Cleaner-18% (H)
Jesus-18-19% (S-D)
Jack Kush-19% (H)
Jack Diesel-19-23% (S-D)
Julius Caesar-20% (H)
Jungle Scout Cookies-20-25% (I-D)
Jager-23% (I-D)
Jacky White- (S-D)
Katsu-11% (I)
Kraken-10-15% (I-D)
KT Dawg-10-15% (H)
KC 33-14-16% (I-D)
Kushadelic-16-18% (H)
Kiss-17-24% (I-D)
Kilimanjaro-18% (S-D)
Ken's Kush-18-20% (I-D)
Kali 47-19% (S-D)
King's Kush-19-27% (I-D)
Karma OG-19-28% (I-D)
Kush Hmp-21% (H)
Kosher Tangie-21-24% (I-D)
Khufu-21-27% (I-D)
KO Kush-20-22% (H)
Kerosine-22-25% (S-D)
Kosher Kush-22-25% (I)
King Thunder Fuck-23-29% (H)
Kosher Dawg-24-25% (H)
Khalifa Kush-24-26% (I-D)
Kush Cleaner-26% (H)
Kimbo Kush-27% (I-D)
Kashmir Kush- (H)
Kobain Kush- (H)
Kong- (H)
Kushage- (S-D)
LAK Federal Reserve-10-20% (I-D)
Lions Gate-12-16% (I)
Lavender Jones-14-17% (S-D)
Larry Bird-14-18% (H)
Lucy-15-18% (H)
Lambo OG-15-21% (S-D)
Lemon Fire-15-24% (I-D)
Limon-16-19% (S-D)
Lime Skunk-17% (H)
LA Kookies-18-24% (H)
Loopy Fruit-18-25% (H)
LA Kush-19-21% (I-D)
Lemon Kush Headband-19-23% (S-D)
Lemon Zest-19-24% (S-D)
Longbottom Leaf-19-24% (S-D)
LA Cake-19-26% (H)
Lake of Fire-20% (S-D)
Laughing Gas-20% (S-D)
Lavender Haze-20% (I-D)
L'Eagle Eagle-20% (S-D)
Lemon Thai Kush-20% (H)
Lime Tart-20% (I-D)
LA Blanca Gold-20-21% (S-D)
Lilac Diesel-20-21% (H)
LA Nina-20-22% (S-D)
Lion's Milk-20-24% (I-D)
Lost Sierra Night Nurse-20-24% (H)
Lemon Tree-20-25% (H)
Lemon Cookies-21-28% (H)
Lemonberry-22% (S-D)
Lemonhead OG-22-23% (S-D)
Love Triangle-22-23% (I-D)
Legalized OG-22-24% (H)
Lime Sorbet-22-25% (I-D)
LA Chocolat-22-28% (I-D)
Lemon G-23% (S-D)
Legend OG-24% (I-D)
Light of Jah-24-26% (S-D)
Lemon Berry Candy OG-25% (H)
Limoncello-25% (S-D)
Lost Coast-26% (I-D)
Love Potion #9-26% (I-D)
LA Ultra-30% (I-D)
Loud Dream- (H)
Little Devil- (I-D)
Little Dragon- (S-D)
Mandala #1-1% (H)
Mystery 98-1-2% (I-D)
Moondance-4% (S-D)
Mai Tai Cookies-8-14% (S-D)
Maui Bubble Gift-9% (H)
Malawi Gold-9-13% (S)
Medihaze-9-13% (S-D)
Moloka'i Purps-10% (I)
Misty Morning-10% (I-D)
Midnight-11% (S-D)
Mendo Afgoo-13-18% (H)

Motavation-13-18% (I-D)
Mountain Girl-14-16% (I-D)
Mother Tongue-14-18% (S-D)
MAC-14-20% (H)
Maramota #10-15% (I-D)
Moose and Lobsta-15% (S-D)
Maui Haole-15-17% (H)
Monkey Paw-15-17% (S-D)
Margaret Cho-G-15-18% (I-D)
Moloka'I Frost-15-20% (S-D)
Murkle-15-20% (I-D)
Melon Gum-15-23% (I-D)
Mercury OG-15-24% (H)
Maui Mango Diesel-16-20% (S-D)
Maui Citrus Punch-17% (S-D)
Medibud-17% (I-D)
Mazar Kush-17-20% (I-D)
Middlefork x Pineapple Express-17-20% (S-D)
Mango Haze-17-23% (H)
Mother's Finest-18-19% (S-D)
Mag 91-19% (I-D)
Mendo Breath-19-20% (I-D)
MILF-19-20% (S-D)
Martian Candy-19-21% (I-D)
Mother of Berries-19-21% (I-D)
Mandarin Cookies-19-26% (S-D)
Mammoth-20% (H)
Mazar I Sharif-20% (I-D)
Mandarin Kush-20-21% (I-D)
Mandarin Zkittlez-20-22% (I-D)
Money Maker-20-23% (I-D)
More Cowbell-20-23% (I-D)
Moonshine Haze-20-24% (S-D)
Mighty Glue-21% (I-D)
Monster Cookies-21% (I-D)
MTF-21% (H)
MCI-21-22% (H)
Mango Sapphire-21-23% (I-D)
Mochi-21-29% (H)
Michael Phelps OG-22% (I-D)
Mickey Kush-22% (S-D)
Mt. Cook-22-23% (I-D)
Marmalade-23% (H)
Medicine Woman-23% (S-D)
Magnificent Mile-23-24% (I)
Monolith-24% (I)
Mandarin Dreams-25% (H)
Mag Landrace-25-30% (I)
Motorbreath-28% (I-D)
Monkey Bread #1-32% (I-D)
Moon Cookies-33-34% (I-D)
Manitoba Poison- (H)
Mango Habanero- (I-D)
Morning Glory- (S-D)
Nebula 2-5-7% (S-D)
Nordle-8% (H)
Negra 44-11% (I-D)
Nova-12-15% (I-D)
Northern Skunk-14% (H)
NY Cheese-14-15% (S-D)
Ninja Fruit-14-16% (H)
Nepalese-14-17% (S)
Northern Hashplant-15-22% (I-D)
NYPD-15-24% (S-D)
Night Terror-18-21% (I-D)
Night Nurse-21% (I-D)
Nuclear Cookies-21-22% (H)
Nurse Jackie-21-24% (S-D)
Neptune OG-23% (H)
Nicole Kush-24% (I-D)
Northwest Pineapple-24-25% (I-D)
Nevil's Wreck-25% (S-D)
Nuken-25% (I-D)
Nana's Fix-28% (S-D)
Northern Wreck-29% (I-D)
Northern Berry- (H)
North American Indica- (I)
OCA Gold-10-16% (I-D)
Orange Wreck-14-19% (S-D)
Obama Skunk-15-16% (H)
Orange Creamsicle-15-17% (I-D)
OG #18-16-21% (I-D)
OG Skunk-16-26% (S-D)
Orange Blossom-17% (I-D)
OG's Pearl-17-26% (I-D)
Orange Afghani-18-19% (I-D)
Orange Velvet-18-22% (H)
OG 1 Kenobi-18-23% (I-D)
OG Trainwreck-18-25% (S-D)
OG Strawberry-18-28% (I-D)
OG Chem-20% (S-D)
OG Glue Sniffer-20% (H)
Outer Space-20% (H)

Omega-26% (H)
OGKB-27% (I-D)
OG Ringo-28% (I-D)
OG Sour Diesel-30% (I-D)
Orange Sherbert- (H)
Palm Tree CBD-5-7% (I-D)
Purple Voodoo-7% (H)
Purple Star-7-13% (I)
Pennywise-8-15% (I-D)
Pink Hawaiian-13-19% (S-D)
Purple Tears-14-16% (H)
Predator Pink-14-17% (I-D)
Pure Love-14-19% (I-D)
Pineberry-15-18% (I-D)
Pineapple Skunk-15-19% (I-D)
Phantom Arrow-15-20% (I-D)
Phantom Cookies-15-21% (S-D)
Puna Buddaz-16% (I)
Punky Lion-16-19% (I)
Purple Cotton Candy-16-19% (I-D)
Pink Champagne-16-23% (I-D)
Pineapple Purps-17% (S-D)
Purple Chemdawg-17% (I-D)
Purple Rhino-17-20% (I)
Purple Cheddar-17-25% (I-D)
Pine Cone-18% (S-D)
Pinkman Goo-18-19% (I-D)
Purple Punch-18-20% (I-D)
Powderhound-18-22% (S-D)
Pink Sunset-18-24% (I-D)
Platinum Cookies-18-26% (H)
Paris OG-19% (I)
Purple Monkey Balls-19% (H)
Purple Animal Cookies-19-21% (I-D)
Purple Killer-19-21% (S-D)
Peppermint Cookies-19-22% (I)
Puna Budder-19-22% (H)
Purple Swish-19-22% (I-D)
Pineapple Fields-19-23% (S-D)
Pagoda-20% (S-D)
Pan Jam-20% (S-D)
Peanut Butter Souffle-20% (I-D)
Peyote Cookies-20% (I-D)
Pineapple Jack-20% (H)
Pink Kush-20% (I-D)
Platinum Huckleberry Cookies-20% (I-D)
Pre-98 Bubba Kush-20% (I-D)
Petrovia Headstash-20-22% (I)
Puck Yeah-20-22% (I-D)
Purple Paralysis-20-22% (S-D)
Purple Thai-20-23% (S-D)
Pink Panties-20-24% (I-D)
Papaya-20-25% (I-D)
Purple Unicorn-20-25% (H)
Punxsy Punch-20-30% (I-D)
Pakistani Chitral Kush-21% (I)
Pinot Green-21% (S-D)
Pluto Kush-21% (H)
Professor Chaos-21-24% (S-D)
Purple Bubba-21-25% (I)
Primus-21-27% (I-D)
Paradise Waits-21-29% (I-D)
P-91-22% (H)
Purple Berry-22% (I)
Purple Tangie-22% (S-D)
Pearl Scout Cookies-22-23% (I-D)
Project Blue Book-22-26% (H)
Purple Glue-22-28% (I-D)
Purple Panty Dropper-24% (I-D)
Pie Hoe-24-28% (I-D)
Papa's OG-25% (I-D)
Pure Vida-26-30% (I-D)
Pheno 51-28% (H)
Platinum Calyx- (H)
Pineapple Upside Down Cake- (I-D)
Purple Widow-(CBD-1%) (I-D)
Purple AK-47-(CBD-2%) (H)
Quin-N-Tonic-14-18% (I-D)
Qrazy Train-16-20% (H)
Quantum Kush-27% (S-D)
R-4-1% (H)
Remedy-1% (I-D)
Ringo's Gift-1% (S-D)
Rubicon-9% (H)
Rose Bud-10-14% (I-D)
Rare Darkness-12-22% (I-D)
Rainbow Jones-14-18% (I-D)
Red Widow-14-18% (H)
Rockstar-14-19% (I-D)
Race Fuel OG-15% (H)
Rob Ford Kush-15% (I-D)
Rockstar Master Kush-15% (I-D)
Rene-15-18% (S-D)
Rocky Mountain High-15-20% (H)

Romulan Haze-15-20% (S-D)
Raspberry Cough-15-24% (S-D)
River Song-17-25% (I-D)
Royal Chmdawg-17-25% (I-D)
Royal Tree Sherbet- (I-D)
Rocklock-18-20% (I-D)
Raspberry Diesel-18-21% (S-D)
Rolls Choice-19% (S-D)
Roze-19-20% (I-D)
Riddler OG-21% (H)
Rare Dankness #1-22% (I-D)
Rockstar Kush-22-25% (I-D)
Reclining Buddha-23% (I-D)
Recon-23% (I-D)
Rip City Purps-23-24% (I-D)
Royal Kush-23-25% (I-D)
Remo Chemo-24% (I-D)
Red Eye OG- (I)
Shiskaquine-1% (Ruderalis-D)
Sour Space Candy-1% (H)
Special Sauce-1% (H)
Suzy Q-1% (H)
Shark Shock-5% (I-D)
Stephen Hawking Kush-5% (I-D)
Serious 6-6% (H)
Star Tonic-9% (H)
Sour Tsunami-10% (H)
Spirit of 76'-10% (H)
Strawberry Blondie-10-12% (I-D)
Sweet Harlem Diesel-10-16% (S-D)
Sour Grapes-10-18% (H)
Sweet Deep Grapefruit-12-18% (I)
Snow Dog-13-18% (H)
Strawberry Sorbet-13-18% (I-D)
Sour Candy-14-16% (S-D)
Sundae Driver-14-16% (H)
Sour LSD-15% (S-D)
South Indian Sativa-15% (S)
Sinmint Cookies-15-16% (I-D)
Sour Cookies-15-17% (S-D)
Super Chronic-15-19% (I-D)
Snow Lotus-16-18% (H)
Space Needle-16-20% (S)
Space Cake-16-23% (I-D)
Sour Willie-17% (H)
Sunset Haze-17% (H)
Strawberry Switchblade-17-19% (I-D)

Super Sour OG-17-19% (H)
Snow Leopard-17-21% (S-D)
SFV OG-17-22% (I-D)
SFV OG Kush-17-22% (I-D)
Sourlope-17-22% (S)
Sorbetto-17-23% (I-D)
Sugar Black Rose-18% (I-D)
Super Sour Widow-18% (H)
Sugar Kush-18-20% (I)
Skydog-18-21% (I-D)
Skunk Dawg-18-22% (H)
Strawberry Shortcake-18-23% (S-D)
Sour Headband-18-25% (S-D)
Strawberry OG-18-28% (I-D)
Satellite OG-19% (H)
Sirius Black-19% (I-D)
Sour Urkle-19% (I-D)
Sugar Mama-19% (H)
Sugar Shack-19% (I-D)
Sugar Plum Sunset-19-20% (I-D)
Silver Mountain-19-20% (S-D)
Safety Meeting-19-22% (S-D)
Sequoia Strawberry-19-22% (S-D)
Superman OG-19-23% (I-D)
Sweet Jesus-19-23% (H)
Savage Citrus Sunshine-20% (S-D)
Slazerbeam-20% (S-D)
Snow Mountain-20% (I-D)
Super Glue-20% (I-D)
Sweet Baby Jane-20% (I-D)
Sweet Nina-20% (H)
Sweet Pebbles-20% (H)
Seattle Cough-20-22% (S-D)
Secret Recipe-20-22% (S-D)
Shangri-LA-20-22% (S-D)
Sleeskunk-20-22% (S-D)
Super Lemon OG-20-22% (I-D)
Skunk Ape-20-23% (I-D)
Silverhaze-20-24% (S-D)
Strawberry Snow Cone-20-25% (S-D)
Sour Jilly-20-26% (S-D)
Slurricane-20-28% (I-D)
Salmon River OG-20-29% (I-D)
Stardawg Guava-21% (S-D)
Skunk 47-21-23% (I-D)
Silverback Gorilla-21-27% (I-D)
Scooby Snacks-22% (H)

Strawberry Cheesecake-22% (I-D)
Sweet Valley Kush-22% (I-D)
Sour Bubba-22-24 % (I)
Sour Power OG-22-24% (S-D)
Scott's OG-22-26% (I-D)
Strawberry Banana-22-26% (I-D)
Supergirl-23% (I-D)
Supermax OG-23% (I-D)
Scroopy Noopers-23-24% (H)
Sapphire Scout-24% (H)
Silver Train-24% (S-D)
Snow White-24% (I-D)
Space Cream-24% (I)
Sugar Cookie-24% (S-D)
Sugar Pine-24% (S-D)
Sizzurp-24-25% (I-D)
Snow Bud-25% (H)
Sugar Plum-25% (S-D)
Sunshine #4-25% (H)
Supernova-25% (I-D)
Silvertip-26% (S-D)
Snoop's Dream-26% (H)
Sour Dubb-26% (S-D)
Star Killer-26% (I-D)
SFV DOG-26-28% (H)
Skywalker Alien-28% (I-D)
Skunkberry-40% (H)
Shiatsu Kush- (H)
Stinky Pete- (H)
Swiss Gold- (H)
Swiss Indica- (I)
Silver Nina- (S-D)
Sputnik- (S-D)
Swiss Tsunami-(CBD-14%) (S-D)
The Gift-1% (S-D)
The Wife-1% (H)
Thunderstruck-1-2% (S-D)
Treasure Island-1-3% (S-D)
Trident-6% (H)
TJ's CBD-6-8% (H)
Tangerine Sunrise-10% (S)
The Big Dirty-10-13% (H)
Trueberry OG-10-20% (I-D)
The Real McCoy-12-14% (S-D)
The Flav-13-19% (I-D)
Tangier Chilly-14-17% (I-D)
Tree of Life-14-18% (S-D)
Thunderbird Rose-15% (S-D)
The Sauce-15-16% (S-D)
Terpwin-15-25% (I-D)
The Doctor-17-18% (I-D)
Thelonious Skunk-17-18% (S-D)
Triple Whammy-17-18% (I-D)
Trash-17-19% (I-D)
The Sister-17-21% (I-D)
Tora Bora-17-22% (I)
Tangerine Trainwreck Haze-17-23% (S-D)
Thai Girl-18-25% (S-D)
Tina-19-22% (I-D)
Tangie Ghost Train-19-20% (S-D)
The Ox-19-20% (I-D)
The Black-20% (I-D)
Tina Danza-20% (H)
Tranquil Elephantizer Remix-20% (I-D)
Triangle Kush-20% (I-D)
Truffle Butter-20-21% (I-D)
The Grunk-20-24% (S-D)
The White-20-28% (I-D)
Tangelo-21% (S-D)
Training Day-21% (I-D)
Tyson-21% (I)
Tangerine-22% (H)
Tesla Tower-22% (S-D)
The Loops-22% (I-D)
Triple Cheese-22% (I-D)
True OG-22% (I-D)
Tangie Biscotti-22-28% (H)
The Vision-23-24% (I-D)
Tahoe Alien-24% (I-D)
Thin Mint GSC-24% (H)
Travel Joint-24-25% (I-D)
Tangerine Dream-25% (H)
Tangie Cookies-28% (S-D)
Tiger's Milk- (H)
UW Purple-19-21% (I-D)
Ultra Sour-20% (S-D)
Urkle Train Haze-22-23% (H)
Valentine X-1% (H)
VCDC-1% (I-D)
Vanilluna-15-17% (H)
Vietnamese Bubble-15-20% (S-D)
Violeta-16-19% (I)
Valley Girl-19-25% (H)
Venus OG-25% (H)

WTF-10-18% (I-D)
White Bubblegum-12-18% (I-D)
White Strawberry Skunk-12-18% (H)
White Girl-13-20% (S-D)
White Urkle-14-19% (H)
Warlock-14-20% (I-D)
White Sangria-14-20% (I-D)
White Siberian-15% (I-D)
Wookie-15-17% (I-D)
White Cookies-15-20% (I-D)
WMD-15-20% (I-D)
White Cherry Truffle-15-25% (I-D)
Wembley-16% (I-D)
White Cheese-16% (H)
Wappa-18-19% (I-D)
White Elephant-18-22% (H)
Willy Wonka-18-24% (S-D)
White Lavender-19% (H)
White Smurf-20% (H)

Walter White-21% (S-D)
Wedding Crasher-21% (I-D)
White Dragon-22% (I)
White Fire OG-22-28% (I-D)
Wild Thailand-23% (S)
Willie's Ghost-23-25% (I-D)
White Dream-24% (H)
White Lightning-24% (H)
White OG-24% (H)
White Fire Alien OG-26% (I-D)
White Knight-26% (I)
Wookies-28% (I-D)
Watermelon-29% (I-D)
White Tahoe Cookies-29% (I-D)
White Tygh Dream-34% (I)
Webster- (H)
White Walker OG- (H)

X-Files-21% (H)

PAIN THC % L-H

Argyle-1% (I-D)
Athabasca-1% (I-D)
Avi-Dekel-1% (I-D)
Astral Works-5% (H)
Afghani CBD-6-8% (I)
Afghan Big Bud-12% (H)
American Dream-12-18% (I-D)
Abusive OG-13-18% (I)
Amethyst-13-20% (I-D)
Alien Kush-14% (H)
Aurora Indica-14-19% (I-D)
Alien Dawg-14-21% (I-D)
Atomic Northern Lights-14-24% (I-D)
Alien Rock Candy-15-19% (I-D)
Ape Diesel-15-19% (H)
Afghani Krush-15-20% (I)
Alien Apparition-15-20% (I-D)
Ash-15-20% (I-D)
Albert Walker-15-21% (I-D)
Aurora Borealis-15-22% (H)
Afghani-16-20% (I)
Afghan Sour Kush-16-21% (I-D)
American Beauty-17-23% (H)

Animal Blues-17-23% (I-D)
Appalachia-18% (H)
American Kush-18-20% (I-D)
Americano-18-20% (I-D)
Alaskan Thunder Grape-18-22% (H)
Aloha-18-24% (S)
Animal Face-18-26% (S-D)
Anesthesia-19% (I-D)
Angel OG-19% (I-D)
Acapulco Gold-19-24% (S-D)
Ace of Spades-19-25% (I-D)
ACDC-20% (S-D)
Afghanica-20% (I-D)
Alpha OG-20% (I-D)
Atomic Goat-20% (H)
Amnesia Haze-20-22% (S-D)
Alien OG-20-26% (H)
Animal Cookies-20-27% (I-D)
Afghan Kush-21% (I)
Alien Bubba-21% (I-D)
Ayahuasca Purple-21% (I-D)
Alien Walker-22% (I-D)
Atomic Bomb-22-26% (H)

Avalon-23% (I-D)
Afgoo-23-28% (I-D)
Alchemy-24-26% (H)
A-Dub-25-28% (I-D)
Ace Killer OG-26-27% (I-D)
Alien Dutchess-26-28% (S-D)
Alien Rift-27% (I-D)
Afgoo-28% (I-D)
Alien Reunion- (H)
Afkansastan- (I-D)
Alpine Blue- (S-D)
A-10-(CBD-10%) (I-D)
Bandana-5% (S-D)
Bediol-5-6% (S-D)
Blackberry Rhino-9-13% (H)
Blue Blood-10% (H)
Black Dahlia-12% (I-D)
Bloos Kloos-12-15% (I-D)
BC Big Bud-12-16% (S-D)
Blueberry Jack-12-16% (H)
Blue Widow-12-17% (H)
Black Cherry OG-12-18% (H)
Black Cherry Pie-12-18% (H)
Bazooka Joe G-13% (I-D)
Blue Moonshine-13% (H)
Blue OG-13-18% (I-D)
Booger-13-18% (H)
BB King-14-16% (I-D)
Bedica-14-17% (I-D)
Blackberry Bubble-14-20% (I-D)
Black Tuna-14-20% (H)
Black Velvet-15% (H)
Blood Orange Kush-15% (I-D)
Blueberry Cough-15% (I)
Blueberry Yum Yum-15% (H)
Blurple-15-17% (H)
Barbara Bud-15-19% (I-D)
Blueberry Pie-15-19% (H)
Blue Trainwreck-15-19% (S-D)
Bog Bubble-15-19% (H)
Blue Rhino-15-20% (I-D)
Blue Steel-15-20% (I-D)
Bubblicious-15-20% (H)
Buckeye Purple-15-20% (I-D)
Bullrider-15-21% (I)
Blueberry Cheesecake-15-23% (S-D)
Blukashima-16-17% (H)
Bakerstreet-16-19% (I)
Blackberry Lime Haze-16-19% (S-D)
Banana Peel-16-20% (H)
Blue Galaxy-16-21% (I-D)
Blue Magoo-16-22% (I-D)
Blue Diesel-16-23% (I-D)
Black Dog-16-24% (I-D)
Blueberry-16-24% (I-D)
Blue Venom-16-24% (I-D)
Black Magic-17% (I-D)
Boss Hog-17% (H)
Black Cheese-17-21% (I-D)
Blockhead-17-23% (I-D)
Blue Dream-16-24% (S-D)
Big White-18% (H)
Blackberry Hashplant-18% (H)
Blue Diamond-18% (H)
Bob Saget-18% (S-D)
Bordello-18% (I-D)
Blackberry Trainwreck-18-20% (H)
Bio Diesel-18-22% (H)
Black Cherry Soda-18-22% (S-D)
Black Domina-18-24% (I)
Brute Fruit-18-24% (S-D)
Banana Kush-18-25% (I-D)
Banana Punch-18-26% (H)
Black Betty-18-26% (H)
Big Bang-19% (I-D)
Black Diesel-19% (H)
Blueberry Bomb-19% (I-D)
Black Water-19% (I-D)
Blue Hash-19% (I-D)
Burkle-19% (I-D)
Blueberry Cookies-19-20% (I-D)
Berry Larry-19-22% (I-D)
Biddy Early-19-22% (H)
Buddha's Sister-19-22% (I-D)
Banana Bread-19-23% (H)
Boy Scout Cookies-19-23% (H)
BC Roadkill-19-25% (I-D)
Black Lotus-19-25% (I-D)
Bedford Glue-20% (H)
Big Kush-20% (H)
Blackberry Kush-20% (I)
Black Mamba-20% (I-D)
Black Roses-20% (I-D)
Blaze-20% (S)

Blue Boy-20% (H)
Blueberry Pancakes-20% (I-D)
Blue Cheese-20% (I-D)
Blue God-20% (I)
Butter OG-20% (I-D)
Blue Alien-20-21% (I)
Blue Zombie-20-21% (I-D)
Blueberry Essence-20-23% (H)
Blowfish (Fugu)-20-26% (I-D)
Black Afghan-22% (I-D)
Blackberry Fire-22% (I-D)
Black Haze-22% (S-D)
Blueberry Silvertip-22% (H)
Blueberry Skunk-22% (I-D)
Blue Cinex-22% (S-D)
Blue Frost-22% (I-D)
Banana Split-22-25% (S-D)
Blue Heron-22-25% (I-D)
Bright Fire-22-25% (I-D)
Bubba Doja-22-25% (I-D)
Bugatti-22-25% (H)
Banana Hammock RI-22-27% (I-D)
Big Bud-23-26% (I-D)
Banana OG-23-27% (I-D)
Black Larry Bird-23-28% (I-D)
Banana Candy-24% (I)
Black Diamond-24% (I-D)
Black Fire-24% (I-D)
Black Ice-24% (I-D)
Blueberry Kush-24% (I)
Blue Dynamite-24% (H)
Blue Moon Rocks-24% (I-D)
Blue Wreck-24% (H)
Bonkers-24% (H)
Black '84-25% (I-D)
Blackberry Cream-25% (I-D)
Blue Gelato-25% (I-D)
Blue Cookies-25-28% (I-D)
Brand X-25-28% (I-D)
Blackberry-26% (H)
Black Oat-26% (H)
Boss OG-26% (H)
Buddha Haze-26% (S-D)
Blueberry OG-27% (I-D)
Blue Knight-27% (H)
Bubba Kush-27% (I)
Brownie Scout-38% (I-D)
Bio Jesus- (H)
Buddha Tahoe- (H)
Burmese Kush- (H)
Beastmode OG- (I-D)
Beastmode 2.0- (I-D)
Big Wreck- (I-D)
Blueberry Space Cake- (I-D)
Bubba's Bitch- (I-D)
Canna-Tsu-1% (H)
Cherry Wine-1% (H)
CBD Kush-1-8% (H)
Colorado Chen-2% (H)
CBD Charlotte's Angel-2-6% (S-D)
Cashus Clay-6-7% (I-D)
CBD Blue Shark (auto)-6-8% (I-D)
Cannatonic-7-15% (H)
CBD OG-7-10% (I-D)
Critical Cure-7-11% (I-D)
Cannatonic-7-15% (H)
California Hash Plant-8-12% (I-D)
Crimea Blue-10-14% (I-D)
Commerce City Kush-10-15% (I-D)
Cherry Mender-10-18% (I-D)
Critical Sensi Star-11-19% (I-D)
Chocolate Thai-12-16% (H)
Cloud 9-12-19% (I-D)
Cherry Slyder-13% (H)
Cannasutra-13-17% (I-D)
Cherry Durban Poison-13-18% (H)
Capers-14-19% (I-D)
Cheese Candy-14-19% (S-D)
Chocolate Kush-14-19% (I-D)
Cactus Cooler-14-22% (S-D)
Cherry Moon Pie-15-16% (I-D)
Crunch Berry Kush-15-16% (I-D)
Crater Lake-15-17% (H)
Candy Apple-15-18% (S-D)
Candy Apple Kush-15-18% (S-D)
Critical 47-15-18% (H)
Cali Jack-15-20% (I-D)
Candy Cane-15-20% (I-D)
Caramel Kona Coffee Kush-15-20% (I-D)
Cheese-15-20% (I)
Chupacabra-15-20% (H)
Comfortably Dumb-15-20% (I-D)
Cronuts-15-20% (I-D)
Crystalberry-15-21% (I-D)

Cherry Chem-15-22% (I-D)
Cold Creek Kush-15-22% (I-D)
Conspiracy Kush-15-22% (I-D)
Cactus-15-24% (S-D)
Cherry AK-47-16% (S-D)
Cherry Pie Kush-16-24% (I-D)
Cherry Cola-17% (I-D)
Cornbread-17% (I-D)
Casper OG-17-18% (I-D)
Chem 4-17-19% (I-D)
Cookie Monster-17-21% (I)
Crown Royale-17-21% (I-D)
Cherry Bomb-17-24% (H)
Cherry Skunk-18% (I-D)
Corleone Kush-18% (H)
Captain's Cake-18-19% (I-D)
Cuvee-18-19% (I-D)
Cherries Jubilee-18-20% (I-D)
Chronic Thunder-18-20% (I-D)
Chemo-18-21% (I)
Chocolope-18-21% (S-D)
Cherry Garcia-18-22% (H)
Candyland-18-24% (S-D)
Cadillac Purple-18-27% (H)
Chem Sis-18-27% (S-D)
Cali Gold-19% (H)
Caramel Candy Kush-19% (H)
Chemdawg-19% (I-D)
Church OG-19% (H)
Critical Skunk-19% (H)
Cookie Wreck-19-20% (H)
California Sour Diesel-19-21% (H)
Cheese Wreck-19-21% (S-D)
California Gold-19-22% (H)
CBD Critical Mass-19-22% (I-D)
Critical Mass-19-22% (I-D)
Cherry Vanilla Cookies-19-25% (H)
Cali Dragon-19-29% (I-D)
Cotton Purple Chem-20% (H)
Critical Plus-20% (S-D)
Critical Plus 2.0-20% (S-D)
Critical Purple Kush-20-22% (I-D)
Cataract Kush-20-24% (I)
Critical Widow-20-27% (S-D)
Citrus Sunshine Haze-20-30% (S-D)
Crazy Miss Hyde-21% (I-D)
Cannalope Kush-21-25% (S-D)
Cannadential-22% (H)
Charlie Sheen-22% (I-D)
Cherry Sherbet-22% (I-D)
Citral Glue-22-24% (I-D)
Crown OG-22-25% (I)
Capleton-23% (S-D)
Cherry Thunder Fuck-24% (I-D)
Chemdog #4 x OG Kush-24% (S-D)
Colorado Clementines-24% (I-D)
Cascadia Kush-24-25% (I-D)
Cookie Dough-25% (H)
Critical Kush-25% (I-D)
Chocolate Diesel-25-30% (S-D)
Chemnesia-25-32% (S-D)
Champagne Kush-26% (H)
Chem Scout-26% (H)
Carpet Tape-27% (H)
Cherry Blossom-27% (I-D)
Crystal Coma-27% (S-D)
Cheese Quake-28% (I-D)
Chocolate Hashberry-28% (H)
Chocolate Lava-28-30% (H)
Crescendo RB x 1-28-30% (H)
Chem Cookies-30% (I-D)
Cobra Lips-30% (S-D)
Cookie Breath-30% (H)
Chiquita Banana-33-34% (H)
Chiesel- (H)
Confidential Cheese- (H)
Crypt- (H)
Chocolate Chunk- (I-D)
Chocolate OG- (I-D)
Chunky Diesel- (S-D)
CBD Shark-(CBD-10%) (I-D)
CBD Mango Haze-(CBD-12%) (S-D)
Charlotte's Web-(CBD-20%) (I-D)
Dance Hall-1% (S-D)
Deadlights-1-2% (S-D)
Doctor Doctor-1-2% (S-D)
Divinia Obscura-1-5% (H)
Devil Fruit-4-6% (I-D)
Digweed-6-10% (I-D)
Dance World-11% (S-D)
Double Purple Doja-12-17% (H)
Diesel Tonic-12-21% (S-D)
Donna OG-13-18% (H)
Dirty Old Bastard-14% (I-D)

Dream Police-14-18% (H)
Dark Blue Dream-15% (H)
Desert Star-15% (H)
Dog Shit-15-20% (S-D)
DJ Short Blueberry-15-22% (I-D)
Dawg's Waltz-16-19% (I-D)
Dream Berry-16-20% (I-D)
Diamond OG-17% (H)
Damn Sour-17-22% (S-D)
Dragon OG-18-20% (S-D)
Dark Shadow Haze-18-22% (S-D)
Deep Purple-18-22% (I-D)
Death Star OG-18-27% (I-D)
Dark Star-19% (I)
Diablo-19-20% (S-D)
Double Stuffed Sorbet-19-20% (I-D)
Dark Side of the Moon-19-22% (I-D)
Double Tap-20% (I-D)
Dakini Kush-20-21% (I-D)
Dank Schrader-22-25% (I-D)
Dr. Who-23% (I-D)
Duct Tape-23-25% (H)
Dream Catcher-24-26% (I-D)
Deadhead OG-25% (S-D)
Diesel Dough-25% (S-D)
Death Bubba-25-27% (I-D)
Dolato-26% (I-D)
Durban Cookies-26% (S-D)
Doc's OG-27% (I-D)
Dogwalker OG-27% (I-D)
Donkey Butter-27% (I-D)
Do-Si-Dos-28-30% (I-D)
Deep Sleep-32% (I-D)
Dank Sinatra-33% (I-D)
Darth Vader OG- (H)
Durban Cheese- (H)
Dorit- (I-D)
Down Cake- (I-D)
Double Dream- (S-D)
Dream Star- (S-D)
Elektra-1% (H)
Enemy of the State-12-15% (I-D)
Early Girl-12-20% (I-D)
Eugene Cream-14-16% (I-D)
Easy Peezy-15-18% (H)
Euphoria-15-20% (H)
Extreme Cream-15-20% (I-D)
Earthshaker OG-17-19% (H)
Exodus Cheese-18% (S-D)
Elderberry-18-24% (I-D)
El Chapo OG-19-23% (I-D)
El Perro-20% (H)
Emerald Jack-20-24% (S-D)
Elvis-22% (S-D)
El Jefe-22-25% (I-D)
Eran Almog-22-26% (I-D)
Erez-23% (I-D)
Enigma-24% (I-D)
Ellen Roses-24-25% (I-D)
Emperor Cookie Dough-25-29% (I-D)
Elmer's Glue-26-28% (H)
Extreme OG-26-30% (I-D)
Edelweiss- (I-D)
Frida-1% (I)
Frank's Gift-1-5% (S-D)
Funky Monkey-12% (H)
Fallen Angel-12-14% (I-D)
Fucking Incredible-13-20% (I)
Fruity Chronic Juice-15-20% (I-D)
Fruity Widow-15-20% (I-D)
Frisian Dew-16-17% (H)
Flowers For Algernon-17-25% (H)
Fruit Spirit-18% (S-D)
Frnkenstein-18-22% (I-D)
Frosty Jesus-18-24% (H)
Flowerbomb Kush-19% (S-D)
Face on Fire-19-25% (I-D)
Face Off OG-20% (H)
Face Off OG Bxl-20% (H)
Fire Alien Romulan-20-21% (I-D)
Four Cups-20% (I-D)
Formula One-20-22% (H)
Flo Limone-20-23% (S-D)
Firewalker OG-22% (H)
Funfetti-22-27% (I-D)
Fat Purple-23-24% (H)
Forbidden Fruit-23-26% (I-D)
Fortune Cookies-24% (S-D)
Flaming Cookies-24-25% (I-D)
Flo OG-25-30% (I-D)
Frosted Cherry Cookies-28% (I-D)
First 48-29% (S-D)
Fruitylicious- (I-D)
Green Love Potion-11-12% (I-D)

Gorkle-12-14% (S-D)
Ghost Rider OG-12-22% (H)
Grape Krush-13-18% (I-D)
Gobbstopper-14-16% (H)
Grape God-14-16% (S-D)
Grimmdica-14-16% (I-D)
Goldberry-14-19% (I)
God Bud-14-22% (H)
Good Medicine-15% (S-D)
Godzilla-15-18% (I)
Grape Valley Kush-15-18% (I-D)
Godzilla Glue-15-19% (H)
Goo-15-19% (I-D)
Grimace-15-19% (S-D)
Gold King's Thai-15-20% (S-D)
Grandma Anderson's Cookies-15-20% (I-D)
Green Queen-15-20% (H)
Game Changer-15-21% (I-D)
Green Mango-15-22% (I-D)
Gushers-15-22% (I-D)
Ghost Bubba-15-23% (I-D)
Gunslinger-15-23% (I-D)
Glad Max-16% (H)
Grandma's Batch-16% (H)
Grandma's Sugar Cookies-16% (H)
Grand Doggy Purps-16-20% (I-D)
God's Bubba-16-25% (I-D)
Green Dragon-17-19% (I)
G13 Diesel-17-24% (I-D)
Green Candy-18% (H)
Grandpa Larry OG-18-19% (I-D)
Grape Drink-18-19% (I-D)
Georgia Pine-18-20% (H)
Ghost Ship-18-20% (I-D)
Gooberry-18-20% (I-D)
Grilled Cheese-18-20% (I-D)
Godfather Purple Kush-18-21% (H)
Grape Ape-18-21% (I-D)
God's Treat-18-22% (H)
Grape Inferno-18-23% (I-D)
Ghost OG-18-24% (I-D)
Grape Jelly-18-28% (I-D)
Head Cheese-19-28% (S-D)
Ghost OG Moonshine-19-29% (H)
Gas Mask-20% (I-D)
Ghost Cookies-20% (I-D)
Ginger Ale-20% (H)

Grape Cookies-20% (I-D)
Grand Hindu-20% (H)
Gelatti-20-23% (H)
GMO Cookies-20-24% (I-D)
Gorilla Zkittlez-20-24% (I-D)
Grape Candy-20-24% (I-D)
Grape Ox-20-24% (I-D)
Gorilla Girl-20-25% (S-D)
G-Force-20-26% (I-D)
Granddaddy Purple-20-27% (I-D)
Giesel-21% (H)
Godberry-21% (H)
Gorilla Cookies-21% (S-D)
Green Python-22% (I-D)
G13-22-24% (I-D)
Godfather OG-22-25% (I-D)
God's Green Crack-22-25% (I-D)
Goji OG-22-26% (S-D)
Green Lantern-23% (S-D)
Glue Tech-23-24% (I-D)
Grandpa's Stash-23-24% (H)
Gorilla Grips-23-25% (I-D)
Grape Skunk-24% (I-D)
Green Goblin-24% (S-D)
GSC-24% (I-D)
Ghostbreath-24-28% (S-D)
Gutbuster-25% (I-D)
Georgia Pie-25-27% (I-D)
Glue Ball-25-26% (I-D)
Gobbilygoo-25-27% (I-D)
Gorilla Breath-25-27% (I-D)
Grease Monkey-25-27% (I-D)
Ghost Train Haze-27% (S-D)
GG1-25-28% (I-D)
G13 Widow-26% (I-D)
God's Gift-27% (I-D)
GG5-28% (I-D)
Goat Head-29% (S-D)
Guptilla-29% (I-D)
Gorilla Snacks!-31% (H)
GG4-32% (I-D)
Gog & Magog- (H)
Gravity- (H)
Green Kush- (H)
Gigabud- (I-D)
Grandpa's Breath- (I-D)
Gumbo- (I-D)

Green Door Kush- (S-D)
Haleigh's Hope-1% (H)
Harle-Tsu-1% (I-D)
Harley Storm-1% (S-D)
Haoma-3-6% (I-D)
Hawaiian Dream-3-12% (H)
Harmonia-5-10% (I-D)
Harlequin-7-15% (S-D)
Harlequin GDP-7-15% (S-D)
Haoma Mist-10% (H)
Hurkle-10% (I-D)
Hashberry-10-12% (I-D)
Haole-12-14% (I-D)
Holy Roller-12-19% (S-D)
Huckleberry Hound-12-19% (H)
Hurricane-12-19% (S-D)
Hash Plant-13-19% (I-D)
Harry Potter-15-17% (H)
Hammerhead-15-20% (I-D)
Honey Boo Boo-15-21% (I)
High School Sweetheart-15-23% (H)
Humble Pie-15-23% (I-D)
Huckleberries-15-24% (H)
Huckleberry-15-24% (H)
Harmony-16% (H)
High Noon Irish Cream-16-17% (I-D)
Humboldt-16-20% (H)
Huckleberry Cough-17-18% (H)
Headband-17-24% (I-D)
Hibiscus Sunrise-18-19% (I-D)
Hemlock-18-21% (H)
Honey Bananas-18-22% (H)
Humdinger OG-18-28% (I-D)
Hawaiian Trinity-19% (S-D)
Hollyweed-19-21% (I-D)
Huckleberry Diesel-19-25% (I-D)
Head Cheese-19-28% (S-D)
Hawaiian Delight-20% (H)
Haze Berry-20% (S-D)
Heavy Duty Fruity-20% (H)
Hashplant Haze-21% (I-D)
Hawaiian Purple Kush-21-23% (I-D)
Hindu Kush-22-32% (I)
Hogs Breath-23% (I)
Hellfire OG-23-29% (H)
Holy Grail Kush-24% (I-D)
Hardcore-24-28% (I-D)

Headbanger-25% (S-D)
Herijuaana-25% (I-D)
Hindu Sour-25% (I-D)
Han Solo Burger-26-31% (S-D)
Heavenly OG-27% (I-D)
Harambe-29% (I-D)
Hell's OG-33% (I-D)
Iced Widow-18-20% (I-D)
I-95-19-20% (H)
Ice-20% (H)
Incredible Bulk-20-24% (I-D)
Ice Cream Cake-20-25% (I-D)
IG Kush-20-25% (H)
Iced Grapefruit-22-24% (S-D)
Iron Traingle-25% (H)
Ingrid-31% (I-D)
Johnny's Tonic-8-10% (S-D)
Jean Guy-14-24% (S-D)
Jet Fuel-17-19% (S-D)
Jack's Cleaner-18% (H)
Jack Widow-18% (I-D)
Jesus-18-19% (S-D)
Jack Kush-19% (H)
Julius Caesar-20% (H)
Jack Wreck-20-26% (S-D)
Jack Herer-23% (S)
Jager-23% (I-D)
Jane Doe-24% (H)
Juicy Jack-24-25% (S-D)
Jazz-25% (S-D)
Jedi Kush-25% (I)
Jungle Cake-30-33% (H)
Jenny Kush- (H)
Juliet- (S-D)
Kraken-10-15% (I-D)
Katsu-11% (I)
KC 33-14-16% (I-D)
King Kong-14-19% (I-D)
Kali Mist-15% (S-D)
Kush Rose-15-16% (I-D)
Kalashnikova-15-18% (I-D)
Ketama-15-20% (I)
Killer Grape-15-20% (H)
Kandy Kush-15-21% (H)
Kaboom-16% (S-D)
Killer Queen-16% (H)
Kuato-16-17% (S-D)

Karmarado OG-16-19% (H)
King Thunder Fuck-16-24% (S-D)
Kiss-17-24% (I-D)
Kali Dog-17-26% (S-D)
Ken's Kush-18-20% (I-D)
Kali 47-19% (S-D)
King's Kush-19-27% (I-D)
Karma OG-19-28% (I-D)
KO Kush-20-22% (H)
Kuchi-20-22% (I-D)
Katsu Bubba Kush-20-24% (I-D)
Krishna Kush-20-24% (I-D)
Kush Hemp-21% (H)
Kubbie Kush-21-22% (I-D)
Kosher Tangie-21-24% (I-D)
Khufu-21-27% (I-D)
Kahuna-22% (H)
Key Lime Pie-22% (I-D)
Kid-N-Kookies-22% (I-D)
Kushberry-22% (I)
Kush Mints-22-24% (H)
Kosher Kush-22-25% (I)
King Louis-23% (H)
Kelly Hill Gold-24-25% (I-D)
Kosher Dawg-24-25% (H)
Kryptonite-24-25% (I-D)
Kimbo Kush-27% (I-D)
Kashmir Kush- (H)
Kobain Kush- (H)
Kong- (H)
K-Train- (H)
Kali China- (I-D)
Kushage- (S-D)
Kurple Fantasy-(CBD-1%) (H)
Luca Brasi x Sour Diesel-10-11% (S-D)
Lee Roy-10-18% (I-D)
LAK Federal Reserve-10-20% (I-D)
Lashkar Gah-11-13% (I)
LA OG-12-16% (H)
Lavender Jones-14-17% (S-D)
Lemon Larry Lavender-14-18% (I-D)
Lava Cake-15-18% (I-D)
Lucy-15-18% (H)
Lifesaver-15-19% (I-D)
Lambo OG-15-21% (S-D)
Limon-16-19% (S-D)
Lemon Oasis-16-26% (H)
Lime Skunk-17% (H)
Lemon Haze-17-22% (S-D)
LVPK-18% (H)
LA Kookies-18-24% (H)
LA Woman-19% (H)
Locomotion-19-22% (I-D)
Longbottom Leaf-19-24% (S-D)
Lohan-19-25% (H)
LA Cake-19-26% (H)
Lake of Fire-20% (S-D)
Lime Tart-20% (I-D)
Lowryder-20% (H)
LA Nina-20-22% (S-D)
Leda Uno-20-22% (S-D)
Lion's Milk-20-24% (I-D)
LA Confidential-20-25% (I-D)
Lost Sierra Night Nurse-20-29% (H)
Lemon Cookies-21-28% (H)
Lemonberry-22% (S-D)
Lemon OG-22% (H)
Lemonhead OG-22-23% (S-D)
Legalized OG-22-24% (H)
Lazy Lightning-22-25% (I-D)
Lime Sorbet-22-25% (I-D)
LA Chocolat-22-28% (I-D)
Lemon G-23% (S-D)
Legend OG-24% (I-D)
LAPD-24-26% (H)
Lime Purple Mist-24-28% (I-D)
Lemon Berry Candy Co-25% (H)
Larry OG-26% (H)
Lavender-27% (I-D)
LA Ultra-30% (I-D)
Layer Cake-32% (I-D)
Loud Dream- (H)
Little Devil- (I-D)
Little Dragon- (S-D)
Mystery 98-1-2% (I-D)
Moondance-4% (S-D)
Master Bubba-6% (H)
Mai Tai Cookies-8-14% (S-D)
Maui Bubble-9% (H)
Maui Bubble Gift-9% (H)
Medihaze-9-13% (S-D)
Master OG-13-18% (H)
Mendo Afgoo-13-18% (H)
Motavation-13-18% (I-D)

Ms. Universe-14% (H)
Mountain Girl-14-16% (I-D)
MAC-14-20% (H)
Maramota #10-15% (I-D)
Merlot OG-15% (I-D)
Moose and Lobsta-15% (S-D)
Margaret Cho-G-15-18% (I-D)
Moloka'I Frost-15-20% (S-D)
Mazar x Blueberry OG-15-23% (I-D)
Melon Gum-15-23% (I-D)
Mango-15-24% (H)
Mercury OG-15-24% (H)
Mars OG-16% (H)
Medibud-17% (I-D)
Mazar Kush-17-20% (I-D)
Middlefork x Pineapple Express-17-20% (S-D)
Maple Leaf Indica-17-21% (I)
Mother's Helper-17-25% (H)
Mangolicious-18% (I-D)
MK Ultra-18% (I-D)
Mother's Finest-18-19% (S-D)
Marionberry Pie-18-23% (I-D)
Madman OG-19% (H)
Mag 91-19% (I-D)
Mossimo OG-19% (I)
Mendo Breath-19-20% (I-D)
Mother of Berries-19-21% (I-D)
Mandarin Cookies-19-26% (S-D)
Mammoth-20% (H)
Mazar-I-Sharif-20% (I-D)
Millennium-20% (I-D)
Mandarin Kush-20-21% (I-D)
MAC1-20-23% (H)
Money Maker-20-23% (I-D)
More Cowbell-20-23% (I-D)
Master Kush-20-24% (I-D)
Moon Drops-20-25% (I-D)
Monster Cookies-21% (I-D)
MTF-21% (H)
Mendocino Purps-22% (S-D)
Mickey Kush-22% (S-D)
Mad Scientist-22-24% (I-D)
Marmalade-23% (H)
Medicine Man-23% (I-D)
Medicine Woman-23% (S-D)
Magnificent Mile-23-24% (I)
Monolith-24% (I)
Member Berry-24-28% (I-D)
Member OG-24-28% (I-D)
Mother's Milk-24-29% (S-D)
Mandarin Dreams-25% (H)
Master OG-25% (I-D)
Mystery Jazz-25% (S)
Mag Landrace-25-30% (I)
Mendo Queen-27% (I-D)
Middlefork-27% (I-D)
Motorbreath-28% (I-D)
Memory Loss-31% (S-D)
Moon Walk-31% (I-D)
Monkey Bread #1-32% (I-D)
Mt. Hood Magic-34% (I-D)
Majestic 12- (H)
Mango Dream- (H)
Manitoba Poison- (H)
Master Jedi- (H)
Matsu- (I)
Maui Berry- (I-D)
Milky Way- (I-D)
Mr. Tusk- (I-D)
Morning Glory- (S-D)
Nebula 2-5-7% (S-D)
Nordle-8% (H)
Northern Skunk-14% (H)
Nepalese-14-17% (S)
Northern Hashplant-15-22% (I-D)
Northern Lights-16-21% (I)
Night Terror-18-21% (I-D)
Night Train-20% (H)
Nuggetry OG-20% (I-D)
Now and Later-20-26% (H)
Night Nurse-21% (I-D)
Nuclear Cookies-21-22% (H)
Neptune OG-23% (H)
Nuken-25% (I-D)
Northern Wreck-29% (I-D)
Northern Berry- (H)
Nexus OG- (I-D)
One to One-14% (H)
Obama Kush-14-21% (I-D)
Odyssey-14-22% (H)
Outlaw-15-20% (S-D)
Orange Bud-16% (I-D)
OG #18-16-21% (I-D)

OG Skunk-16-26% (S-D)
OG's Pearl-17-26% (I-D)
Old Toby-18% (I-D)
OG Los Angeles Kush-18% (H)
Orange Fanta-18% (H)
Orange Afghani-18-19% (I-D)
OG Diesel Kush-18-19% (H)
OG Trainwreck-18-25% (S-D)
OG Strawberry-18-28% (I-D)
OG Kush-19-24% (I-D)
OG Shark-20% (H)
Old Dirty Biker-20% (H)
Omega Dawg-25% (H)
Orange Kush Cake-25-30% (H)
OGKB-27% (I-D)
Orange Kush Breath-27% (I-D)
Ogre Berry-28% (I-D)
OG Ringo-28% (I-D)
Oregon Pinot Noir-28% (S-D)
OCD- (H)
Purple Goo-2% (H)
Purple Voodoo-7% (H)
Purple Star-7-13% (I)
Pennywise-8-15% (I-D)
Pure Afghan-12% (I)
Purple Alien OG-12-17% (I-D)
Purple Maui-13-15% (S-D)
Purple Tears-14-16% (H)
Pink Mango-14-18% (S-D)
Pure Love-14-19% (I-D)
Purple Goat-14-19% (S-D)
Peaches and Cream-14-21% (S)
Purple Mr. Nice Goy-14-22% (H)
Pez-15% (H)
Pineapple Cookies-15-17% (I-D)
Pineberry-15-18% (I-D)
Pineapple Skunk-15-19% (I-D)
Phantom Arrow-15-20% (I-D)
Purple Dream-15-20% (H)
Prevention-15-20% (I-D)
Phantom Cookies-15-21% (S-D)
Purple Afghan Kush-15-21% (I)
Purple Martian-15-21% (I-D)
Purple Urkle-15-21% (S-D)
Pineapple Hash Plant-15-23% (I-D)
Plushberry-15-25% (H)
Pineapple Kush-16% (I-D)
Platinum Trainwreck-16% (H)
Puna Buddaz-16% (I)
Purple Cotton Candy-16-19% (I-D)
Platinum Kush-16-21% (I-D)
Purple Sage-16-24% (I-D)
Pineapple Chunk-16-26% (H)
Purple Chemdawg-17% (I-D)
Purple Gorilla-17% (I-D)
Pineapple Purple Kush-17% (S-D)
Pineapple Purps-17% (S-D)
Purple Rhino-17-20% (I)
Purple Cheddar-17-25% (I-D)
Purple Ice-18% (S-D)
Pinkman Goo-18-19% (I-D)
Purple Bud-18-20% (I-D)
Purple Punch-18-20% (I-D)
Pine Tar-18-22% (I)
Purple Wreck-18-25% (I-D)
Platinum Cookies-18-26% (H)
Pink Death Star-18-26% (I)
Paris OG-19% (I)
Power Kush-19% (H)
Purple Monkey Balls-19% (H)
Purple Nepal-19% (H)
Puna Budder-19-22% (H)
Purple Swish-19-22% (I-D)
Pineapple Fields-19-23% (S-D)
Pure Kush-19-24% (I-D)
Pink Bubba-19-25% (I)
Pitbull-19-25% (I-D)
Pagoda-20% (S-D)
Pan Jam-20% (S-D)
Peyote Cookies-20% (I-D)
Pink Kush-20% (I-D)
Platinum Blackberry-20% (I-D)
Platinum Huckleberry Cookies-20% (I-D)
Platinum Sour Diesel-20% (S-D)
Pre-98 Bubba Kush-20% (I-D)
Pure OG-20% (I-D)
Paradise Circus-20-21% (H)
Petrolia Headstash-20-22% (I)
Puck Yeah-20-22% (I-D)
Purple Paralysis-20-22% (S-D)
Presidential OG-20-23% (I)
Phantom OG-20-24% (H)
Pineapple Thai-20-24% (S)
Pink Panties-20-24% (I-D)

Platinum OG-20-24% (I-D)
 Purple Hindu Kush-20-24% (I)
 Papaya-20-25% (I-D)
 Platinum Bubba Kush-20-25% (I-D)
 Purple Unicorn-20-25% (H)
 Pineapple OG-20-26% (I-D)
 Punxsy Punch-20-30% (I-D)
 Pakistani Chitral Kush-21% (I)
 Pakistan Valley-21% (H)
 Pluto Kush-21% (H)
 Purple Dragon-21% (H)
 Purple Sour Diesel-21% (S-D)
 Professor Chaos-21-24% (S-D)
 Purple Bubba-21-25% (I)
 Primus-21-27% (I-D)
 Paradise Waits-21-29% (I-D)
 P-91-22% (H)
 Purple Berry-22% (I)
 Purple Kush-22% (I)
 Purple Tangie-22% (S-D)
 P-51-22-23% (I-D)
 Purple Pie-22-24% (I-D)
 Project Blue Book-22-26% (H)
 Pacific Blue-22-28% (I-D)
 Purple Glue-22-28% (I-D)
 Purple Trainwreck-23% (H)
 Pink Runtz-23-25% (H)
 Purple People Eater-23-25% (I-D)
 Purple Panty Dropper-24% (I-D)
 Purple Arrow-24% (I-D)
 Pie Hoe-24-28% (I-D)
 Papa's OG-25% (I-D)
 Pure Vida-26-30% (I-D)
 Pot of Gold-27% (I-D)
 Pheno 51-28% (H)
 Pinewarp- (H)
 Purple Cheese- (H)
 PVC OG- (H)
 Pineapple Upside Down Cake- (I-D)
 Purple AK-47-(CBD-2%) (H)
 Qush-12-18% (I-D)
 Quin-N-Tonic-14-18% (I-D)
 Qrazy Train-16-20% (H)
 Qleaner-20% (S-D)
 Querkle-24% (I-D)
 R-4-1% (H)
 Remedy-1% (I-D)
 Ringo's Gift-1% (S-D)
 Red Dwarf-7-15% (I)
 Rubicon-9% (H)
 Rene Mist-10-13% (S-D)
 Rare Dankness #1-12-22% (I-D)
 Rare Darkness-12-22% (I-D)
 Royal Highness-13-15% (S-D)
 Rockstar-14-19% (I-D)
 Race Fuel OG-15% (H)
 Rob Ford Kush-15% (I-D)
 Rockstar Master Kush-15% (I-D)
 Rene-15-18% (S-D)
 Rocky Mountain High-15-20% (H)
 Romulan Haze-15-20% (S-D)
 Raspberry Cough-15-24% (S-D)
 Romulan Grapefruit-16% (H)
 Raspberry Kush-16-23% (I-D)
 Raskal OG-17-19% (S-D)
 Raw Diesel-18-19% (H)
 Rocklock-18-20% (I-D)
 Rolls Choice-19% (S-D)
 Ray Charles-19-21% (I)
 Rudeboi OG-19-22% (I-D)
 Redwood Kush-19-26% (I-D)
 Redd Cross-20% (H)
 Rainbow Chip-20-22% (H)
 Red Haze-20-22% (S)
 Romulan-20-24% (I)
 Riddler OG-21% (H)
 Rainbow-22% (I-D)
 Recon-23% (I-D)
 Russian Assassin-23% (H)
 Rip City Purps-23-24% (I-D)
 Redding OG- (H)
 Rocky Dennis- (H)
 Shiskaquine-1% (Ruderalis-D)
 Suzy Q-1% (H)
 Skunk Haze-1-9% (S-D)
 Shark Shock-5% (I-D)
 Stephen Hawking Kush-5% (I-D)
 Sweet and Sour Widow-6-8% (I-D)
 Star Tonic-9% (H)
 Sour Tsunami-10% (H)
 Spirit of '76-10% (H)
 Super Sour Skunk-10-15% (H)
 Sweet Purple-10-15% (H)
 Sour Grape-10-18% (H)

Sour Grapes-10-18% (H)
Sweet Diesel-10-18% (S)
Shipwreck-12-15% (S-D)
Sweet Deep Grapefruit-12-18% (I)
Sour OG-13-17% (H)
Sour OG Cheese-13-17% (H)
Strawberry Sorbet-13-18% (I-D)
Sexxpot-14% (I)
Sundae Driver-14-16% (H)
Special Kush #1-14-17% (I-D)
Sour LSD-15% (S-D)
South Indian Sativa-15% (S)
Sinmint Cookies-15-16% (I-D)
Sour Cookies-15-17% (S-D)
Sherbet-15-19% (I-D)
Super Chronic-15-19% (I-D)
Soul Assassin OG-15-20% (I-D)
Sour Spyder-15-20% (I-D)
Starfighter-15-20% (I-D)
Sour Kush-15-25% (I-D)
Shark Attack-16% (I-D)
Sweet Tooth-16% (H)
Sunburn-16-17% (S-D)
Snow Lotus-16-18% (H)
Strawberry Blue-16-20% (H)
Soulshine Aloha-16-22% (S-D)
Space Dawg-16-23% (I)
Sour Willie-17% (H)
Sunset Haze-17% (H)
Super Sour OG-17-19% (H)
Saturn OG-17-20% (H)
Snow Leopard-17-21% (S-D)
SFV OG-17-22% (I-D)
SFV OG Kush-17-22% (I-D)
Sunshine Daydream-17-24% (I-D)
Sugar Black Rose-18% (I-D)
Super Sour Widow-18% (H)
Sweet Kush-18% (H)
Sweet Skunk-18-20% (H)
Sky Dog-18-21% (I-D)
Sour Lemons-18-21% (S-D)
Super Sour Lemon-18-21% (S-D)
Serious Kush-18-22% (I)
Sour Cherry Sherbet-18-22% (S-D)
Strawberry Kush-18-23% (S-D)
Strawberry Shortcake-18-23% (S-D)
Strawberry Fields-18-24% (I-D)
Satellite OG-19% (H)
Sirius Black-19% (I-D)
Sour Urkle-19% (I-D)
Sugar Mama-19% (H)
Super Skunk-19% (I-D)
Sugar Plum Sunset-19-20% (I-D)
Safety Meeting-19-22% (S-D)
Sequoia Strawberry-19-22% (S-D)
Sharksbreath-19-22% (I-D)
Summer Breeze-19-23% (H)
Superman OG-19-23% (I-D)
Stevie Wonder-19-24% (S-D)
Sage-19-28% (H)
Space Jill-19-28% (S-D)
Seattle Blue-20% (H)
Slazerbeam-20% (S-D)
Snow Mountain-20% (I-D)
Super Glue-20% (I-D)
Sweet Baby Jane-20% (I-D)
Sweet Pebbles-20% (H)
Shangri-LA-20-22% (S-D)
Sugar Cookies-20-22% (H)
Super Lemon OG-20-22% (I-D)
Skywalker OG-20-25% (I-D)
Strawberry Snow Cone-20-25% (S-D)
Sensi Star-20-26% (I-D)
Slurricane-20-28% (I-D)
Salmon River OG-20-29% (I-D)
Sherblato-21-22% (S-D)
Skunk 47-21-23% (I-D)
Snow Monster-21-25% (I-D)
Silverball Gorilla-21-27% (I-D)
Sour Amnesia-22% (S-D)
Scooby Snacks-22% (H)
Sour Poison-22% (S-D)
Strawberry Cheesecake-22% (I-D)
Supernatural-22% (S-D)
Sweet Valley Kush-22% (I-D)
Sweeties-22-24% (I-D)
Scott's OG-22-26% (I-D)
Snoop Dog OG-22-28% (I-D)
Snowman-23% (S-D)
Supermax OG-23% (I-D)
Scroopy Noopers-23-24% (H)
SnowLand-24% (I-D)
Snow White-24% (I-D)
Space Cream-24% (I-D)

Sugar Pine-24% (S-D)
Sour Pebbles-25% (H)
Sour Strawberry-25% (H)
Sugar Plum-25% (S-D)
Sunshine #4-25% (H)
Supernova-25% (I-D)
Sky Lotus-25-30% (I-D)
Silvertip-26% (S-D)
Snoop's Dream-26% (H)
Sour Diesel-26% (S-D)
Spumoni-26% (I-D)
Star Killer-26% (I-D)
Sensi Skunk-26-28% (I-D)
SFV Dog-26-28% (H)
Snowball-26-30% (I-D)
Skywalker Alien-28% (I-D)
Sour Bubbles-28% (I)
Skunkberry-40% (H)
Shiatsu Kush- (H)
Stinky Pete- (H)
Swiss Gold- (H)
South Asian Indica- (I)
Swiss Indica- (I)
Silver Nina- (S-D)
Sputnik- (S-D)
Stella Blue- (S-D)
The Wife-1% (H)
Thunderstruck-1-2% (S-D)
Treasure Island-1-3% (S-D)
Trident-6% (H)
TJ's CBD-6-8% (H)
Truberry OG-10-20% (I-D)
Trueberry-10-20% (I-D)
Third Coast Panama Chunk-11-12% (S-D)
Tango Kush-13-15% (S-D)
Tree of Life-14-18% (S-D)
The Real McCoy-12-14% (S-D)
Thunderbird Rose-15% (S-D)
Trifecta-15% (H)
The Sauce-15-16% (S-D)
The One-15-17% (H)
Terpwin Station-15-25% (I-D)
The Doctor-17-18% (I-D)
Thelonious Skunk-17-18% (S-D)
Trash-17-19% (I-D)
The Sister-17-21% (I-D)
Tora Bora-17-22% (I)

Tangarine Trainwreck Haze-17-23% (S-D)
Tropical Tang-18-22% (S-D)
Tangarine Power-19% (S-D)
Tahoe OG-20% (I-D)
The Ox-19-20% (I-D)
The Black-20% (I-D)
Tina Danza-20% (H)
Tranquil Elephantizer-20% (I-D)
Tres Dawg-20% (H)
Truffle Butter-20-21% (I-D)
Thai Fantasy-20-24% (S)
The White-20-28% (I-D)
Triple OG-20-30% (I-D)
Tangelo Kush-21% (S-D)
Training Day-21% (I-D)
Tokyo OG-21-24% (I-D)
Tesla Tower-22% (S-D)
Triple Cheese-22% (I-D)
Triple Diesel-22% (H)
Tangie Biscotti-22-28% (H)
The Vision-23-24% (I-D)
Tahoe Alien-24% (I-D)
Thin Mint GSC-24% (H)
Triple Chocolate Chip-24-30% (I-D)
Tangerine Dream-25% (H)
Tropicana Punch-25-26% (H)
Tahoe Alien OG-26-30% (I-D)
Timewreck-27% (S-D)
Trap Star-27% (I-D)
Tickle Kush-28% (I-D)
Triangle Mints-28% (S-D)
Turbo Mind Warp-28% (S-D)
True Face-35% (I-D)
Tiger's Milk- (H)
Tangie Sunrise- (S-D)
UW Purple-19-21% (I-D)
UK Cheese-20-23% (I-D)
Urkle Train Haze-22-23% (H)
Ultimate Trainwreck- (H)
Valentine X-1% (H)
VCDC-1% (I-D)
Very Berry Haze-12-18% (S)
Vanilluna-15-17% (H)
Verde Electric-15-18% (H)
Vietnamese Bubba-15-20% (S-D)
Vixen-15-24% (H)
Versace-15-25% (S-D)

Venom OG-18-23% (H)
Vader OG-18-25% (I-D)
Vanilla Kush-19-20% (I-D)
Violator Kush-19-23% (I-D)
Vots AZ Super Sour OG-22-24% (S-D)
Vanilla Frosting-25% (I-D)
Vanilla Gorilla-25% (I-D)
Wellness OG-1% (H)
WTF-10-18% (I-D)
White Strawberry Skunk-12-18% (H)
White Urkle-14-19% (H)
Warlock-14-20% (I-D)
White Rhino-14-20% (I)
White Siberian-15% (I-D)
Walker Kush-15-18% (I-D)
Waldo-15-19% (S-D)
WMD-15-20% (I-D)
White Domina-15-21% (I-D)
White Caramel Cookie-15-22% (I-D)
Wembley-16% (I-D)
Wonder Woman OG-16-18% (I)
Wappa-18-19% (I-D)
White Skunk-18-22% (I-D)
Willy Wonka-18-24% (S-D)
Willy's Wonder-18-24% (S-D)
White Lavender-19% (H)
White Nightmare-19-20% (S-D)
White LSD-19-22% (S-D)
White Dawg-20% (H)
White Lemon-20% (H)
White Lotus-20% (H)
White Smurf-20% (H)
Wolfberry-20% (H)
White Diesel-20-22% (I-D)
Waipio Hapa-21-25% (S)
West Coast Dawg-22% (I-D)
White Dragon-22% (I)
3D CBD-6-8% (S-D)
8 Ball Kush-8% (I)
3 Bears OG-10-20% (I-D)
3x Crazy-14-18% (I-D)
303 Kush-18% (H)
707 Truthband-19-23% (I-D)
818 OG-20% (I-D)
9D4-19-25% (I-D)
92 OG-20-23% (S-D)
10th Planet-20-25% (I-D)

White Fire OG-22-28% (I-D)
White Romulan-22% (H)
White Walker OG-22% (S-D)
Wild Thailand-23% (S)
White Runtz-23-24% (H)
WSU-23-24% (I)
White Dream-24% (H)
White Lightning-24% (H)
White OG-24% (H)
Wally OG-25% (H)
Watermelon Zkittlez-25% (I-D)
Wedding Cake-25% (I-D)
White Gorilla-25% (I-D)
White Kryptonite-25% (H)
White Fire Alien OG-26% (I-D)
White Knight-26% (I)
Wookies-28% (I-D)
Watermelon-29% (I-D)
White Tahoe Cookies-29% (I-D)
Wakanda OG-32% (H)
White Tygh Dream-34% (I)
Wonder Haze- (H)
Washing Machine- (I-D)
X-Tra Chz-10-16% (H)
XXX OG-12-20% (I-D)
Xanadu-14-18% (S-D)
X-Files-21% (H)
X-Wing-25-26% (I-D)
Yummy-3% (I-D)
Yoda OG-14-19% (H)
Yodi Diesel-19-25% (S-D)
Yumboldt-24% (I)
Yem OG-25% (I-D)
Zombie OG-18-21% (I-D)
Zoom Pie-18-24% (I-D)
Zookies-23-25% (H)
Zour Apples-25-30% (I-D)
805 Glue-21-22% (I-D)
5th Element-22% (I-D)
9lb Hammer-24-29% (H)
501st OG-29% (I-D)
'88 G13 Hashplant- (I-D)
1024-(CBD-4%) (S-D)

DEPRESSION THC % (L-H)

Athabasca-1% (I-D)
Alpha Blue-2% (S-D)
Avi-4-5% (H)
Aceh-10% (S)
African-10% (S)
AK-47-13-20% (S-D)
Amthyst-13-20% (I-D)
Afrodite-14-20% (S-D)
Alien Stardawg-14-23% (S-D)
Alf-15% (I-D)
Alien Rock Candy-15-19% (I-D)
Apollo 13-15-19% (S-D)
Afghani Krush-15-20% (I)
Agape-15-20% (S-D)
Alien Apparition-15-20% (I-D)
Afghan Haze-15-21% (I-D)
Albert Walker-15-21% (I-D)
Ancient OG-15-21% (I-D)
Alice In Wonderland-15-23% (S-D)
Agent Tangie-16-18% (S-D)
Azure Haze-16-20% (I-D)
Arctic Blue-16-21% (I-D)
Afghan Hawaiian-16-22% (I-D)
American Beauty-17-23% (H)
Acid Dough-18% (S-D)
Aloha Limone-18% (S-D)
Appalachia-18% (H)
Atomical Haze-18% (S-D)
Afternoon Delight-18-20% (S-D)
Atmosphere-19-20% (H)
Allen Wrench-19-22% (S-D)
Acapulco Gold-19-24% (S-D)
Afghanica-20% (I-D)
Alien Asshat-20% (H)
Alpha OG-20% (I-D)
American Pie-20% (S-D)
Apple Jack-20% (H)
Atomic Goat-20% (H)
Amnesia Haze-20-22% (S-D)
Area 51-20-23% (H)
Alien Hallucination-20-24% (H)
Amherst Sour Diesel-20-26% (S-D)
Alien Abduction-20-29% (I-D)
Alaskan Ice-21% (S-D)
Alien Walker-22% (I-D)
Allen Iverson OG-22% (I-D)
Aloha Grape Stomper-22% (S-D)
Atomic Bomb-22-26% (H)
A-Dub-25-28% (I-D)
Atomic-26% (I-D)
Alien Dutchess-26-28% (S-D)
Alien Rift-27% (I-D)
Alpine OG-27% (I-D)
Alaska-29-30% (S-D)
Apricot Jelly-35% (S-D)
Afkansastan- (I-D)
Alpine Blue- (S-D)
Bandana-5% (S-D)
Blue Jay Way-6-8%(H)
Blue Mountain Fire-10-15% (S-D)
Blueberry Headband-10-20% (H)
Blue Dot-11-15% (S-D)
BC Big Bud-12-16% (S-D)
Blueberry Jack-12-16% (H)
Blackberry Haze-13-16% (S-D)
Blue OG-13-18% (I-D)
Booger-13-18% (H)
Bootlegger-13-19% (I-D)
Bubble Gum-13-19% (H)
Bubbligum Kush-13-23% (I-D)
Blackberry x Blueberry-14-19% (I-D)
Brain Wreck-15-18% (H)
Blue afghan-15-19% (I-D)
Blue Afghani-15-19% (I-D)
Bog Sour Grape-15-19% (I-D)
Bingo Pajamas-15-20% (H)
Blue Ninja-15-20% (H)
Blue Satellite-15-20% (H)
Bubblicious-15-20% (H)
Blue Magic-15-22% (H)
Blue Kush-15-25% (S-D)
Blue Ox-16% (I-D)
Blukashima-16-17% (H)
Birds Eye-16-18% (S-D)
Blue Wonder-16-18% (S-D)
Blackberry Lime Haze-16-19% (S-D)
Blueberry Muffin-16-19% (I-D)
Brazil Amazonian-16-19% (I-D)

Banana Peel-16-20% (H)
Blue Galaxy-16-21% (I-D)
Blue Power-16-21% (I-D)
Blue Magoo-16-22% (I-D)
Blue Diesel-16-23% (I-D)
Blue Venom-16-23% (I-D)
Black D.O.G.-16-24% (I-D)
Boss Hog-17% (H)
Blue Dream-17-24% (S-D)
Blue Diamond-18% (H)
Buddha OG Kush-18% (H)
Black Cherry Soda-18-22% (S-D)
Bio Diesel-18-22% (H)
Blue Bayou-18-22% (S)
Batgirl-18-24% (S-D)
Blackberry Chem OG-18-24% (I-D)
Bubba Tom Hayes-18-25% (H)
Banana Bunch-18-26% (H)
Bay Dream-18-26% (S-D)
Big Smooth-18-26% (I-D)
Black Betty-18-26% (H)
Banjo-18-28% (H)
Black Lime-19% (I-D)
Blueberry Bomb-19% (I-D)
Blue Hash-19% (I-D)
Blue Wolf-19-20% (S-D)
Berry Larry-19-22% (I-D)
Biddy Early-19-22% (H)
Boy Scout Cookies-19-23% (H)
Black Lotus-19-25% (I-D)
Blackberry Kush-20% (I-D)
Black Rose-20% (I-D)
Big Kush-20% (H)
Blue Zkittlez-20% (I-D)
Brian Berry Cough-20% (H)
Blue Champagne-20% (S-D)
Blue Alien-20-21% (I)
Bodega Bubblegum-20-23% (H)
Blue OG Sherbert-20-26% (S-D)
Balmoral-21% (H)
Blueberry Silvertip-22% (H)
Blue Cinex-22% (S-D)
Blue Frost-22% (I-D)
Banana Split-22-25% (S-D)
Blue Heron-22-25% (I-D)
Blue Sky-23% (I-D)
Bright Fire-23-25% (I-D)
Bruce Banner #3-23-29% (S-D)
Birthday Cake-24% (H)
Blue Hawaiian-24% (S-D)
Blue Moon Rocks-24% (I-D)
Bruce Banner-24-29% (S-D)
Biscotti-25% (I-D)
Blue Gelato-25% (I-D)
Bluniverse-25% (H)
Blue Cookies-25-28% (I-D)
Buffalo Bill-25-28% (S-D)
Banana Daddy-25-30% (H)
Billy Kimber-25-30% (I-D)
Black Triangle-26% (I)
Blue Nightmare-26% (H)
Boss OG-26% (H)
Buddha Haze-26% (S-D)
Blue Knight-27% (H)
Blueberry Blast-28% (S-D)
Brownie Scout-38% (I-D)
Blissful Wizard-32-34% (H)
Bear Dance-33% (S-D)
Buddha Tahoe- (H)
Bubba's Bitch- (I-D)
Big Mac- (I-D)
Berkeley- (S)
Big Sur Holy Weed- (S-D)
Blue Dream-(CBD-11%) (S-D)
Colorado Chem-2% (H)
Chem Crush-2% (H)
Cannatonic-7-15% (H)
Cali Kush-9-13% (H)
Chocolate Drop-10-15% (I-D)
CBD Rich Blessing-10-15% (S-D)
Coconut Oil-10-15% (S-D)
Cherry Mender-10-18% (I-D)
Clementine Kush-10-20% (S-D)
Cherry Durban Poison-13-18% (H)
California Sour-13-20% (H)
Cheese Candy-14-19% (S-D)
Cactus Cooler-14-23% (S-D)
Cherry Cookies-14-23% (I-D)
Chemdog #4 x Alien OG Kush-14-23% (H)
Cookie Breath-14-23% (H)
Colombian Mojito-15% (S-D)
Crunch Berry Kush-15-16% (I-D)
Crater Lake-15-17% (H)
Candy Apple-15-18% (S-D)

Critical 47-15-18% (H)
Catfish-15-19% (S)
China Yunnan-15-19% (I-D)
Candy Cane-15-20% (I-D)
Caramella-15-20% (I-D)
Cookie Dawg-15-20% (I-D)
Chupcabra-15-20% (H)
Cherry Chem-15-22% (I-D)
Cold Creek Kush-15-22% (I-D)
Cosmic Collision-15-22% (S-D)
Cookies and Dream-15-24% (S-D)
Cinex-15-25% (S-D)
Candy Rain-16-21% (I-D)
Chernobyl-16-22% (S-D)
Cinderella 99-16-22% (S-D)
Cherry Pie-16-24% (I-D)
Chocolate Fondue-17% (S-D)
Casper OG-17-18% (I-D)
Clementine-17-19% (H)
C4-17-19% (I-D)
California Limes-17-25% (H)
Cherry Skunk-18% (I-D)
Captain's Cake-18-19% (I-D)
Citrus Rush-18-19% (H)
Cherries Jubilee-18-20% (I-D)
Congo-18-20% (S)
Chocolope-18-21% (S-D)
Cherry Garcia-18-22% (H)
Cindy White 18-22% (H)
Citrix-18-23% (H)
Candyland-18-24% (S-D)
Citrus Sap-18-24% (S-D)
Colin OG S1-18-25% (I-D)
Chem Sis-18-27% (S-D)
Cali Gold-19% (H)
Caramel Candy Kush-19% (H)
Colombian Gold-19% (S-D)
California Sour Diesel-19-21% (H)
Cherry OG-19-22% (H)
California Love OG-19-23% (H)
Cherry Vanilla Cookies-19-25% (H)
Cali Dragon-19-29% (I-D)
Critical Jack-20% (S-D)
Critical Plus-20% (I)
Critical Plus 2.0-20% (I)
Chef Kush-20-22% (I-D)
Chloe-20-23% (S-D)
Crockett's Haze-20-23% (I-D)
Citrus Sunshine Haze-20-30% (S-D)
Critical Haze-21% (H)
Cypress OG-21-22% (H)
Cherry Diesel-21-24% (H)
Cannalope Kush-21-25% (S-D)
Cherry Sherbet-22% (I-D)
Citral Glue-22-24% (I-D)
Capleton-23% (S-D)
Chem Valley Kush-23% (S-D)
Cherry Thunder Fuck-23% (I-D)
Cascadia Kush-23-25% (I-D)
Cookies Haze-23-25% (S-D)
Crown OG-23-25% (I)
Captain America OG-24% (H)
Colorado Clementines-24% (I-D)
Cherwillie-25% (S-D)
Cookie Dough-25% (H)
Cherry Limeade-25-26% (H)
Chocolate Diesel-25-30% (S-D)
Chemnesia-25-32% (S-D)
Cookies and Cream-26% (H)
Cirrus-26% (S-D)
Candy Jack-27% (H)
Chocolate Mint OG-27% (I-D)
Cherry Blossom-27% (I-D)
Crystal Coma-27% (S-D)
Chocolate Lava-28-30% (H)
Chem Cookies-30% (I-D)
Cobra Lips-30% (S-D)
Chaquita Banana-33-34% (H)
Cherry Fire- (H)
Confidential Cheese- (H)
Chiesel- (H)
Crypt- (H)
Chocolate OG- (I)
Chunky Diesel- (S-D)
CBD Mango Haze-(CBD-12%) (S-D)
Charlotte's Web-(CBD-20%) (I-D)
Dance Hall-1% (S-D)
Doctor Doctor-1-2% (S-D)
Dopium-10% (S-D)
Destroyer-10-15% (S)
Death by Cake OG-10-20% (H)
Diesel Tonic-12-21% (S-D)
Dirty Old Bastard-14% (I-D)
Double Tangie Banana-14-18% (S-D)

Desert Star-15% (H)
Delahaze-15-18% (S-D)
Dream Lotus-15-19% (H)
Dutch Dragon-15-20% (H)
Dog Shit-15-20% (S-D)
Doc Holiday-15-23% (I-D)
Dr. Feelgood-16-20% (H)
Dutchberry-17% (S-D)
Desert Diesel-17-20% (S-D)
Damn Sour-17-22% (S-D)
Donegal-18% (S-D)
Dragon OG-18-20% (S-D)
Drizella-18-20% (S-D)
Dr.Quantum-18-23% (I-D)
Double Lemon Pie-19-20% (S-D)
Dream Girl-19-22% (H)
Dutch Treat Haze-19-27% (I-D)
Double Tap-20% (I-D)
Dr. Grinspoon-20% (S)
Dakini Kush-20-21% (I-D)
Do-Over OG-21% (H)
Durban Berry-21% (H)
Dirty Girl-21-25% (S-D)
Dirty Widow-22% (S-D)
Don Shula-22% (I-D)
Double Diesel-22% (S-D)
Dragon's Breath-22% (H)
Durban Poison-24% (S)
Deadhead OG-25% (S-D)
Dragon Fruit-25% (H)
Dream Beaver-26% (S-D)
Diamond Dust-27% (I-D)
Double Dream- (S-D)
Dream Star- (S-D)
Elektra-1% (H)
Elphinstone-10-15% (S-D)
Electric Lemonade-15-16% (S-D)
Electric Lemon G-15-18% (S-D)
Easy Peezy-15-18% (H)
Euphoria-15-20% (I-D)
Extreme Cream-15-20% (I-D)
Ecto Cooler-15-20% (S-D)
Early Skunk-15-22% (I-D)
Emerald OG-17-19% (I-D)
Exodus Cheese-18% (S-D)
East Coast Alien-18-20% (S-D)
El Chapo-19-23% (I-D)
ECSD-20% (S-D)
Emerald Jack-20-24% (S-D)
Erez-23% (I-D)
Enigma-24% (I-D)
Ethos Hash Plant-25% (H)
Emperor Cookies Dough-25-29% (I-D)
Elmer's Glue-26-28% (H)
Eddy Lepp- (H)
Edelweiss- (I-D)
Flo Walker-11-15% (H)
Fallen Angel-12-14% (I-D)
Fuzzy Naval-13-20% (H)
FLO-14-17% (S-D)
Forbidden Zkittlez-15-20% (I-D)
Full Moon-15-24% (S)
Frisian Dew-16-17% (H)
Future #1-17-24% (H)
FPOG-18-21% (I-D)
Fruit Punch-18-25% (S-D)
Flower Bomb Kush-19% (S-D)
Face on Fire-19-25% (I-D)
Face Off OG-20% (H)
Frosted Freak-21% (H)
Firewalker OG-22% (H)
Fortune Cookies-24% (S-D)
Freezeland-24% (H)
First 48-29% (S-D)
FLO OG-25-30% (I-D)
Face Off Bx2- (H)
False Teeth- (I-D)
Gummy Bears-12-20% (H)
Ghost Rider OG-12-22% (H)
Good Medicine-15% (S-D)
Grape Valley Kush-15-18% (I-D)
Great Love Potion-15-18% (S-D)
Godzilla Glue-15-19% (H)
Grandma's Sugar Cookies-15-20% (I-D)
Game Changer-15-21% (I-D)
Gushers-15-22% (I-D)
Ghost Bubba-15-23% (I-D)
Green Crack-15-25% (S-D)
Green Crack CBD-15-25% (S-D)
Grandma's Batch-16% (H)
Grand Doggy Purps-16-20%
Golden Goat-16-23% (S-D)
Golden Ticket-15-25% (H)
Grandma's Batch-16% (H)

Grapefruit Haze-16-25% (H)
 Grateful Grape-17% (I)
 Golden Gage-18-19% (S-D)
 Grape Drink-18-19% (I-D)
 Ghost Ship-18-20% (I-D)
 Georgia Pine-18-20% (H)
 Green Goddess-18-20% (S-D)
 Green Avenger-18-22% (H)
 Garlic-18-23% (I-D)
 Garlicane-18-23% (I-D)
 Golden Nuggets-18-24% (I-D)
 Grape Bubba-18-24% (S-D)
 Galactic Jack-18-26% (S-D)
 Ghost OG Moonshine-19-29% (H)
 Gas Mask-20% (I-D)
 Gelato-20% (I-D)
 Gelato #33-20% (I-D)
 Ghost Cookies-20% (I-D)
 Glass Slipper-20% (H)
 Green Hornet-20% (H)
 Gupta Kush-20% (H)
 Golden Pineapple-20-23% (H)
 Gorilla Zkittlez-20-24% (I-D)
 Grape Ox-20-24% (I-D)
 Gary Payton-20-25% (H)
 Gorilla Girl-20-25% (S-D)
 Grapfruit-20-25% (S-D)
 Granddaddy Purple-20-27% (I-D)
 Green Line OG-20-29% (H)
 Guava Chem-21% (H)
 Grape Soda-22% (I-D)
 God's Green Crack-22-25% (I-D)
 Goji OG-22-26% (S-D)
 Golden Lemon-23% (I-D)
 Green Latern-23% (S-D)
 Gorilla Grips-23-25% (I-D)
 Go Time-24-25% (S-D)
 Ghost Breath-24-28% (S-D)
 Golden Cobra-24-28% (S-D)
 Grapefruit Durban-25% (S-D)
 Gut Buster-25% (I-D)
 Ghost Train Haze-27% (S-D)
 Granola Funk-27% (H)
 Gorilla Grapes-28% (I-D)
 GSC-28% (I-D)
 GG4-32% (I-D)
 Gucci OG- (H)
 Harlequin-7-15% (S-D)
 Harlequin GDP-10-11% (S-D)
 Hurricane-12-19% (S-D)
 Hulkamania-15-16% (I-D)
 Hammerhead-15-20% (I-D)
 Honey Boo Boo-15-21% (I)
 High School Sweetheart-15-23% (H)
 Humble Pie-15-23% (I-D)
 Huckleberry-15-24% (H)
 Hawaiian-15-25% (S-D)
 Hawaiian Sunrise-15-25% (S-D)
 Harmony-16% (H)
 High Noon Irish Cream-16-17% ()
 Headband-17-24% (I-D)
 Hibiscus Sunrise-18-19% (I-D)
 Hemlock-18-21% (S-D)
 Hercules-18-21% (S-D)
 Honey Bananas-18-22% (H)
 Heisenberg Kush-18-23% (S-D)
 Hawaiian Snow-18-24% (S)
 Hawaiian Trinity-19% (S-D)
 Haze Berry-20% (S-D)
 Hippie Crippler-20% (S-D)
 Holy Punch-20% (I-D)
 Haze Wreck-21-24% (S-D)
 Himalayan Blackberry-22-23% (I-D)
 Holy Grail Kush-24% (I-D)
 Headbanger-25% (S-D)
 Hempstar-25% (S-D)
 Hindu Sour-25% (I-D)
 Horace-25-30% (S-D)
 Hawaiian Haze-26% (H)
 Hazmat OG-27% (S-D)
 Holy Ghost-28% (H)
 Hawaiian Sativa- (S)
 In The Pines-6-7% (S-D)
 Industrial Plant-14-23% ()
 Irish Cream-16-17% (I-D)
 Island Sweet Skunk-16-25% (S-D)
 Ice Princess-18-20% (I-D)
 Ice Widow-18-20% (I-D)
 Ice Queen-18-23% (S-D)
 Island Haze-18-24% (S-D)
 Inzane in the Membrane-18-28% (S-D)
 Incredible Bulk-20-24% (I-D)
 Ice Cream Cake-20-25% (I-D)
 Illuminati OG-22% (I-D)

Iced Grapfruit-22-24% (S-D)
 Intergalactic-22-26% (I-D)
 Irene OG-23% (S-D)
 Iron Triangle-25% (H)
 Jamaican Lion-9-18% (H)
 Jet A-10-20% (I-D)
 Jericho Haze-10-20% (S)
 Jamaican-13-21% (S)
 J's Famous Kush-13-21% (S-D)
 Jasmine-14-16% (I-D)
 Jungle Spice-14-22% (I-D)
 Jack's Dream-15% (S-D)
 Jilly Bean-15-18% (S-D)
 Jack The Ripper-15-20% (S-D)
 Jahwaiian-15-20% (H)
 Jilly Dawg-15-20% (S-D)
 Jacky Girl-16-20% (H)
 J1-16-22% (H)
 Jorge's Diamond-16-22% (H)
 Jet Fuel-17-19% (S-D)
 Jack Haze-17-23% (S-D)
 Jack Skellington-18% (S-D)
 Jesus-18-19% (S-D)
 Jack 47-18-24% (S-D)
 Jack Diesel-19-23% (S-D)
 Julius Caesar-20% (H)
 Jungle Scout Cookies-20-25% (I-D)
 Jack Wreck-20-26% (S-D)
 Jesus OG-21-25% (S-D)
 Jack Herer-23% (S)
 Jack Frost-23% (H)
 Jager-23% (I-D)
 Jane Doe-24% (H)
 Jock Horror-24% (S-D)
 Jazz-25% (S-D)
 Juicy Fruit-26% (S-D)
 Jungle Cake-30-33% (H)
 Jenny Kush- (H)
 Jackalope- (S-D)
 Jacky White- (S-D)
 Juliet- (S-D)
 Kali Mist-15% (S-D)
 Kush Rice-15-16% (I-D)
 Kill Bill-15-19% (H)
 Kritikal-K-15-20% (I-D)
 Ketama-15-20% (I)
 Kaua'i Electric-16-18% (S)
 Kilimanjaro-18% (S-D)
 Kerala Krush-18-22% (S-D)
 Kali 47-19% (S-D)
 Karma OG-19-28% (I-D)
 Kuchi-20-22% (I-D)
 Katsu Bubba Kush-20-24% (I-D)
 King's Bread-21% (S)
 Kosher Tangie-21-24% (I-D)
 Key Lime Pie-22% (I-D)
 Kid-N-Kookies-22% (I-D)
 Killing Fields-22% (H)
 Khalifa Kush-24-26% (I-D)
 Kona Gold-24-29% (S-D)
 King Tut-25-30% (S-D)
 Kush n Cheese-26% (S-D)
 King's Banner-30% (I-D)
 Kashmir Kush- (H)
 K-Train- (H)
 Kali China- (I-D)
 Kurple Fantasy-(CBD-1%) (H)
 Lovelace-1-6% (S-D)
 Luca Brasi-Sour Diesel-10-11% (S-D)
 Lee Roy-10-18% (I-D)
 Lemonder-12-20% (S-D)
 Legend of Nigeria-13-21% (S-D)
 Lemon Diesel-13-22% (H)
 Lavender Jones-14-17% (S-D)
 Lemon Larry Lavender-14-18% (I-D)
 Lime Green Skunk-14-19% (H)
 Lava Cake-15-18% (I-D)
 Love Potion #1-15-18% (S-D)
 Life Saver-15-19% (H)
 Lemon Ice-15-19% (S-D)
 Liberty Haze-15-21% (H)
 Lemon Skunk-15-22% (S-D)
 Lemon Fire-15-24% (I-D)
 Limon-16-19% (S-D)
 Lamb's Bread-16-21% (S-D)
 Lemon Oasis-16-26% (H)
 Lime Skunk-17% (H)
 Lemon Haze-17-22% (S-D)
 Laughing Buddha-18% (S-D)
 Lemon Meringue-18-22% (S-D)
 Lemon Walker OG-19-20% (S-D)
 LA Kush-19-21% (I-D)
 Locomotion-19-22% (I-D)
 Lemon Bubble-19-23% (S-D)

Lemon Kush Headband-19-23% (S-D)
Longbottom Leaf-19-24% (S-D)
Lemon Zest-19-24% (S-D)
Lohan-19-25% (H)
Laughing Gas-20% (S-D)
Lilac Diesel-20-21% (H)
Lion's Milk-20-24% (I-D)
Lemon Tree-20-25% (H)
Lucid Blue-20-28% (S-D)
Lemon Jeffrey-20-29% (S-D)
Lemon Cookies-21-28% (H)
Lucid Dream-21-28% (S-D)
Lemon Thai-22% (H)
Lemonhead OG-22-23% (S-D)
Lodi Dodi-22-23% (S-D)
Legalized OG-22-24% (H)
Lemon G-23% (S-D)
Locktite-23% (I-D)
Lem Chem-23-24% (S-D)
Legend OG-24% (I-D)
LSD-24% (S-D)
Lemon Bananas-24-27% (H)
Limoncello-25% (S-D)
Logic Diesel-25% (H)
Lemon Berry Candy OG-25% (H)
LA Sunshine-27% (H)
Lavender-27% (I-D)
Layer Cake-32% (I-D)
Lemon Alien Dawg- (I-D)
Little Devil- (I-D)
LA Jack- (S-D)
Lemon Jack- (S-D)
Little Jack- (S-D)
MCI-1-2% (I-D)
Mai Tai Cookies-8-14% (S-D)
Malawi Gold-9-13% (S)
Medihaze-9-13% (S-D)
Magnum-10-15% (H)
Magnum PI-11-12% (S)
Mexican-12-18% (S-D)
Mendo Afgoo-13-18% (H)
Mountain Girl x Grape Ape-14-16% (I-D)
MAC-14-20% (H)
Merlot OG-15% (I-D)
Moose and Lobsta-15% (S-D)
Maui Haole-15-17% (H)
Monkey Paw-15-17% (S-D)
Margaret Cho-G-15-18% (I-D)
Moloka'i Frost-15-20% (S-D)
Murkle-15-20% (I-D)
Maui Mango Diesel-15-20% (S-D)
Melon Gum-15-23% (I-D)
Mercury OG-15-24% (H)
Magic Melon-15-25% (S-D)
Mendo Queen-16% (H)
Medibud-17% (I-D)
Master Jedi-17-20% (H)
Middlefork x Pineapple Express-17-20% (S-D)
Mango Haze-17-23% (H)
Mother's Helper-17-25% (H)
Mangolicious-18% (I-D)
Mega Jackpot-18% (H)
Mint Chocolate Chip-18% (H)
Mother's Finest-18-19% (S-D)
Marionberry Kush-18-23% (I-D)
Mag 91-19% (I-D)
Mob Boss-19% (I-D)
Madman OG-19% (H)
Member Berry-19% (H)
Malawi-19% (S)
Mossimo OG-19% (I)
Mako Haze-19-21% (S-D)
Martian Candy-19-21% (I-D)
Mandarine Kush-20-21% (I-D)
Mountain Temple-20-23% (S-D)
Moonshine Haze-20-24% (S-D)
Maui Wowie-20-28% (S-D)
Mango Sapphire-21-23% (I-D)
Mandarin Sunset-21-25% (H)
Mochi-21-29% (H)
Mickey Kush-22% (S-D)
Michael Phelps OG-22% (I-D)
Magnificent Mile-23-24% (I)
Mango Tango-23-25% (I-D)
Marmalade-23% (H)
Mother's Milk-24-29% (S-D)
Mandarin Dreams-25% (H)
Mystery Jazz-25% (S)
Martian Muffins-26% (I-D)
Mimosa-27% (S-D)
Moby Dick-27% (S-D)
Motorbreath-28% (I-D)
Magellan-30% (I-D)

Maui-30% (I-D)
 Monkey Bread #1-32% (I-D)
 Mt. Hood Magic-34% (I-D)
 Master Skunk- (H)
 Mango Habanero- (I-D)
 Milky Way- (I-D)
 Mud Bite- (I-D)
 Magic Beans OG (I-D)
 Mr. Tusk- (I-D)
 Mekamika Haze- (S)
 Mexican Sativa- (S-D)
 NY Cheese-14-15% (S-D)
 Ninja Fruit-14-16% (H)
 Nepalese-14-17% (S)
 Nice Cherry-14-21% (I-D)
 Nana's Fix-16% (H)
 Northern Lights-16-21% (I)
 Nina Limone-16-24% (S-D)
 Neptune Kush-17-19% (I)
 Nebula-18% (H)
 Night Terror-18-21% (I-D)
 Nectarine Lips-20% (S-D)
 Night Fire OG-20-23% (H)
 Neville's Haze-21% (S-D)
 Narnia-21-22% (S-D)
 Nuclear Cookies-21-22% (H)
 Northern Lights #5 x Haze-22-26% (I-D)
 Nightmare Cookies-23-24% (S-D)
 Nicole Kush-24% (I-D)
 Neroli 91-26% (H)
 North American Indica- (I)
 Nexus OG- (I-D)
 OG Tonic-1% (I-D)
 Opium-2% (H)
 Orange Cookies-12-18% (I-D)
 Orange Dream-14-18% (H)
 Orange Wreck-14-19% (S-D)
 Orange Creamsicle-15-17% (I-D)
 Outlaw-15-20% (S-D)
 Orange Crush-15-22% (S-D)
 OG Skunk-16-26% (S-D)
 Orange Blossom-17% (I-D)
 OG Chem-20% (S-D)
 Old School OG-20% (I)
 Oregon Pineapple-20% (I-D)
 Outer Space-20% (H)
 OJ Kush-20-30% (S-D)
 Orange Hill Special-21% (H)
 Orange Poison-25% (S-D)
 Omega Dawg-25% (H)
 Orange Kush Cake-25-30% (H)
 Omega-26% (H)
 OGKB-27% (I-D)
 Ogre Berry-28% (I-D)
 Pink Pez-1% (H)
 Peach Puree-3-5% (S-D)
 Purple Voodoo-7% (H)
 Pennywise-8-15% (I-D)
 Purple Frost-9-13% (H)
 Pineapple Purple Skunk-12-15% (S-D)
 Phatt Frutty-12-22% (I-D)
 Pineapple Punch-13-15% (S-D)
 Purple Maui-13-15% (S-D)
 Princess-13-20% (S-D)
 Purple Tears-14-16% (H)
 Predator Pink-14-17% (I-D)
 Peaches and Cream-14-21% (S)
 Pamelina-15-16% (I-D)
 Prevention-15-20% (I-D)
 Phantom Cookies-15-21% (S-D)
 Peach Cobbler-15-23% (H)
 Pink Candy Kush-15-23% (S-D)
 Pineapple Hash Plant-15-23% (I-D)
 Plushberry-15-25% (H)
 Platinum Trainwreck-16% (H)
 Purple Cotton Candy-16-19% (I-D)
 Panama Red-16-22% (S)
 Pink Champagne-16-23% (I-D)
 Peach Crescendo-16-26% (I-D)
 Passion Fruit-17% (S)
 Pineapple Purps-17% (S-D)
 Purple Rhino-17-20% (I)
 Pink Lemonade-17-22% (I-D)
 Pine Cone-18% (S-D)
 Pinkman Goo-18-19% (I-D)
 Pie Face-18-19% (I-D)
 Purple Punch-18-20% (I-D)
 Pine Tar-18-22% (I)
 Pineapple Super Silver Haze-18-23% (S-D)
 Platinum Cookies-18-26% (H)
 Panda OG-19% (H)
 Purple Rain-19% (H)
 Peppermint Cookies-19-22% (I)
 Puna Budder-19-22% (H)

Purple Swish-19-22% (I-D)
Peanut Butter-20% (I-D)
Pineapple Jack-20% (H)
Pink Cookies-20% (I)
Purple Champagne-20-21% (S-D)
Petrolia Headstash-20-22% (I)
Puck Yeah-20-22% (I-D)
Purple Thai-20-23% (S-D)
Poison Haze-20-24% (S)
Purple Unicorn-20-25% (H)
Pineapple OG-20-26% (I-D)
Pinot Green-21% (S-D)
Paradise Watts-21-29% (I-D)
P-91-22% (H)
Purple Tangie-22% (S-D)
Pink Panther-22-24% (S-D)
Purple Pie-22-24% (I-D)
Project Blue Book-22-26% (H)
Pacific Blue-22-28% (I-D)
Pearl Scout Cookies-22-23% (I-D)
Purple People Eater-23-25% (I-D)
Pie Hoe-24-28% (I-D)
Pineapple Express-25% (S-D)
Papa's OG-25% (I-D)
Purple Jack-25% (H)
Pure Vida-26-30% (I-D)
Peanut Butter Breath-28% (H)
Pie Til I Die-30% (H)
Purple Headband- (H)
Pineapple Upside Down Cake- (I-D)
Purple Widow-(CBD-1%) (I-D)
Qush-12-18% (I-D)
Quin N Tonic-14-18% (I-D)
Qrazy Train-16-20% (H)
Qleaner-20% (S-D)
Quantum Kush-27% (S-D)
Quattro Kush-34% (I-D)
Royal Highness-13-15% (S-D)
Rock Bud-13-16% (I-D)
Red Cherry Berry-14% (H)
Red Poison-14-16% (H)
Rainbow Jones-14-18% (I-D)
Race Fuel OG-15% (H)
Rebel Berry OG-15% (S-D)
Royal Haze-15% (S-D)
Rocky Mountain Berry-15-18% (I-D)
Rene-15-18% (S-D)

Raspberry Cough-15-24% (S-D)
Raskal OG-17-19% (S-D)
River Song-17-25% (I-D)
Red Congolese-18-20% (S)
Rudeboi OG-19-22% (I-D)
Red Cross-20% (H)
Red Velvet Pie-20% (H)
Rainbow Chip-20-22% (H)
Red Haze-20-22% (S)
Rebel God Smoke-20-28% (S-D)
Riddler OG-21% (H)
Reclining Buddha-23% (I-D)
Russian Doll-23-25% (S-D)
Rocket Fuel-23-29% (I-D)
Rollins-24-28% (S-D)
Rug Burn OG_28% (I-D)
Redding OG- (H)
Rocky Dennis- (H)
Special Sauce-1% (H)
Silver Haze-1% (H)
Star Tonic-9% (H)
Spirit of '76-10% (H)
Super Sour Skunk-10-15% (H)
Sweet Harlem Diesel-10-16% (S-D)
Soulshine Aloha-10-18% (I-D)
Sour Grape-10-18% (H)
Strawberry Dream-11-16% (H)
Shaman-12-18% (S-D)
Sour OG-13-17% (H)
Strawberry Sorbet-13-18% (I-D)
Sundae Driver-14-16% (H)
Sunshine-14-16% (S-D)
Swazi Gold-14-18% (S)
South Indian Sativa-15% (S)
Space Queen-15% (H)
Sinmint Cookies-15-16% (I-D)
Sour Breath-15-17% (S-D)
Sour Cookies-15-17% (S-D)
Sour Lemon-15-17% (S-D)
Sour Breath-15-17% (S-D)
Spoetnik #1-15-18% (I-D)
Sherbet-15-19% (I-D)
Skunk-15-19% (S-D)
Sweet Pink-15-19% (S-D)
Samoa Kush-15-20% (I-D)
Silver Bubble-15-20% (H)
Sojay Haze-15-20% (S-D)

Soul Assassin OG-15-20% (I-D)
Sticky Lemon-15-20% (H)
Star Fighter-15-20% (I-D)
Slimer OG-15-22% (I-D)
Star Pupil-15-23% (I-D)
Super Silver Hash Plant-15-23% (H)
Sleestack-15-25% (S-D)
Schom-16-18% (S-D)
Snow Lotus-16-18% (H)
Sour Star Head-16-19% (S-D)
Space Needle-16-20% (S)
Strawberry Blue-16-20% (H)
Space Cake-16-23% (I-D)
Stardawg-16-25% (S-D)
Sour Dream-17% (S-D)
Sour Willie-17% (H)
Star Master Kush-17% (I-D)
Serious Happiness-17-19% (H)
Super Sour OG-17-19% (H)
Saturn OG-17-20% (H)
Smelliot-17-20% (H)
Sourlope-17-22% (S)
Silver Back-17-23% (I-D)
Super Star-17-23% (I-D)
Strawberry Durban Diesel-17-25% (S-D)
Sweet Amnesia Haze-18% (S)
Sour Patch Kids-18-21% (S-D)
Super Sour Lemon-18-21% (S-D)
Sweet Cheese-18-21% (S-D)
Serious Kush-18-22% (I)
Strawberry Shortcake-18-23% (S-D)
Super Green Crack-18-23% (S)
Super Silver Haze-18-23% (S-D)
Shark Bite-18-24% (H)
Sour Banana Sherbet-18-24% (H)
Sour Cheese-18-24% (S-D)
Sour Sunset-18-24% (I-D)
Sour Headband-18-25% (S-D)
Satellite OG-19% (H)
Sirius Black-19% (I-D)
Skunk Berry-19% (H)
Snow Dog-19% (H)
Sour Urkle-19% (I-D)
Sugar Mama-19% (H)
Silver Mountain-19-20% (S-D)
Sugar Plum Sunset-19-20% (I-D)
Sequoia Strawberry-19-22% (S-D)
Snow Diesel-19-23% (I-D)
Summer Breeze-19-23% (H)
Seattle Soda F2-20% (H)
Slazerbeam-20% (S-D)
Strawberry Blonde-20% (S-D)
Super Glue-20% (I-D)
Strawberry Ice-20-21% (H)
Super Blue Dream-20-21% (H)
Secret Recipe-20-22% (S-D)
Shangri-LA-20-22% (S-D)
Strawberry Amnesia-20-22% (S-D)
Super Lemon OG-20-22% (I-D)
Snow Ryder-20-23% (I-D)
Sour Joker-20-23% (S-D)
Sunny D-20-23% (S-D)
Strawberry Diesel-20-24% (H)
Silverhawks OG-20-25% (S-D)
Six Shooter-20-25% (H)
Skunk Hero-20-25% (S-D)
Strawberry Snowcone-20-25% (S-D)
Sour Jilly-20-26% (S-D)
Salmon River OG-20-29% (I-D)
Stardawg Guava-21% (S-D)
Sour Tangie-21-22% (S-D)
Skunk 47-21-23% (I-D)
Sour Poison-22% (S-D)
Scooby Snacks-22% (H)
Silver Kush-22% (S-D)
Strawberry Haze-22% (I-D)
Sour Jack-22% (S-D)
Sour Amnesia-22% (S-D)
Strawberry Cheesecake-22% (I-D)
Supernatural-22% (S-D)
Strawberry Mango Haze-22-23% (S-D)
Strawberry Satori-22-23% (S-D)
Sumo Grande-22-23% (S-D)
Sweet Dream-22-23% (I-D)
Sour Bubba-22-24% (I)
Sweeties-22-24% (I-D)
Scott's OG-22-26% (I-D)
Sour OG Cheese-22-26% (H)
Strawberry Cough-22-26% (S-D)
Sour Cream-23% (H)
Satori-23-28% (H)
Silver Train-24% (S-D)
Sugar Punch-24% (H)
Super Jack-24% (S)

Sapphire Star-24% (H)
South Central LA-24% (I)
Special K-24% (H)
Silver Tip-24-28% (S-D)
Sunset-24-30% (I-D)
Sour Strawberry-25% (H)
Sunshine #4-25% (H)
Super Lemon Haze-25% (S-D)
Sour Pebbles-25% (H)
Spumoni-26% (I-D)
Sour Diesel-26% (S-D)
Sour Maui-26% (H)
Snoops Dream-26% (H)
Sour Dubb-26% (S-D)
Star Killer-26% (I-D)
Skywalker Alien-28% (I-D)
Starry Night- (H)
Stinky Pete- (H)
Swiss Indica- (I)
Silver Nina- (S-D)
Sonoma Coma- (S-D)
Sharkbreath- (I-D)
Thunderstruck-1-2% (S-D)
Tesla-1-3% (S-D)
TJ's CBD-6-8% (H)
The Big Dirty-10-13% (H)
True Berry-10-20% (I-D)
Tango Kush-13-15% (S-D)
The Flav-13-19% (I-D)
Tangier Chilly-14-17% (I-D)
The Void-14-18% (H)
Thunderbird Rose-15% (S-D)
The Sauce-15-16% (S-D)
The One-15-17% (H)
The Couch-15-19% (S-D)
Toxic Punch-15-25% (H)
Tuna Kush-16-18% (I-D)
Trash-17-19% (I-D)
Trinity-17-20% (S-D)
The Sister-17-21% (I-D)
Tangerine Trainwreck Haze-17-23% (S-D)
Tangerine Man-18-19% (S-D)
Tropical Tang-18-22% (S-D)
Thai Girl-18-25% (S-D)
Tangerine Power-19% (S-D)
Tommy's Home Grown-19% (H)
Tangie's Ghost Train-19-20% (S-D)
Tangie-19-22% (H)
Tangie Dream-20% (S-D)
Tina Danza-20% (H)
Tres Dawg-20% (H)
Triangle Kush-20% (I-D)
Tiger Melon-20-22% (I-D)
Thai-20-24% (S)
Twisted Citrus-20-24% (H)
Tangelo Kush-21% (S-D)
Thai Haze-21% (S-D)
Training Day-21% (I-D)
Tropicana Cookies-21-25% (S-D)
Tangerine-22% (H)
Tesla Tower-22% (S-D)
The Loops-22% (I-D)
Tangie Biscotti-22-28% (H)
The Vision-23-24% (I-D)
Tahoe Alien-24% (I-D)
Thin Mint GSC-24% (H)
Tropicana Punch-25-26% (H)
Tardis-26% (S-D)
The Guice-26% (H)
Time Wreck-27% (S-D)
Tangerine Cookies-28% (S-D)
Turbo Mindwarp-28% (S-D)
Three Blue Kings-32% (H)
Thai Lights- (H)
True X- (I-D)
Tahoe Hydro Champagne- (S-D)
Tangilope- (S-D)
Tropic Thunder- (S-D)
Ultra Sour-20% (S-D)
Urkle Train Haze-22-23% (H)
Violet Delight-12% (H)
Versace-15-25% (S-D)
Velvet Bud-16% (S-D)
Very Cherry-18-22% (S-D)
Valley Girl-19-25% (H)
Viper-20% (S-D)
Vots AZ Super Sour OG-22-24% (S-D)
Voodoo- (S)
Wellness OG-1% (H)
White Harmony-10-15% (S-D)
WTF-10-18% (I-D)
White Strawberry-12-18% (H)
White Strawberry Skunk-12-18% (H)
Wabanaki-13-18% (S-D)

White Sangria-14-20% (I-D)
Walker Kush-15-18% (I-D)
White Buffalo-15-20% (S-D)
Wet Dream-15-22% (S-D)
WMD-15-20% (I-D)
Wembley-16% (I-D)
White Cheese-16% (H)
Wonder Woman-16-18% (S-D)
Wappa-18-19% (I-D)
Willy Wonka-18-24% (S-D)
White Nightmare-19-20% (S-D)
White LSD-19-22% (S-D)
White Lemon-20% (H)
White Lotus-20% (H)
Wolfberry-20% (H)
White Empress-20-25% (I-D)
Wedding Crasher-21% (I-D)
White Walker Kush-22% (S-D)
Willie Nelson-22% (S-D)
White Fire OG-22-28% (I-D)
Wild Thailand-23% (S)
Willie's Ghost-23-25% (I-D)
White Dream-24% (H)
White Lightning-24% (H)
Wedding Cake-25% (I-D)
White Kryptonite-25% (H)

White 99-25% (S-D)
White Slipper-25% (S-D)
White Knight-26% (I)
Wookies-28% (I-D)
White Tahoe Cookies-29% (I-D)
Wakanda OG-32% (H)
Xanadu-14-18% (S-D)
XJ-13-22% (H)
XXX 420- (I)
Zelly's Gift-17-18% (S-D)
Zoom Pie-18-24% (I-D)
Zsweet Insanity-19-21% (H)
Zamaldica-20% (S-D)
Zeta Sage-20% (H)
Zelda-26% (H)
8 Ball Kush-8% (I)
13 Dawgs-13% (H)
3 Kings-14% (S-D)
999-15-18% (H)
22-18% (H)
303 Kush-18% (H)
24K Gold-18-24% (I-D)
707 Truthband-19-23% (I-D)
91 Krypt-20% (I-D)
818 OG-20% (I-D)
'88 G13 Hashplant- (I-D)

ANXIETY THC % L-H

Athabasca-1% (I-D)
Avi-Dekel-1% (I-D)
Alpha Blue-2% (S-D)
Astral Works-5% (H)
Aliens on Moonshine-7-9% (I-D)
Arabian Gold-11% (H)
Amethyst-13-20% (S-D)
AK-47-13-20% (S-D)
Abusive OG-13-18% (I)
Alien Dawg-14-21% (I-D)
Afghan Diesel-14-23% (H)
Alien Kush-14% (H)
Atomic Northern Lights-14-24% (I-D)
Ape Shit-15-19% (H)
Ash-15-20% (I-D)
Alice in Wonderland-15-23% (S-D)
Aurora Borealis-15-22% (H)
Apple Kush-15-18% (I-D)
Armageddon-15-17% (S-D)
Agape-15-20% (S-D)
Apollo 13-15-19% (S-D)
Ancient OG-15-21% (I-D)
Alf-15% (I-D)
Arjan's Ultra Haze #1-16-21% (S-D)
Afghani-16-20% (I)
Alaskan Thunderfuck-16-23 (S-D)
Afghan Hawaiian-16-22% (I-D)
Agent Tangie-16-18% (S-D)
Arctic Blue-16-21% (I-D)
Azure Haze-16-20% (I-D)
Acid-17% (I-D)
American Beauty-17-23% (H)
Arctic Sun-18-22% (S-D)
Anubis-18% (I-D)
Afghan Cow-18-22% (S-D)
Anesthesia-19% (I-D)
Alpha Express-19-21% (S-D)
Angel OG-19% (I-D)
Acapulco Gold-19-24% (S-D)
Ace of Spades-19-25% (I-D)
Apple Jack-20% (H)
Atomic Goat-20% (H)
Aloha OG-20% (I-D)
Alien Inferno-20% (I-D)
AK-48-20% (I-D)
Afwreck-20% (S-D)
Alien OG-20-26% (H)
Alien Abduction-20-29% (I-D)
Afpak-20-22% (I-D)
Afghanica-20% (I-D)
ACDC-20% (S-D)
Amnesia Haze-20-22% (S-D)
Alien Cookies-21% (H)
Alaskan Ice-21% (S-D)
Afghan Kush-21% (I)
Alien Bubba-21% (I-D)
Ayahuasca Purple-21% (I-D)
Allen Iverson OG-22% (I-D)
Atomic Bomb-22-26% (H)
Amnesia OG-24% (S-D)
Afgooey-25% (I-D)
Alchemy-24-26% (H)
Agent Orange-25% (S-D)
Aloha Berry-25-28% (I-D)
A-Dub-25-28% (I-D)
Atomic-26% (I-D)
Alpine OG-27% (I-D)
Alien Rift-27% (I-D)
Afgoo-28% (I-D)
Apollo 11- (I-D)
Afkansastan- (I-D)
Blue Lights- (I-D)
Bubble Bitch- (I-D)
Big Mac- (I-D)
Butterscotch- (H)
Blue Goo- (H)
Buddha Band- (H)
Beastmode OG- (I-D)
Blue Jay Way-6-8% (H)
Black Label Kush-8% (H)
Bangl Haze-10-15% (S-D)
Blue Mountain Fire-10-15% (S-D)
Big Holy Nina-10-15% (S-D)
Blueberry Headband-10-20% (I-D)
Blue Dragon-11-15% (H)
Blue Widow-12-17% (H)
Black Cherry Pie-12-18% (H)
Bloos Kloos-12-15% (I-D)
Blizzard Bush-13% (H)
BC Big Bud-12-16% (S-D)

Black Dahlia-12% (I-D)
Blueberry Lambsbread-12-16% (H)
Big Buddha Cheese-13-18% (H)
Bubble gum-13-19% (H)
Blue OG-13-18% (I-D)
Bazooka Joe G-13% (I-D)
Banana Cream OG-14% (H)
Blues-13-16% (S-D)
Bootlegger-13-19% (I-D)
Blueberry Haze-13-16% (S-D)
Black Jack-14-24% (I-D)
Bango-14-22% (S-D)
Blue Rhino-15-20% (I-D)
Blackberry Bubble-14-20% (I-D)
Blueberry Cheesecake-15-23% (S-D)
Black Velvet-15% (H)
Blueberry Diesel-15% (I-D)
Blue Nina-15-20% (H)
Blue OX-16% (I-D)
Black Roses-20% (S-D)
Blueberry Pie-15-19% (H)
Blueberry Yum Yum-15% (H)
Bubbleberry-15-20% (S-D)
Bubba Cookies-15-23% (I-D)
Bianca-15-23% (I-D)
Black Russian-15-16% (I-D)
Bog Bubble-15-19% (H)
Blue Satellite-15-20% (H)
Bubba Cookies-15-23% (I-D)
Brazil Amazonia-16-19% (I-D)
Bird's Eye-16-18% (S-D)
Black D.O.G.-16-24% (I-D)
Bakerstreet-16-19% (I)
Blue Diesel-16-23% (I-D)
Blue Power-16-21% (I-D)
Blue Venom-16-23% (I-D)
Blukashima-16-17% (H)
Blueberry Muffin-16-19% (I-D)
Buddha OG Kush-16-22% (H)
Black Magic-17% (I-D)
Blue Dream-17-24% (S-D)
Blueberry-17% (I-D)
Blueberry Haze-18-22% (S-D)
Black Domina-18-24% (I)
Banana Kush-18-25% (I-D)
Blackberry Hashplant-18% (H)
Banana Punch-18-26% (H)

Big Smooth-18-26% (I-D)
Bob Saget-18% (S-D)
Black Diamond-18-24% (I-D)
Boggle Gum-18-22% (H)
Banjo-18-28% (H)
Blacklime-19% (I-D)
Blood Orange Sorbet-19% (I-D)
Blue Wolf-19-20% (S-D)
Buddha's Sister-19-22% (I-D)
Berry White-19-23% (I-D)
Burkle-19% (I-D)
Blackwater-19% (I-D)
Big Bang-19% (I-D)
BC Road Kill-19-25% (I-D)
Boy Scout Cookies-19-23% (H)
Blue Buddha-19-22% (I-D)
Blue Cheese-20% (I-D)
Blueberry Pancakes-20% (I-D)
Blackberry Kush-20% (I)
Blue Thai-20% (H)
Blue Champagne-20% (S-D)
Black Rose-20% (I-D)
Bodega Bubblegum-20-23% (H)
Bootylicious-20-30% (H)
Berry Noir-20% (H)
Blue Cheese-20% (I-D)
Boysenberry-20% (H)
Blucifer-21-22% (S-D)
Blue Sherbet-20-26% (S-D)
Blue Alien-20-21% (I)
Balmoral-21% (H)
Blue Mystic-21% (I-D)
Bermuda Soda-21% (H)
Bubblegun-21-29% (H)
Beckwourth Bud-21-22% (I-D)
Banana Hammock-22-27% (I-D)
Bubba Doja-22-25% (I-D)
Black Afghan-22% (I-D)
Black Haze-22% (S-D)
Banana Split-22-25% (S-D)
Blueberry Silvertip-22% (H)
Blueberry Skunk-22% (I-D)
Blue Heron-22-25% (I-D)
Blue Sky-23% (I-D)
Banana OG-23-27% (I-D)
Biker Kush-23-25% (I-D)
Big Bud-23-26% (I-D)

Blackberry Fire-23% (I-D)
Blueberry Kush-24% (I)
Blue Crack-24% (H)
Blue Wreck-24% (H)
Blue Moon Rocks-24% (I-D)
Banana Candy-24% (I-D)
Blue Dynamite-24% (H)
Black Ice-24% (I-D)
Birthday Cake-24% (H)
Blue Hawaiian-24% (S-D)
Blue Cookies-25-28% (I-D)
Bright Moments-25-26% (H)
Blue Gelato-25% (I-D)
Blackberry Cream-25% (I-D)
Black Out-26% (H)
Black Triangle-26% (I)
Blackberry-26% (H)
Blueberry OG-27% (I-D)
Bubba Kush-27% (I)
Blueberry Blast-28% (S-D)
Bear Dance-33% (S-D)
Brownie Scout-38% (I-D)
Bert's Cookie Dough- (I-D)
Brainstorm Haze- (S-D)
Blue Dream CBD-11% (S-D)
Canna-Tsu-1% (H)
Cherry Wine-1% (H)
Colorado Chem-2% (H)
Cannatonic-7-15% (H)
Critical Cure-7-11% (I-D)
CBD OG-7-10% (I-D)
Cannawreck-5-10% (S-D)
California Hash Plant-8-12% (I-D)
Cherry Cream Pie-10-18% (I)
Commerce City Kush-10-15% (I-D)
Cowboy Kush-10-20% (I-D)
Cat Piss-11% (H)
Citradelic Sunset-12-16% (I-D)
Chardonnay-12-18% (I-D)
Cloud 9-19% (I-D)
California Orange -15% (H)
Cherry Moon Pie-15-16% (I-D)
China Yunnan-15-19% (I-D)
Cluster Bomb-15-20% (H)
Cookie Dawg-15-20% (I-D)
Cello Sweet OG-15-16% (H)
Caramel Kona Coffee-15-20% (I-D)

Crater Lake-15-17% (H)
Cookies Kush-15-18% (I-D)
Chemmy Jones-15-20% (S-D)
Colombian Mojito-15% (S-D)
Candy Apple-15-18% (S-D)
Critical #47-15-18% (H)
Crunch Berry Kush-15-16% (I-D)
Cheese-15-20% (I)
California Sour-13-20% (H)
Cherry Pie-16-24% (I-D)
Cherry AK-47-16% (S-D)
Chocolope Kush-17-20% (I-D)
Cookie Monster-17-21% (I)
Cotton Candy-17-22% (I-D)
Cherry Kush-17-23% (I-D)
Chem 4-17-19% (I-D)
Crown Royale-17-21% (I-D)
Cherry Bomb-17-24% (H)
Casper OG-17-18% (I-D)
Captain's Cake-18-19% (I-D)
Cherries Jubilee-18-20% (I-D)
Collie Man Kush-18-20% (I-D)
Cereal Milk-18-23% (H)
Colin SG 1-18-25% (I-D)
Cadillac-18-27% (H)
Citrix-18-23% (H)
Cuvee-18-19% (I-D)
Chocolope-18-21% (S-D)
Citrus Sap-18-24% (S-D)
Corleone Kush-18% (H)
Congo-18-20% (S-D)
Cali Gold-19% (H)
Chemdawg-19% (I-D)
Cherry OG-19-22% (H)
Cali Dragon-19-29% (I-D)
Critical Skunk-19% (H)
Critical Cheese-19% (H)
California Love OG-19-23% (H)
Critical Mass-19-22% (I-D)
Cannalope Kush-21-25% (S-D)
Cannalope Haze-20-28% (S-D)
Cheetah Piss-20% (H)
Cataract Kush-20-24% (I)
Chucky's Bride-20% (H)
Chef Kush-20-22% (I-D)
Cinderella's Dream-20-22% (S-D)
Cracker Jack-20% (H)

Cherry Diesel-21-24% (H)
Citrus Sunshine Haze-20-30% (S-D)
Chocolate Skunk-21-26% (S-D)
Cannadential-22% (H)
Cackleberry-22-25% (H)
Cherry Thunderfuck-23% (I-D)
Critical-23% (H)
Chem Valley Kush-23% (S-D)
Chemwreck-23% (S-D)
Carnival-23-25% (S-D)
Cherry Punch-23-24% (H)
Cascadia Kush-23-25% (I-D)
Crown OG-23-25% (I)
Cream Caramel-24% (I-D)
Colorado Clemtimes-24% (I-D)
Confidential Cookies-24-27% (I-D)
Cookie Jar-24% (I-D)
Cookie Dough-25% (H)
Critical Kush-25% (I-D)
Cherry Limeade-25-26% (H)
Chem Berry Diesel-25-32% (S-D)
Cherwillie-25% (S-D)
Cookies and Cream-26% (H)
Champagne Kush-26% (H)
Chem Scout-26% (H)
Cherry Blossom-27% (I-D)
Chocolate Mint OG-27% (I-D)
Crystal Coma-27% (S-D)
Candy Jack-27% (H)
Cheese Quake-28% (I-D)
Chocolate Lava-28-30% (H)
Chem Cookies-30% (I-D)
Crescendo-30-35% (I-D)
CBD Shark-(CBD 10%)(I-D)
CBD Mango Haze-(12% CBD) (S-D)
Carl Sagan- (H)
Cherry Fire- (H)
Crypt- (H)
Chocolate Chunk- (I)
Chocolate OG- (I)
Caramelicious- (I-D)
Concord Cream- (I-D)
Doctor Doctor-1-2% (S-D)
Dopium-10% (S-D)
Destroyer-10-15% (S)
Digweed-6-10% (I-D)
Dance World-11% (S-D)
Diesel Glue-12-21% (S-D)
Diesel Duff-12% (I-D)
Donna OG-13-18% (H)
Dunky Doodle-13-21% (I-D)
Double Tangie Banana-14-18% (S-D)
Dynamite-14-24% (H)
Deadwood-15% (H)
Dawgfather OG-15-20% (S-D)
Dream Lotus-15-19% (H)
DJ Blueberry-15-22% (I-D)
Double Mint-15-20% (I-D)
Dutch Dragon-15-20% (H)
Dr. Feelgood-16-20% (H)
Durga Mata-16-20% (I)
Dawg's Waltz-16-19% (I-D)
Dairy Queen-17-20% (H)
Dutch Berry-17% (S-D)
Dutch Hawaiian-17-23% (S-D)
Donegal-18% (S-D)
Death Star-18-27% (I-D)
Dark Shadow-18-22% (S-D)
Dutch Treat-18-25% (I-D)
Dark Star-18-27% (I-D)
Dark Shadow Haze-18-22% (S-D)
Dutch Treat-18-25% (I-D)
Dark Star-19% (I)
Diablo-19-20% (S-D)
Dutch Treat Haze-19-27% (I-D)
Dreadlock-19-22% (H)
Dream Queen-19-22% (S-D)
Dark Side of the Moon-19-23% (I-D)
Doug's Varin-19% (S)
Dark Side OG-19-23% (I-D)
Doobiebird Daydream-20% (H)
Double Barrel OG-20-26% (I-D)
Double OG-20-26% (I-D)
Dosi Punch-20% (I-D)
Dakini Kush-20-21% (I-D)
Do-Over OG-21% (H)
Dirty Girl-21-25% (S-D)
Durban Berry-21% (H)
Dragon's Breath-22% (H)
Double Diesel-22% (S-D)
Dank Schrader-23-25% (I-D)
Duct Tape-23-25% (I-D)
Day Tripper-24-28% (H)
Dogwalker OG-24-26% (I-D)

Don Carlos-24-28% (I-D)
Durban Poison-24% (S)
Durban Kush-24-25% (H)
Deadhead OG-25% (S-D)
Dragon Fruit-25% (h)
Dolato-26% (I-D)
Dream Beaver-26% (S-D)
Doc's OG-27% (I-D)
Donkey Butter-27% (I-D)
Death Star OG-28% (I-D)
Do-Si-Dos-28-30% (I-D)
Darth Vader OG- (H)
Django- (H)
Domino- (H)
Denver Maple- (I)
Diamond Valley Kush- (I-D)
Dr. Funk- (I-D)
Dorit- (I-D)
Dream Star- (S-D)
Elektra-1% (H)
Early Girl-12-20% (I-D)
Euphoria Cookies-12-18% (H)
Ether-14-21% (S-D)
Euphoria-15-20% (H)
Electric Lemonade-15-16% (S-D)
Easy Peezy-15-18% (H)
El Nino-15% (I-D)
Electric Lemon G-15-18% (S-D)
Earthshaker OG-17-19% (H)
Egyptian Musk-18% (S-D)
Everlast-18-23% (I-D)
El Chapo OG-19-23% (I-D)
East Coast Sour Diesel-19-22% (S-D)
Earthquake-20% (H)
Earth OG-20-22% (I-D)
Emerald Jack-20-24% (S-D)
Endless Sky-22% (I-D)
Eran Almog-22-26% (I-D)
Enigma-24% (I-D)
Ebola #7-24-28% (I-D)
Ethos Hash Plant-25% (H)
Emperor Cookie Dough-25-29% (I-D)
Elmer's Glue-26-28% (H)
Eastern European- (H)
Edelweiss- (I-D)
Frida-1% (I)
Fast Eddy-10-15% (S-D)

First Light-10-20% (I-D)
Fucking Incredible-13-20% (I)
Fuzzy Naval-13-20% (H)
Faygo Red Pop-13-17% (H)
Flo-14-17% (S-D)
Falcon 9-15-20% (I-D)
Forbidden Zkittlez-15-20% (I-D)
Full Moon-15-24% (S)
Frisian Dew-16-17% (H)
Future #1-17-24% (H)
FPOG-18-21% (I-D)
Flowerbomb Kush-19% (S-D)
Face on Fire-19-25% (I-D)
Fire OG-20-25% (I-D)
Fat Nelson-22% (S-D)
Fat Purple-23-24% (H)
Forbidden Fruit-23-26% (I-D)
Forum Cut Cookies-28% (S-D)
First 48-29% (S-D)
FLO OG-25-30% (I-D)
False Teeth- (I-D)
Green Love Potion-11-12% (I-D)
Gorkle-12-14% (S-D)
Ghost Rider OG-12-22% (H)
Gobbstopper-14-16% (9H)
Grape God-14-16% (S-D)
Good Medicine-15% (S-D)
Godberry(Blue God)-14-19% (I)
Green Queen-15-20% (H)
Glueberry-15-20% (H)
Godzilla Glue-15-19% (H)
Grape Valley Kush-15-18% (I-D)
Grapefruit Diesel-15-20% (I-D)
Gorilla Biscuit-15-20% (I-D)
Green Poison-15-20% (I-D)
Grandma Anderson's Cookies-15-20% (I-D)
Game Changer-15-21% (I-D)
Ghost Bubba-15-23% (I-D)
Gushers-15-22% (I-D)
Golden Goat-16-23% (S-D)
Grandma's Sugar Cookies-16% (H)
Golden Ticket-16-25% (H)
Gorilla Sap-17-23% (I-D)
Guava Dub Star-17-27% (H)
Green Candy-18% (H)
Grape Ape-18-21% (I-D)
God's Treat-18-22% (H)

Golden Tiger-18-24% (S-D)
 Gooberry-18-20% (I-D)
 Grape Jelly-18-28% (I-D)
 Green Goddess-18-20% (S-D)
 Gemstone-19-21% (H)
 Green Avenger-18-22% (H)
 Golden Nugget-18-24% (I-D)
 G13 Haze-19-23% (S-D)
 Grape Cake-20% (I-D)
 Gelato-20% (I-D)
 Ginger Ale-20% (H)
 Gas Mask-20% (I-D)
 Grape Candy-20-24% (I-D)
 Goji Diesel-20-24% (H)
 G-Force-20-26% (I-D)
 Gorilla Zkittlez-20-24% (I-D)
 Granddaddy Purple-20-27% (I-D)
 Gary Payton-20-25% (H)
 Green Ribbon-20% (H)
 GMO Cookies-20-24% (I-D)
 Green Line OG-20-29% (H)
 Gary Payton-20-25% (H)
 Grape Cookies-20% (I-D)
 Guava Kush-21% (I-D)
 Godberry-21% (H)
 Grape OX-21% (I-D)
 Gummo-21-22% (I-D)
 Godfather OG_22-25% (I-D)
 Goji OG-22-26% (S-D)
 G13-22-24% (I-D)
 Gello Gelato-22-25% (H)
 Guava-22% (S-D)
 Gorilla Grips-23-25% (I-D)
 Grandpa's Stash-23-24% (H)
 Green Dream-23-24% (H)
 Golden Lemon-23% (I-D)
 Green Goblin-24% (S-D)
 Grape Skunk-24% (I-D)
 Golden Cobra-24-28% (S-D)
 Ghostbreath-24-28% (S-D)
 Gutbuster-25% (I-D)
 Gobbilygoo-25-27% (I-D)
 Georgia Pie-25-27% (I-D)
 Grease Monkey-25-27% (I-D)
 Gorilla Breath-25-27% (I-D)
 Gabriel sherbet-26-28% (I-D)
 Gandalf OG-26-28% (I-D)
 God's Gift-27% (I-D)
 Green Monster-27% (H)
 Golden Tangie-27% (S-D)
 Garanimals-27-29% (I-D)
 Girl Scout Cookies-28% (I-D)
 Gorilla Grapes-28% (I-D)
 Guptilla-29% (I-D)
 Guard Dog-29% (I-D)
 Gorilla Snacks-31% (H)
 Gucci OG- (H)
 Grand Hustle- (H)\
 Harle-Tsu-1% (I-D)
 Haoma-3-6% (I-D)
 Hawaiian Dream-3-12% (H)
 Harmonia-5-10% (I-D)
 Harlequin-7-15% (S-D)
 Haoma Mist-10% (H)
 Harlequin GDP-10-11% (S-D)
 Hurricane-12-19% (S-D)
 Huckleberry Hound-12-19% (H)
 Hashplant-13-19% (I-D)
 Haze-14-23% (S-D)
 Huckleberry-15-24% (H)
 Harry Potter-15-17% (H)
 Hammerhead-15-20% (I-D)
 Honey Rock-15-20% (I-D)
 Humble Pie-15-23% (I-D)
 Huckleberry-15-24% (H)
 Harmony-16% (H)
 Headband-17-24% (I-D)
 Hoodwreck-17-24% (S-D)
 Huckleberry Cough-17-18% (H)
 Hibiscus Sunrise-18-19% (I-D)
 Humdinger OG-18-28% (I-D)
 Hawaiian Snow-18-24% (S)
 Hawaiian Cookies- 18-21% (H)
 Haze Heaven-18-22% (I-D)
 Hawaiian Thunderfuck-18% (H)
 Hippie Chicken-19-23% (S-D)
 Headcheese-19-28% (S-D)
 Huckleberry Diesel-19-25% (I-D)
 Hawaiian Trinity-19% (S-D)
 Humboldt Headband-19-23% (I-D)
 Hawaiian Delight-20% (H)
 Heavy Duty Fruity-20% (H)
 Hashbar OG-20-24% (I-D)
 Hawaiian Purple Kush-21-25% (I-D)

Happy Rancher-21-25% (H)
Hindu Kush-22-32% (I)
Hog's Breath-23% (I)
Heatwave-23-27% (I-D)
Herijuana-25% (I-D)
Hempstar-25% (S-D)
Hindu Sour- 25% (I-D)
Han Solo Burger-26-31% (S-D)
Hawaiian Haze-26% (H)
Hell's OG-33% (I-D)
Holland's Hope- (I-D)
Hawaiian Sativa- (S)
Hindu Kush-22-32% (I)
Ice Cream Man-16% (I-D)
Iced Widow-18-20% (I-D)
Inzane In The Membrane-18-28% (S-D)
Ice Cream-19% (I-D)
Ice-20% (H)
Incredible Bulk-20-25% (I-D)
Ice Cream Cake-20-25% (I-D)
Ig Kush-20-25% (H)
Illuminati OG-22% (I-D)
Irene OG-23% (S-D)
Ice Wreck-27% (H)
Johnny's Tonic-8-10% (S-D)
Jamaican Lion-9-18% (H)
Jack Smack-13-19% (H)
J's Famous Kush-13-21% (S-D)
Jah Goo-14-18% (H)
Jungle Juice-15% (S-D)
Jack the Ripper-15-20% (S-D)
Jilly Bean-15-18% (S-D)
Jawa Pie-15-20% (I-D)
Jacky Girl-16-20% (H)
Jamba Juice-17-20% (S-D)
Jack's Cleaner-18% (H)
Jesus-18-19% (S-D)
Jack Kush-19% (H)
Jack Diesel-19-23% (S-D)
Jack Flash-20% (I-D)
Julius Caesar-20% (H)
Jungle Scout Cookies-20-25% (I-D)
Jack Wreck-20-26% (S-D)
Jesus OG-21-25% (S-D)
Jake Haze-22% (I-D)
Jamaican Pearl-22% (S-D)
Jack Herer-23% (S)
Jager-23% (I-D)
Juicy Jack-24-25% (S-D)
Jedi Kush-25% (I)
Khola-7-8% (S-D)
Katsu-11% (I)
Koolato-15-20% (H)
Krithikal-K-15-20% (I-D)
Kush Rise-15-16% (I-D)
Kandy Kush-15-21% (H)
Kalashnikova-15-18% (I-D)
Killer Queen-16% (H)
Kuato-16-17% (S-D)
Kiss-17-24% (I-D)
Kandahar-18-20% (I-D)
Kerala-18-22% (S-D)
Karma OG-19-28% (I-D)
Krishna Kush-20-24% (I-D)
King's Bread-21% (S)
Kushberry-22% (I)
Killing Fields-22% (H)
Kerosene-22-25% (S-D)
Kosher Kush-22-25% (I)
King Louis-23% (H)
Kryptonite-24-25% (I-D)
Kelly Hill Gold-24-25% (I-D)
Kosher Dawg-24-25% (H)
King's Banner-30% (I-D)
Kurple Fantasy-(CBD-1%) (H)
Kashmir Kush- (H)
Lovelace-1-6% (S-D)
Lemonder-12-20% (S-D)
LA OG-12-16% (H)
Lemon Diesel-13-22% (H)
Lavender Jones-14-17% (S-D)
Lemon Ice-15-19% (S-D)
Lucy-15-18% (H)
Liberty Haze-15-21% (H)
Lemon Skunk-15-22% (S-D)
LAK Federal Reserve-10-20% (I-D)
Lamborghini-14-17% (S-D)
Lime Green Skunk-14-19% (H)
Larry Bird-14-18% (H)
Lime Og-15-20% (H)
Lemonade-15-16% (S-D)
Love Potion #1-15-18% (S-D)
Life Saver-15-19% (H)
Lambo OG-15-21% (S-D)

Lemon Fire-15-24% (I-D)
Lamb's Bread-16-21% (S-D)
Lemon Kush-17% (H)
Lemon Haze-17-22% (S-D)
LVPK-18% (H)
Legendary Lemon-18-19% (S-D)
LA Kookies-18-24% (H)
Lemon Walker OG-19-20% (S-D)
Longbottom Leaf-19-24% (S-D)
Lemon Zest-19-24% (S-D)
Lohan-19-25% (H)
Lemon Kush Headband-19-23% (S-D)
Laughing Buddha-18% (S-D)
LA Woman-19% (H)
Lake of Fire-20% (H)
Low Ryder-20% (H)
Lavender haze-20% (I-D)
LA Confidential-20-25% (I-D)
Las Vegas Purple Kush OG-20% (I-D)
Lion's Milk-20-24% (I-D)
Lemon Tree-20-25% (H)
Lost Sierra Night Nurse-2-24% (H)
Laughing Gas-20% (S-D)
Lilac Diesel-20-21% (H)
Lucid Blue-20-28% (S-D)
Lemon Cookies-21-28% (S-D)
Lucid Dream-21-28% (S-D)
Lucky Charms-22% (H)
Lemonhead OG-22-23% (S-D)
Lime Sorbet-22-25% (I-D)
Love Boat-22-24% (H)
LA Chocolate-22-28% (I-D)
Loctite-23% (I-D)
Lemon G-23% (S-D)
Lemon Banana Sherbet-22-27% (S-D)
Loud Scout-23% (I-D)
Lem Chem-23-24% (S-D)
Legend OG-24% (I-D)
LSD-24% (S-D)
Limoncello-25% (S-D)
Lemon Berry Candy OG-25% (H)
Lavender-27% (I-D)
LA Ultra-30% (I-D)
Layer Cake-32% (I-D)
Lime Haze- (H)
Lemon Sativa- (H)
Loud Dream- (H)

Lemon Alien Dawg- (I-D)
Little Dragon- (S-D)
Mystery 98-1-2% (I-D)
Master Bubba-6% (H)
Malawi Gold-9-13% (S)
Medihaze-9-13% (S-D)
Magnum-10-15% (H)
Midnight-11% (S-D)
Mango Kush-11-20% (I-D)
Mr. Nice Guy-13-19% (I-D)
Madagascar-13-23% (S-D)
Martian Mean Green-13% (S-D)
Mountain Girl X Grape Ape-14-16% (I-D)
Mac 14-20% (H)
Monkey Paw-15-17% (S-D)
Medusa-15-20% (H)
Mazar X Blueberry-15-25% (I-D)
Mango-15-24% (H)
Merlot OG-15% (I-D)
Maramota #10-10-15% (I-D)
Mercury OG-15-24% (H)
Melon Gum-15-23% (I-D)
Maui Haole-15-17% (H)
Mike Larry-16-22% (H)
Maple Leaf Indica-17-21% (I)
Master Yoda-17-20% (H)
Mango Haze-17-23% (H)
Middlefork X Pineapple Express-17-20% (S-D)
Mangolicious-18% (I-D)
Mountain Thunder-18-21% (S-D)
Mint Chocolate Chip-18% (H)
MK Ultra-18% (I-D)
Mother's Finest-18-19% (S-D)
Marionberry Kush-18-23% (I-D)
Mendo Breath-19-20% (I-D)
Martian Candy-19-21% (I-D)
Master Kush-20-24% (I-D)
Moon Drops-20-25% (I-D)
Maui Wowie-20-28% (S-D)
Master Kush-20-24% (I-D)
Mountain Temple-20-23% (S-D)
Moonshaze-20-24% (S-D)
MAC !-20-23% (H)
Mango Sapphire-21-23% (I-D)
Mandarin Sunset-21-25% (H)
Mochi-21-29% (H)

MTF-21% (I-D)
Monster Cookies-21% (I-D)
Mendocino Purps-22% (S-D)
Michael Phelps OG-22% (I-D)
Magnificent Mile-23-24% (I)
Mango Tango-23-25% (I-D)
Monster OG-23% (I-D)
Medicine Man-23% (I-D)
Mataro Blue-24% (I-D)
Monolith-24% (I)
Morning Star-24% (I-D)
Member Berry-24-28% (I-D)
Mango Sherbet-24-28% (I-D)
Mother's Milk-24-29% (S-D)
Mandarin Dreams-25% (H)
Moonwalker Kush-25-28% (I-D)
Martian Muffins-26% (I-D)
Miss USA-27% (I-D)
Mimosa-27% (S-D)
Motorbreath-28% (I-D)
Moonbeam-28% (I)
Moon Cookies-33-34% (I-D)
Mauna Kea White Fire OG- (H)
Master Jedi- (H)
Maui- (H)
Misty Kush- (H)
Mob Boss- (I-D)
M-39- (I-D)
Milky Way- (I-D)
Mud Bite- (I-D)
Maui Berry- (I-D)
Mango Habanero- (I-D)
Mr. Tusk- (I-D)
Matsu- (I)
Morning Glory- (S-D)
Magic Beans OG- (I-D)
Nebula 2-5-75 (S-D)
Nordle-8% (H)
NY Cheese-14-15% (S-D)
Northern Hashplant-15-22% (I-D)
NYPD-15-24% (S-D)
Northern Lights-16-21% (I)
Nepalese Jam-16-18% (S)
Nina Limone-16-24% (S-D)
NYC Diesel-18-21% (S-D)
Nebula-18% (H)
Nuggetry OG-20% (I-D)

Night Train-20% (H)
Nectarine Lips-20% (S-D)
Night Nurse-21% (I-D)
Nuclear Cookies-21-22% (H)
Neville's Haze-21% (S-D)
Northern lights #5-22-26% (I-D)
Neptune OG-23% (H)
Nightmare Cookies-23-24% (S-D)
Nuken-25% (I-D)
Neroli-91-26% (H)
Northern Wreck-29% (I-D)
Nana's Fix-28% (S-D)
Northern Berry- (H)
Northern American Indica- (I)
Nexus OG- (I-D)
OG Lime Killer-8-10% (S-D)
Orange Cookies-12-18% (I-D)
Orange Kush-13-22% (H)
Ogiesel-14-19% (H)
Orange Wreck-14-19% (S-D)
Oregon Diesel-14-22% (I-D)
Orange Turbo-15% (S-D)
Oceanview-15-16% (S-D)
Oteil's Egyptian Kush-15% (H)
Orange Krush-15-22% (S-D)
Ogre-15-22% (I-D)
Outlaw-15-20% (S-D)
Orange Creamsicle-15-17% (I-D)
Orange Bud-16% (I-D)
Ortega-17% (I)
Orange Blossom-17% (I-D)
Orangutang-17-21% (H)
Orange Fanta-18% (H)
OG Trainwreck-18-25% (S-D)
Old Toby-18% (I-D)
OG Diesel Kush-18-19% (H)
OG 1 Kenobi-18-23% (I-D)
OG Kush-19-24% (I-D)
Orange Cream-20% (I-D)
OG Shark-20% (H)
OJ Kush-20-30% (S-D)
OGKZ-24% (I-D)
Orange Kush Cake-25-30% (H)
Orange Kush Breath-27% (I-D)
Oregon Lemons-27% (H)
OG Ringo-28% (I-D)
OCD- (H)

Pink Pez-1% (H)
Purple Goo-2% (H)
Peach Puree-3-5% (S-D)
Palm Tree CBD-5-7% (I-D)
Pennywise-8-15% (I-D)
Purple Cream-10% (H)
Purple Zkittlez-12-14% (I-D)
Purple Maui-13-15% (S-D)
Pineapple Diesel-13-18% (H)
Pink Hawaiian-13-19% (S-D)
Princess Sage-13-23% (S-D)
Purple Passion-15% (I-D)
Power Plant-15% (S-D)
Purple Dream-15-20% (H)
Princess-15-20% (S-D)
Pamelina-15-16% (H)
Peach Cobbler-15-23% (H)
Purple Martian-15-21% (I-D)
Pink Candy Kush-15-23% (S-D)
Pineapple Hashplant-15-23% (I-D)
Pineapple Skunk-15-19% (I-D)
Purple Cotton Candy-16-19% (I-D)
Pink Rozay-16-18% (I-D)
Purple Pinecomb-16-18% (I-D)
Purple Sage-16-24% (I-D)
Pink Champagne-16-23% (I-D)
Pineapple Kush-16% (I-D)
Peach Crescendo F1-16-26% (I-D)
Punky Lion-16-19% (I)
Purple OG Kush-16-20% (H)
Pineapple Chunk-16-26% (H)
Pineapple-16-26% (H)
Popcorn Kush-17% (H)
Pineapple Purps-17% (S-D)
Pink Lemonade-17-22% (I-D)
Purple Rhino-17-20% (I)
Pie Face-18-19% (I-D)
Purple Urkle-18-21% (I-D)
Pineapple Super-18-23% (S-D)
Pine Tar-18-22% (I-D)
Powderhound-18-22% (S-D)
Pop Rox-18% (I-D)
Purple Ice-18% (S-D)
Pink Sunset-18-24% (I-D)
Pitbull-19-25% (I-D)
Puna Budder-19-22% (H)
Purple Rain-19% (H)
Purple Animal Cookies-19-21% (I-D)
Paris OG-19% (I)
Pink Bubba-19-25% (I)
Purple Monkey Balls-19% (H)
Purple Nepal-19% (H)
Pineapple Fields-19-23% (S-D)
Pre-98 Bubba Kush-20% (I-D)
Pineapple OG-20-26% (I-D)
Papaya-20-25% (I-D)
Platinum Huckleberry Cookies-20% (I-D)
Pink Panties-20-24% (I-D)
Platinum-20-24% (I-D)
Peyote Cookies-20% (I-D)
Platinum OG-20-24% (I-D)
Presidential OG-20-23% (I)
Permafrost-20-23% (S-D)
Pure Power Plant-20% (S-D)
Papaya Punch-20-29% (I-D)
Petrolia Headstash-20-22% (I)
Purple Unicorn-20-25% (I-D)
Pagoda-20% (S-D)
Platinum Sour Diesel-20% (S-D)
Purple Cookies-20-25% (I-D)
Puck Yeah-20-22% (I-D)
Pink Starburst-20% (S-D)
Purple Bubba-21-25% (I)
Pluto Kush-21% (H)
Paradise Waits-21-29% (I-D)
Pakistani Chitral Kush-21% (I)
Primus-21-27% (I-D)
Purple Sour Diesel-21% (S-D)
Pacific Blue-22-28% (I-D)
Purple Kush-22% (I)
P-91-22% (H)
Purple Berry-22% (I)
Purple Kush-22% (I)
Purple Sunset-22% (I-D)
Purple Glue-22-28% (I-D)
Project Blue Book-22-26% (H)
Plush Berry-22-26% (H)
Pink Panther-22-24% (S-D)
P-51-22-23% (I-D)
Purple Trainwreck-23% (H)
Paris XXX-24% (I-D)
Pink Runtz-23-25% (H)
Purple Diesel-22-28% (S-D)
Purple Elephant-25% (H)

Papa's OG-25% (I-D)
Pineapple Express-25% (S-D)
Purple Afghani-25% (I-D)
Purple Haze-26% (S-D)
Pound Cake-26-29% (I-D)
Pot of Gold-27% (I-D)
Peanut Butter Breath-28% (H)
Platinum Punch-28% (S-D)
Power Nap-29% (I-D)
Purple Buddha- (H)
Purple Cheese- (H)
Purple Hashplant- (H)
Purple Headband- (H)
PVC OG- (H)
Pineapple Upside Down Cake- (I-D)
Purple Widow-(CBD-1%)(I-D)
Qush-12-18% (I-D)
Quin-N-Tonic-14-18% (I-D)
Quantum Kush-27% (S-D)
Queen Mother Goji-30% (I-D)
Remedy-1% (I-D)
Red Dwarf-7-15% (I)
Rubicon-9% (H)
Rene Mist-10-13% (S-D)
Royal Highness-13-15% (S-D)
Rare Darkness-12-22% (I-D)
Rock Bud-13-16% (I-D)
Rain Dance-14% (I-D)
Red Cherry Berry-14% (I-D)
Red Poison-14-16% (H)
Rockstar-14-19% (I-D)
Rainbow Jones-14-18% (I-D)
Red Widow-14-19% (H)
Richie Rich-14-22% (I-D)
Robert Plant-15-18% (S-D)
Race Fuel OG-15% (S-D)
Rocky Mountain Blueberry-15-18% (I-D)
Rocky Mountain High-15-20% (H)
Romulan Grapefruit-16% (H)
Raspberry Kush-16-23% (I-D)
Ramses-16-18% (S-D)
River Song-17-25% (I-D)
Raskal OG-17-19% (S-D)
Rocklock-18-20% (I-D)
Raw Diesel-18-19% (H)
Russian Rocket Fuel-18-21% (I-D)
Rozey-19-20% (I-D)
Ray Charles-19-21% (I)
Rudeboi OG-19-22% (I-D)
Red Diesel-19-22% (H)
Russian Roulette-19-25% (i-D)
Redd Cross-20% (H)
Red Haze-20-22% (S)
Recon-23% (I-D)
Reclining Buddha-23% (I-D)
Russian Doll-23-25% (S-D)
Rocket Fuel-23-29% (I-D)
Rollins-24-28% (S-D)
Rug Burn OG-28% (I-D)
Rainmaker-30% (I-D)
Redding OG- (H)
Rootbeer Kush- (H)
Red Eye OG- (I)
Sour Space Candy-1% (H)
Special Sauce-1% (H)
Sweet and Sour Widow-6-8% (I-D)
Star Tonic-9% (H)
Sour Tsunami-10% (H)
Strawberry Blondie-10-12% (I-D)
Super Cat Piss-10-12% (S-D)
Sour Grapes-10-18% (H)
Sour Grape-10-18% (H)
Strawberry Dream-11-16% (H)
Sweet Deep Grapefruit-12-18% (I)
Shaman-12-18% (S-D)
Sour OG-13-17% (H)
Sour OG Cheese-13-17% (H)
Snow Dog-13-18% (H)
Summertime Squeeze-14-17% (H)
Sour Blueberry-14-18% (S-D)
Sage and Sour-14-18% (S-D)
Sour Apple-14-17% (I-D)
Sunshine-14-16% (S-D)
Sour Candy-14-16% (I-D)
Sherbert-14-19% (I-D)
Special Kush #1-14-17% (I-D)
Strawberry-15-18% (H)
Sugar Kush-15-22% (H)
Sour Cookies-15-17% (S-D)
Spoetnik #1-15-18% (I-D)
Sleestack-15-25% (S-D)
Sweet Pink-15-19% (S-D)
Strawberry OG-15-18% (H)
Space Queen-15% (H)

Starbud-14-20% (I-D)
Sin Mint Cookies-15-16% (I-D)
Sonic Screwdrive-15% (S-D)
Skunk 1-15-19% (I-D)
S5 Haze-15-23% (S-D)
Star Pupil-15-23% (I-D)
Skunky Diesel-15-18% (i-D)
Sierra Mist-15% (H)
Soul Assassin OG-15-20% (I-D)
Sweet Lafayette-16-18% (I-D)
Snow Lotus-16-18% (H)
Sweet tooth-16% (H)
Strawberry Cake-16-22% (I-D)
Sour Star Head-16-19% (S-D)
Space Needle-16-20% (S)
Space Cake-16-23% (I-D)
Space Dawg-16-23% (I)
Sorbet-17-23% (I-D)
Silver Cindy-17-19% (S-D)
Sour Kosher-17-22% (S-D)
Skins Skunk-17-21% (I-D)
Sour Dream-17% (S-D)
Saturn OG-17-20% (H)
Sour Sunset-18-24% (I-D)
Super Silver Lights-18-23% (S-D)
Sublime-18-22% (S-D)
Sugar Black Rose-18% (I-D)
Sky Dog-18-21% (I-D)
Shorline-18-23% (I-D)
Strawberry Sherbet-18-19% (S-D)
Strawberry Kush-18-23% (S-D)
Super Silver Kush-18-23% (S-D)
Sour Headband-18-25% (S-D)
Strawberry Fields-18-24% (I-D)
Super Sour Diesel-18-24% (S)
Sour Banana Sherbet-18-24% (H)
Sweet Kush-18% (H)
Shiskaberry-18-26% (I-D)
Snow Goddess-18-23% (H)
Sweet Cheese-18-21% (S-D)
Sugar Plum Sunset-19-20% (I-D)
Sugar Shack-19% (I-D)
SFV OG Kush-19-25% (I-D)
Sharksbreath-19-22% (I-D)
Sweet Jesus-19-23% (H)
Summer Breeze-19-23% (H)
Sour Haze-19-26% (H)
Safety Meeting-19-22% (S-D)
Silver Mountain-19-20% (S-D)
Sequoia Strawberry-19-22% (S-D)
Sirius Black-19% (I-D)
Sweet Nina-20% (H)
Sweet Jane-20% (I-D)
Super Glue-20% (I-D)
Seattle Cough-20-22% (S-D)
Sensi Star-20-26% (I-D)
Silver Haze-20-24% (S-D)
Strawberry Blonde-20% (S-D)
Slazerbeam-20% (S-D)
Salmon River OG-20-29% (I-D)
Silver Haze-20-24% (S-D)
Slurricane-20-28% (I-D)
Snow Mountain-20% (I-D)
Seattle Soda F2-20% (H)
Skunk Ape-20-23% (I-D)
Secret Recipe-20-22% (S-D)
Sour Jilly-20-26% (S-D)
Savage Citrus Sunshine-20% (S-D)
Sweet Baby Jane-20% (I-D)
Super Glue-20% (I-D)
Star 47-20% (I-D)
Strawberry Snow Cone-20-25% (S-D)
Skywalker OG Kush-20-25% (I-D)
Super Blue Dream-20-21% (H)
Strawberry Diesel-20-24% (H)
Sherblatto-21-22% (S-D)
Skunk 47-21-23% (I-D)
Sour Patch Kiss-21-31% (S-D)
Silverback Gorilla-21-27% (I-D)
Supernatural-22% (S-D)
Special K-24% (H)
Super Lemon Haze-25% (S-D)
Sour Diesel-26% (S-D)
Snoop's Dream-26% (H)
SFV Dog-26-28% (H)
Star Killer-26% (I-D)
Sour Dubb-26% (S-D)
Scout's Honor-28-32% (I-D)
Sky Master-31% (S-D)
Skunkberry-40% (H)
Swiss Tsunami-(CBD-14%) (S-D)
Sonoma Coma- (S-D)
The Gift-1% (S-D)
Thunderstruck-1-2% (S-D)

Treasure Island-13% (S-D)
Trident-6% (H)
TJ'S CBD-6-8% (H)
The Big Dirty-10-13% (H)
Trueberry-10-20% (I-D)
Trix-13-20% (S-D)
The Void-14-18% (I-D)
Taliban Poison-14-18% (H)
Thunderbird Rose-15% (S-D)
Toxic Punch-15-25% (H)
Tutti Frutti-15-23% (H)
Toxic-15-25% (S-D)
The Cough-15-19% (S-D)
Trifecta-15% (H)
The Sauce-15-16% (S-D)
Tuna OG-16-18% (I-D)
Thelonious Skunk-17-18% (S-D)
Trinity-17-20% (S-D)
The Sister-17-21% (I-D)
Trainwreck-18-25% (S-D)
Tangarine Power-19% (S-D)
Taangie-19-22% (H)
Tangie Cookies-19-22% (H)
T. Sage-19-28% (H)
Tahoe OG-20% (I-D)
Triangle Kush-20% (I-D)
Thai-20-24% (S)
The White-20-28% (I-D)
Truffle Butter-20-21% (I-D)
Thai Fantasy-20-24% (S)
Tiger Melon-20-22% (I-D)
Triple OG-20-30% (I-D)
Tangelo-21% (S-D)
True OG_22% (I-D)
Tesla Tower-22% (S-D)
The Loops-22% (I-D)
Tangie Biscotti-22-28% (H)
The Vision-23-24% (I-D)
The Ooze-24% (I-D)
Tropicana Punch-25-26% (H)
Tillamook Strawberry-25-26% (S-D)
Tardis-26% (S-D)
The Boss-26% (H)
Tickle Kush-28% (I-D)
Triangle Mints-28% (S-D)
The Truth-32% (I-D)
The White Angel-30% (H)
Three Blue Kings-32% (H)
True Face-35% (I-D)
Tiger's Milk- (H)
True X- (I-D)
Ultraviolet OG-17-20% (I-D)
U2 Kush-20-23% (H)
Urkle Train Haze-22-23% (H)
Valentine X-1% (H)
Valley Ghash-15% (I-D)
Verde Electric-15-18% (H)
Violeta-16-19% (I)
Vortex-18% (S-D)
Venom OG-18-23% (H)
Vanilla Kush-19-20% (I-D)
Violator Kush-19-23% (I-D)
Valley Girl-19-25% (H)
Venus OG-25% (H)
Voodoo- (S)
White Strawberry-12-18% (H)
Wabanaki-13-18% (S-D)
White Girl-13-20% (S-D)
Wreckage-14-18% (H)
Warlock-14-20% (I-D)
White Rhino-14-20% (I)
Walker Kush-15-18% (I-D)
White Caramel Cookie-15-22% (I-D)
Waldo-15-19% (S-D)
White Zombie-15-19% (I-D)
White Cookies-15-20% (I-D)
White Buffalo-15-20% (S-D)
Wonka Bars-15-20% (S-D)
WMD-15-20% (I-D)
White Cheese-16% (H)
White Chocolate-16% (H)
Wonder Woman-16-18% (S-D)
White Berry-16-22% (I-D)
Wonder Woman OG-16-18% (S-D)
Willy Wonka-18-24% (S-D)
White Widow-18-25% (S-D)
White Russian-19-25% (H)
White Dawg-20% (H)
Wedding Crasher-21% (I-D)
Wedding Pie-20-22% (I-D)
White Empress-20-25% (I-D)
Wonka Bubblicious-20% (S-D)
White Queen-20% (H)
White Nelson-22% (S-D)

White Kush-22% (I)
White Romulan-22% (H)
White Walker Kush-22% (S-D)
White Fire OG-22-28% (I-D)
WIFI 43-22-28% (S-D)
Wonder Kid-23% (I-D)
White Runtz-23-24% (H)
White Lightning-24% (H)
White Kryptonite-25% (H)
Wedding Cake-25% (I-D)
White 99-25% (S-D)
White Gorilla-25% (I-D)
White Knight-26% (I)
Where's My Bike-26% (S-D)
Wookies-28% (I-D)
Watermelon-29% (I-D)
White Tahoe Cookies-29% (I-D)
Wakanda OG-32% (H)
White Tygh Dream-34% (I)
Webster- (H)
Whitaker Blues- (H)
Wonder Haze- (H)
XXX OG-12-20% (I-D)
XJ-13-22% (H)
X-Wing-25-26% (I-D)
Yoda OG-14-19% (H)
Yoda's Brain-20% (I-D)
Zen-10-11% (H)
Zsweet Insanity-19-21% (H)
Zeta Sage-20% (H)
Zombie Kush-20-21% (I-D)
Zookies-23-25% (H)
Zelda-26% (H)
3 Bears OG-10-20% (I-D)
999-15-18% (H)
303 Kush-18% (H)
24K Gold-18-24% (S-D)
91 Krypt-20% (I-D)
805 Glue-21-22% (I-D)
92 OG-20-23% (S-D)
5th Element-22% (I-D)
\$100 OG-24% (H)
707 Headband-24% (I-D)
9LB Hammer-24-29% (H)
'88 G13- (I-D)

Degenerative Arthritis Resources

<https://www.verywellhealth.com/what-is-degenerative-arthritis-189342>
<https://www.verywellhealth.com/how-to-exercise-when-you-have-arthritis-189726>
www.livestrong.com
<https://www.arthritis.org/living-with-arthritis/pain-management/understanding/types-of-pain.php>
<https://www.webmd.com/osteoarthritis/foot-ankle-osteoarthritis#1>
<https://ncbi.nlm.nih.gov/pmc/articles/PMC3753584/>
<https://www.mayoclinic.org/diseases-conditions/osteoarthritis/diagnosis-treatment/drc20351930>
<https://cdc.gov/arthritis/basics/risk-factors.htm>
<https://www.hopkinsmedicine.org/health/treatment-tests-and-therapies/arthritis-diagnosis/>
www.plusvitality.com/the-causes-symptoms-and-complications-of-degenerative-arthritis/5/
<https://www.arthritis.org/health-wellness-living/nutrition/anti-inflammatory/the-ultimate-arthritis-diet>
<https://Americanmarijuana.org/medical-marijuana-for-arthritis/>
<https://www.cannamed.com/how-does-medical-marijuana-help-pain/>
www.leafly.com
www.allbud.com

